

# Protokoll

Kreismeisterschaft der langen Strecken  
vom 28.01.2023 bis 29.01.2023

Veranstalter: Märkischer Schwimmkreis  
Ausrichter: SG Wassersport Iserlohn

## Wettkampfbecken

8 Bahnen á 25m  
Wellenkiller-Leinen  
Wassertemperatur ca. 28°C  
Handzeitnahme

## Schwimmbad-Adresse

Seilerseebad Iserlohn  
Seeuferstraße 26  
58636 Iserlohn



## Anzahl Meldungen

Teilnehmer: weiblich/männlich    Meldungen: Einzel/Staffel

### **Schwimmverband Nordrhein-Westfalen (LSV-Nr.: 17)**

<b>Verein</b>	<b>DSV-Id</b>	<b>Teilnehmer</b>	<b>Abs.1</b>	<b>Abs.2</b>	<b>Gesamt</b>
Mendener SV	5170	8/ 4	5/ 0	10/ 0	15/ 0
SC Gut Naß Altena	2813	1/ 0	2/ 0	2/ 0	4/ 0
SG Wassersport Iserlohn	6651	23/ 14	51/ 0	53/ 0	104/ 0
SV Albatros Letmathe	5169	6/ 4	4/ 0	11/ 0	15/ 0
SV Bieber 67 Lendringsen	2935	5/ 7	11/ 0	18/ 0	29/ 0
SV Hemer 1921	2987	1/ 0	2/ 0	1/ 0	3/ 0
SV Plettenberg 1951 e.V.	3013	9/ 8	27/ 0	22/ 0	49/ 0
SV08 Werdohl	2941	4/ 8	6/ 0	13/ 0	19/ 0
TuS Neuenrade	3127	5/ 5	12/ 0	10/ 0	22/ 0
Wasserfreunde 79 Balve	3038	1/ 3	3/ 0	2/ 0	5/ 0
Wfr. Lüdenscheid	3227	5/ 5	7/ 0	9/ 0	16/ 0
<b>Gesamt für den Verband</b>		<b>68/ 58</b>	<b>130/ 0</b>	<b>151/ 0</b>	<b>281/ 0</b>

# Abschnitt 1 - Samstag 28.01.2023

Einlass: 14:00 Uhr | Einschwimmen: 14:00 Uhr | Kampfrichtersitzung: 14:30 Uhr  
Beginn: 15:00 Uhr

## Kampfgericht Abschnitt 1

Position	Name	Verein
Schiedsrichter weiblich	Stefan Plötz	
Schiedsrichter männlich	Maik Dobrinsky	
Starter weiblich	Brigitte Dobrinsky	
Schwimmrichter 1	Cornelia Gehle	
Sprecher 1	Florian Renzing	
Auswerter 1	Adrian Raabe	
Protokollführer	Samet Cakir	

## Zielgericht

Position	Name	Verein
Zielrichterobmann	Gabi Wächter	
Zielrichter 1	Nicole Hufnagel	
Zielrichter 2	Michaela Jost	

## Zeitgericht 1

Position	Name	Verein
Zeitnehmerobmann	Manfred Ludenia	
Zeitnehmer Bahn 1	Fynn Richter	
Zeitnehmer Bahn 2	Domenik Möglich	
Zeitnehmer Bahn 3	Ingo Müller	
Zeitnehmer Bahn 4	Daniela Schimowsky	
Zeitnehmer Bahn 5	Cordula Rinscheidt	
Zeitnehmer Bahn 6	Petra Buchholz	
Zeitnehmer Bahn 7	Jenny Peters	
Zeitnehmer Bahn 8	Patricia Mongiello	
Reservezeitnehmer 1	Magdalena Kalis	

## Wendegericht

Position	Name	Verein
Wenderichter Obmann	Thomas Henning	
Wenderichter Bahn 1	Tina Müller	
Wenderichter Bahn 2	Janine Webel	
Wenderichter Bahn 3	Oliver Schalk	

## Wettkampf 1 - 200m Freistil weiblich

### Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Lilia Linstaedt	2014	SG Wassersport Iserlohn	04:13,56
	100m: 01:58,06 (01:58,06)   200m: 04:13,56 (02:15,50)			

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Merle Kicinski	2013	Mendener SV	03:36,09
	100m: 01:41,05 (01:41,05)   200m: 03:36,09 (01:55,04)			
2.	Merle Knoche	2013	SV Plettenberg 1951 e.V.	04:12,86
	100m: 02:01,15 (02:01,15)   200m: 04:12,86 (02:11,71)			
3.	Zoe Kampmann	2013	SV Plettenberg 1951 e.V.	04:35,62
	100m: 02:11,04 (02:11,04)   200m: 04:35,62 (02:24,58)			
4.	Sophia Rüsche	2013	SV Plettenberg 1951 e.V.	05:01,19
	100m: 02:27,09 (02:27,09)   200m: 05:01,19 (02:34,10)			

## Wettkampf 2 - 200m Freistil männlich

### Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Kjell Albers	2014	SV Plettenberg 1951 e.V.	04:54,91
	100m: 02:13,71 (02:13,71)   200m: 04:54,91 (02:41,20)			
	<u>abgemeldet</u>			
	Nick Krüger	2014	SG Wassersport Iserlohn	

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Jan Henry Baukhage	2013	TuS Neuenrade	03:50,55
	100m: 01:48,55 (01:48,55)   200m: 03:50,55 (02:02,00)			
2.	Ilian Reisewitz	2013	SG Wassersport Iserlohn	04:48,67
	100m: 02:19,22 (02:19,22)   200m: 04:48,67 (02:29,45)			

## Wettkampf 3 - 400m Lagen weiblich

Kreisrekord: 05:11,44 - Stefanie Buchholz (Wfr. Lüdenscheid) am 18.01.2020 in Iserlohn

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Vanessa Amy Tank	2012	SV Plettenberg 1951 e.V.	08:49,51
	100m: 02:06,64 (02:06,64)   200m: 04:18,04 (02:11,40)   300m: 06:48,48 (02:30,44)			
	400m: 08:49,51 (02:01,03)			

### Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Mila Linstaedt	2011	SG Wassersport Iserlohn	06:44,41
	100m: 01:39,43 (01:39,43)   200m: 03:26,25 (01:46,82)   300m: 05:13,43 (01:47,18)			
	400m: 06:44,41 (01:30,98)			

disqualifiziert

Lina Baukhage

2011 TuS Neuenrade

Schwimmerin hat bei der 150m Wende die Wand nicht in der Rückenlage verlassen

Uhrzeit der Bekanntgabe: 15:36

## Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Tina Kriependorf 100m: 01:34,80 (01:34,80)   200m: 03:09,20 (01:34,40)   300m: 04:59,11 (01:49,91) 400m: 06:29,14 (01:30,03)	2010	SG Wassersport Iserlohn	06:29,14
2.	Lia Hufnagel 100m: 01:49,44 (01:49,44)   200m: 03:33,19 (01:43,75)   300m: 05:18,22 (01:45,03) 400m: 06:48,00 (01:29,78)	2010	SG Wassersport Iserlohn	06:48,00
3.	Hanna Bernard 100m: 01:40,96 (01:40,96)   200m: 03:25,36 (01:44,40)   300m: 05:22,08 (01:56,72) 400m: 06:48,00 (01:25,92)	2010	SG Wassersport Iserlohn	06:48,00
4.	Mara Srejjic 100m: 01:39,68 (01:39,68)   200m: 03:29,09 (01:49,41)   300m: 05:24,22 (01:55,13) 400m: 07:01,59 (01:37,37)	2010	SG Wassersport Iserlohn	07:01,59

## Jugend B

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Carlotta Bartmann 100m: 01:32,95 (01:32,95)   200m: 03:10,02 (01:37,07)   300m: 04:51,39 (01:41,37) 400m: 06:17,72 (01:26,33)	2009	SG Wassersport Iserlohn	06:17,72
2.	Johanna Ernst 100m: 01:31,59 (01:31,59)   200m: 03:17,60 (01:46,01)   300m: 04:58,29 (01:40,69) 400m: 06:23,34 (01:25,05)	2008	TuS Neuenrade	06:23,34
3.	Sophie Neß 100m: 01:35,89 (01:35,89)   200m: 03:18,92 (01:43,03)   300m: 05:17,95 (01:59,03) 400m: 06:57,07 (01:39,12)	2009	SV Plettenberg 1951 e.V.	06:57,07
	<u>abgemeldet</u> Amelie Böcher	2008	SG Wassersport Iserlohn	

## Jugend A

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Pia Jost 100m: 01:15,86 (01:15,86)   200m: 02:42,56 (01:26,70)   300m: 04:22,09 (01:39,53) 400m: 05:36,16 (01:14,07)	2007	SG Wassersport Iserlohn	05:36,16
2.	Leonie Sophie Wächter 100m: 01:28,96 (01:28,96)   200m: 03:04,40 (01:35,44)   300m: 05:02,52 (01:58,12) 400m: 06:27,97 (01:25,45)	2007	SG Wassersport Iserlohn	06:27,97
3.	Neele Srejjic 100m: 01:28,47 (01:28,47)   200m: 03:06,43 (01:37,96)   300m: 05:02,03 (01:55,60) 400m: 06:30,35 (01:28,32)	2006	SG Wassersport Iserlohn	06:30,35
4.	Lara Göhausen 100m: 01:50,77 (01:50,77)   200m: 03:45,64 (01:54,87)   300m: 05:49,67 (02:04,03) 400m: 07:33,54 (01:43,87)	2007	TuS Neuenrade	07:33,54
5.	Angela Bala 100m: 02:08,39 (02:08,39)   200m: 04:15,23 (02:06,84)   300m: 06:44,43 (02:29,20) 400m: 08:35,48 (01:51,05)	2007	SG Wassersport Iserlohn	08:35,48
	<u>abgemeldet</u> Carina Müller	2006	SV Bieber 67 Lendringsen	

## Junioren

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Lara-Marie Cordes 100m: 01:27,37 (01:27,37)   200m: 03:05,64 (01:38,27)   300m: 04:54,99 (01:49,35) 400m: 06:20,33 (01:25,34)	2004	Wasserfreunde 79 Balve	06:20,33

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
2.	Rebecca Amrhein	2004	TuS Neuenrade	06:27,22
	100m: 01:31,40 (01:31,40)   200m: 03:12,19 (01:40,79)   300m: 05:00,15 (01:47,96) 400m: 06:27,22 (01:27,07)			

## Offene Klasse

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister				
	Katrin Harnischmacher	1997	SV Bieber 67 Lendringsen	05:11,82
	300m: 03:58,11 (03:58,11)   400m: 05:11,82 (01:13,71)			
2.	Stefanie Buchholz	2003	Wfr. Lüdenscheid	05:23,97
	100m: 01:12,39 (01:12,39)   200m: 02:36,14 (01:23,75)   300m: 04:06,55 (01:30,41) 400m: 05:23,97 (01:17,42)			
3.	Jeanine Möglich	2000	SV08 Werdohl	05:39,54
	100m: 01:13,23 (01:13,23)   200m: 02:43,35 (01:30,12)   300m: 04:19,45 (01:36,10) 400m: 05:39,54 (01:20,09)			
	<u>abgemeldet</u>			
	Nikoletta Kounatidis	2003	SV Plettenberg 1951 e.V.	

## Wettkampf 4 - 400m Lagen weiblich Masters

### AK 55

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister*in				
	Teodora König (W)	1966	SC Gut Naß Altena	06:45,37
	100m: 01:36,86 (01:36,86)   200m: 03:20,52 (01:43,66)   300m: 05:15,08 (01:54,56) 400m: 06:45,37 (01:30,29)			

### AK 45

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	<u>abgemeldet</u>			
	Eva Hoffmann (W)	1974	SV Hemer 1921	

## Wettkampf 5 - 400m Lagen männlich

Kreisrekord: 04:41,91 - Lukas Tietze (SV Bieber Lendringsen) am 16.01.2015 in Iserlohn

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Finn Zutz	2012	TuS Neuenrade	08:30,52
	100m: 02:00,77 (02:00,77)   200m: 04:12,49 (02:11,72)   300m: 07:08,67 (02:56,18) 400m: 08:30,52 (01:21,85)			

### Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Mika Knoche	2011	SV Plettenberg 1951 e.V.	07:08,33
	100m: 01:47,83 (01:47,83)   200m: 03:28,93 (01:41,10)   300m: 05:26,45 (01:57,52) 400m: 07:08,33 (01:41,88)			
2.	Petro Müller	2011	SG Wassersport Iserlohn	07:39,67
	100m: 02:01,48 (02:01,48)   200m: 04:00,54 (01:59,06)   300m: 05:56,32 (01:55,78) 400m: 07:39,67 (01:43,35)			

### Jugend B

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister				
	Adrian Altkrüger	2009	SG Wassersport Iserlohn	07:01,04
	100m: 01:43,91 (01:43,91)   200m: 03:36,03 (01:52,12)   300m: 05:30,30 (01:54,27) 400m: 07:01,04 (01:30,74)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	disqualifiziert Kelvin Witt	2008	SV Plettenberg 1951 e.V.	
	<i>Der Schwimmer hat bei der 225m Wende die Wand nur mit einer Hand berührt. Uhrzeit der Bekanntgabe: 16:06</i>			

## Jugend A

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Luis Gehle	2007	SG Wassersport Iserlohn	05:45,62
	100m: 01:16,77 (01:16,77)   200m: 02:51,64 (01:34,87)   300m: 04:27,93 (01:36,29) 400m: 05:45,62 (01:17,69)			
2.	Deniz Arlt	2007	SG Wassersport Iserlohn	05:52,12
	100m: 01:20,80 (01:20,80)   200m: 02:51,62 (01:30,82)   300m: 04:35,24 (01:43,62) 400m: 05:52,12 (01:16,88)			

## Junioren

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Jonas Rinscheidt	2004	Mendener SV	05:17,43
	100m: 01:09,83 (01:09,83)   200m: 02:33,49 (01:23,66)   300m: 04:03,27 (01:29,78) 400m: 05:17,43 (01:14,16)			
2.	Jonas Pflüger	2004	SV08 Werdohl	06:00,30
	100m: 01:18,69 (01:18,69)   200m: 02:50,65 (01:31,96)   300m: 04:36,35 (01:45,70) 400m: 06:00,30 (01:23,95)			
3.	Jannis Boekholt	2004	Wasserfreunde 79 Balve	06:18,65
	100m: 01:19,16 (01:19,16)   200m: 02:58,39 (01:39,23)   300m: 04:47,75 (01:49,36) 400m: 06:18,65 (01:30,90)			
4.	Wael Afify	2005	SG Wassersport Iserlohn	07:01,63
	100m: 01:26,05 (01:26,05)   200m: 03:10,80 (01:44,75)   300m: 05:15,05 (02:04,25) 400m: 07:01,63 (01:46,58)			

## Offene Klasse

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Tobias Weingarten	1994	SV Bieber 67 Lendringsen	05:03,86
	100m: 01:05,18 (01:05,18)   200m: 02:25,23 (01:20,05)   300m: 03:49,84 (01:24,61) 400m: 05:03,86 (01:14,02)			
2.	Michael Peters	2000	SV Bieber 67 Lendringsen	05:12,95
	100m: 01:07,38 (01:07,38)   200m: 02:28,33 (01:20,95)   300m: 04:04,86 (01:36,53) 400m: 05:12,95 (01:08,09)			
3.	Bastian Hollmann	2001	SV Bieber 67 Lendringsen	05:22,44
	100m: 01:08,84 (01:08,84)   400m: 05:22,44 (04:13,60)			
4.	Jeremy Rosenberg	2001	Wfr. Lüdenscheid	05:38,16
	100m: 01:21,62 (01:21,62)   200m: 02:47,69 (01:26,07)   300m: 04:23,47 (01:35,78) 400m: 05:38,16 (01:14,69)			
5.	Jan Lukas Schmidt	2003	SV Plettenberg 1951 e.V.	06:23,82
	100m: 01:14,60 (01:14,60)   200m: 02:52,92 (01:38,32)   300m: 04:58,00 (02:05,08) 400m: 06:23,82 (01:25,82)			

## Wettkampf 6 - 400m Lagen männlich Masters

### AK 45

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister*in	Daniel Zenker (M)	1976	TuS Neuenrade	06:26,76
	100m: 01:31,10 (01:31,10)   200m: 03:08,63 (01:37,53)   300m: 04:57,97 (01:49,34) 400m: 06:26,76 (01:28,79)			

## Wettkampf 7 - 200m Rücken weiblich

### Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Lilia Linstaedt	2014	SG Wassersport Iserlohn	05:01,26
	100m: 02:29,69 (02:29,69)   200m: 05:01,26 (02:31,57)			

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Merle Knoche	2013	SV Plettenberg 1951 e.V.	04:32,86
	100m: 02:15,55 (02:15,55)   200m: 04:32,86 (02:17,31)			
2.	Sophia Rüsche	2013	SV Plettenberg 1951 e.V.	04:42,34
	100m: 02:21,28 (02:21,28)   200m: 04:42,34 (02:21,06)			
3.	Zoe Kampmann	2013	SV Plettenberg 1951 e.V.	04:48,92
	100m: 02:19,52 (02:19,52)   200m: 04:48,92 (02:29,40)			

## Wettkampf 8 - 200m Rücken männlich

### Jahrgang 2014

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Kjell Albers	2014	SV Plettenberg 1951 e.V.	04:56,71
	100m: 02:19,56 (02:19,56)   200m: 04:56,71 (02:37,15)			

abgemeldet

Nick Krüger 2014 SG Wassersport Iserlohn

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Jan Henry Baukhage	2013	TuS Neuenrade	04:48,68
	100m: 02:19,08 (02:19,08)   200m: 04:48,68 (02:29,60)			
2.	Ilian Reisewitz	2013	SG Wassersport Iserlohn	05:04,15
	100m: 02:32,56 (02:32,56)   200m: 05:04,15 (02:31,59)			

## Wettkampf 9 - 800m Freistil weiblich

*Kreisrekord: 09:25,24 - Raissa Schreiber (SV 08 Werdohl) am 09.11.2013 in Wuppertal*

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Federica Bartmann	2012	SG Wassersport Iserlohn	13:19,63
	100m: 01:33,15 (01:33,15)   200m: 03:13,09 (01:39,94)   300m: 04:53,28 (01:40,19) 400m: 06:35,21 (01:41,93)   500m: 08:15,93 (01:40,72)   600m: 09:59,36 (01:43,43) 700m: 11:42,38 (01:43,02)   800m: 13:19,63 (01:37,25)			
2.	Lotta Schroller	2012	Wfr. Lüdenscheid	13:30,29
	100m: 01:34,71 (01:34,71)   200m: 03:17,55 (01:42,84)   300m: 04:56,69 (01:39,14) 400m: 06:40,71 (01:44,02)   500m: 08:25,18 (01:44,47)   600m: 10:09,94 (01:44,76) 700m: 11:51,04 (01:41,10)   800m: 13:30,29 (01:39,25)			
3.	Vanessa Amy Tank	2012	SV Plettenberg 1951 e.V.	14:42,80
	100m: 01:41,32 (01:41,32)   200m: 03:30,29 (01:48,97)   300m: 05:26,48 (01:56,19) 400m: 07:22,45 (01:55,97)   500m: 09:14,70 (01:52,25)   600m: 11:08,26 (01:53,56) 700m: 13:02,01 (01:53,75)   800m: 14:42,80 (01:40,79)			
4.	Mina Atilgan	2012	SV Plettenberg 1951 e.V.	15:16,59
	100m: 01:39,71 (01:39,71)   200m: 03:38,25 (01:58,54)   300m: 05:35,15 (01:56,90) 400m: 07:34,65 (01:59,50)   500m: 09:33,75 (01:59,10)   600m: 11:31,97 (01:58,22) 700m: 13:30,25 (01:58,28)   800m: 15:16,59 (01:46,34)			



Platz	Schwimmer(in)	Jg.	Verein	Endzeit
5.	Emma Bernard	2012	SG Wassersport Iserlohn	17:15,51
	100m: 01:48,01 (01:48,01)   200m: 03:58,10 (02:10,09)   300m: 06:11,37 (02:13,27)			
	400m: 08:26,40 (02:15,03)   500m: 10:38,38 (02:11,98)   600m: 12:51,87 (02:13,49)			
	700m: 15:07,80 (02:15,93)   800m: 17:15,51 (02:07,71)			

## Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Mila Linstaedt	2011	SG Wassersport Iserlohn	12:03,17
	100m: 01:24,67 (01:24,67)   200m: 02:57,98 (01:33,31)   300m: 04:31,84 (01:33,86)			
	400m: 06:04,74 (01:32,90)   500m: 07:36,04 (01:31,30)   600m: 09:06,22 (01:30,18)			
	700m: 10:35,72 (01:29,50)   800m: 12:03,17 (01:27,45)			
2.	Nike Midderhoff	2011	SV Plettenberg 1951 e.V.	12:42,16
	100m: 01:23,74 (01:23,74)   200m: 02:57,15 (01:33,41)   300m: 04:36,83 (01:39,68)			
	400m: 06:16,15 (01:39,32)   500m: 07:54,21 (01:38,06)   600m: 09:34,90 (01:40,69)			
	700m: 11:09,40 (01:34,50)   800m: 12:42,16 (01:32,76)			
3.	Lina Baukhage	2011	TuS Neuenrade	16:58,29
	100m: 01:45,38 (01:45,38)   200m: 03:45,73 (02:00,35)   300m: 05:48,86 (02:03,13)			
	400m: 07:59,03 (02:10,17)   500m: 10:58,96 (02:59,93)   600m: 13:03,43 (02:04,47)			
	700m: 15:09,10 (02:05,67)   800m: 16:58,29 (01:49,19)			

## Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Tina Kriependorf	2010	SG Wassersport Iserlohn	12:12,11
	100m: 01:27,61 (01:27,61)   200m: 03:01,78 (01:34,17)   300m: 04:35,28 (01:33,50)			
	400m: 06:08,80 (01:33,52)   500m: 07:41,88 (01:33,08)   600m: 09:12,53 (01:30,65)			
	700m: 10:43,46 (01:30,93)   800m: 12:12,11 (01:28,65)			
2.	Hanna Bernard	2010	SG Wassersport Iserlohn	12:16,29
	100m: 01:26,74 (01:26,74)   200m: 03:01,99 (01:35,25)   300m: 04:28,02 (01:26,03)			
	400m: 06:13,81 (01:45,79)   500m: 07:48,87 (01:35,06)   600m: 09:21,68 (01:32,81)			
	700m: 10:52,06 (01:30,38)   800m: 12:16,29 (01:24,23)			
3.	Lia Hufnagel	2010	SG Wassersport Iserlohn	12:19,84
	100m: 01:29,08 (01:29,08)   200m: 03:03,08 (01:34,00)   300m: 04:41,78 (01:38,70)			
	400m: 06:16,64 (01:34,86)   500m: 07:49,44 (01:32,80)   600m: 09:21,84 (01:32,40)			
	800m: 12:19,84 (02:58,00)			
4.	Mara Srejjic	2010	SG Wassersport Iserlohn	13:30,34
	100m: 01:35,07 (01:35,07)   200m: 03:19,60 (01:44,53)   300m: 05:05,80 (01:46,20)			
	400m: 06:50,98 (01:45,18)   500m: 08:34,33 (01:43,35)   600m: 10:17,00 (01:42,67)			
	700m: 11:58,21 (01:41,21)   800m: 13:30,34 (01:32,13)			
5.	Mia Valeria Harms	2010	Wfr. Lüdenscheid	14:28,62
	100m: 01:26,87 (01:26,87)   200m: 03:14,69 (01:47,82)   300m: 05:08,47 (01:53,78)			
	400m: 07:05,30 (01:56,83)   500m: 09:01,97 (01:56,67)   600m: 10:55,47 (01:53,50)			
	700m: 12:48,34 (01:52,87)   800m: 14:28,62 (01:40,28)			

### abgemeldet

Amelie Witt	2010	SV Plettenberg 1951 e.V.
Olivia Mainka	2010	SG Wassersport Iserlohn

## Jugend B

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Carlotta Bartmann	2009	SG Wassersport Iserlohn	11:44,49
	100m: 01:23,30 (01:23,30)   200m: 02:53,47 (01:30,17)   300m: 04:23,80 (01:30,33)			
	400m: 05:53,12 (01:29,32)   500m: 07:22,25 (01:29,13)   600m: 08:51,51 (01:29,26)			
	700m: 10:21,22 (01:29,71)   800m: 11:44,49 (01:23,27)			
2.	Johanna Ernst	2008	TuS Neuenrade	12:00,62
	100m: 01:21,39 (01:21,39)   200m: 02:53,42 (01:32,03)   300m: 04:25,52 (01:32,10)			
	400m: 05:58,30 (01:32,78)   500m: 07:31,14 (01:32,84)   600m: 09:04,05 (01:32,91)			
	700m: 10:35,67 (01:31,62)   800m: 12:00,62 (01:24,95)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
3.	Lea Jolie Butzkamm 100m: 01:20,10 (01:20,10)   200m: 02:51,59 (01:31,49)   300m: 04:26,39 (01:34,80) 400m: 06:02,55 (01:36,16)   500m: 07:39,25 (01:36,70)   600m: 09:16,28 (01:37,03) 700m: 10:53,12 (01:36,84)   800m: 12:24,48 (01:31,36)	2008	SV Albatros Letmathe	12:24,48
4.	Sophie Neß 100m: 01:25,72 (01:25,72)   200m: 03:01,94 (01:36,22)   300m: 04:40,87 (01:38,93) 400m: 06:19,26 (01:38,39)   500m: 08:00,19 (01:40,93)   600m: 09:38,91 (01:38,72) 700m: 11:18,44 (01:39,53)   800m: 12:52,51 (01:34,07)	2009	SV Plettenberg 1951 e.V.	12:52,51
5.	Marike Helmering 100m: 01:28,31 (01:28,31)   200m: 03:12,09 (01:43,78)   300m: 05:00,50 (01:48,41) 400m: 06:51,43 (01:50,93)   500m: 08:38,99 (01:47,56)   600m: 10:29,45 (01:50,46) 700m: 12:28,77 (01:59,32)   800m: 14:00,45 (01:31,68)	2008	SV Albatros Letmathe	14:00,45
6.	Eve Mierzwa 100m: 01:43,27 (01:43,27)   200m: 03:35,58 (01:52,31)   300m: 05:29,08 (01:53,50) 400m: 07:23,03 (01:53,95)   500m: 09:16,64 (01:53,61)   600m: 11:06,24 (01:49,60) 700m: 12:54,21 (01:47,97)   800m: 14:32,78 (01:38,57)	2009	SG Wassersport Iserlohn	14:32,78
7.	Carlotta Knabe 100m: 01:40,38 (01:40,38)   200m: 03:37,66 (01:57,28)   300m: 05:36,55 (01:58,89) 400m: 07:34,64 (01:58,09)   500m: 09:29,32 (01:54,68)   600m: 11:24,47 (01:55,15) 700m: 13:17,63 (01:53,16)   800m: 15:01,21 (01:43,58)	2009	SG Wassersport Iserlohn	15:01,21
8.	Paulina Kisiel 100m: 01:35,17 (01:35,17)   200m: 03:39,24 (02:04,07)   300m: 05:33,04 (01:53,80) 400m: 07:27,78 (01:54,74)   500m: 09:24,71 (01:56,93)   600m: 11:21,91 (01:57,20) 700m: 13:19,45 (01:57,54)   800m: 15:11,39 (01:51,94)	2009	SG Wassersport Iserlohn	15:11,39
<u>abgemeldet</u>				
	Amelie Böcher	2008	SG Wassersport Iserlohn	
	Dina Wehrmann	2009	SV Albatros Letmathe	
	Pia Louisa Heer	2008	SG Wassersport Iserlohn	

## Jugend A

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister				
	Pia Jost 100m: 01:10,96 (01:10,96)   200m: 02:28,36 (01:17,40)   300m: 03:47,17 (01:18,81) 400m: 05:06,37 (01:19,20)   500m: 06:24,78 (01:18,41)   600m: 07:43,84 (01:19,06) 700m: 09:01,38 (01:17,54)   800m: 10:16,22 (01:14,84)	2007	SG Wassersport Iserlohn	10:16,22
2.	Neele Srejic 100m: 01:17,52 (01:17,52)   200m: 02:43,02 (01:25,50)   300m: 04:10,21 (01:27,19) 400m: 05:38,81 (01:28,60)   500m: 07:06,97 (01:28,16)   600m: 08:35,20 (01:28,23) 700m: 10:03,34 (01:28,14)   800m: 11:27,35 (01:24,01)	2006	SG Wassersport Iserlohn	11:27,35
3.	Leonie Sophie Wächter 100m: 01:20,58 (01:20,58)   200m: 03:20,86 (02:00,28)   300m: 04:17,13 (00:56,27) 400m: 05:45,60 (01:28,47)   500m: 07:13,25 (01:27,65)   600m: 08:41,95 (01:28,70) 700m: 10:08,80 (01:26,85)   800m: 11:31,24 (01:22,44)	2007	SG Wassersport Iserlohn	11:31,24
4.	Mareike Ludenia 100m: 01:17,63 (01:17,63)   200m: 02:45,60 (01:27,97)   300m: 04:17,52 (01:31,92) 400m: 05:50,60 (01:33,08)   500m: 07:24,77 (01:34,17)   600m: 08:59,42 (01:34,65) 700m: 10:34,67 (01:35,25)   800m: 11:57,27 (01:22,60)	2007	SV08 Werdohl	11:57,27
5.	Olivia Molina Karras 100m: 01:22,26 (01:22,26)   200m: 02:53,13 (01:30,87)   300m: 04:27,73 (01:34,60) 400m: 06:02,42 (01:34,69)   500m: 07:36,70 (01:34,28)   600m: 09:10,00 (01:33,30) 700m: 10:43,36 (01:33,36)   800m: 12:12,64 (01:29,28)	2007	SV08 Werdohl	12:12,64
6.	Sofia Szczucki 100m: 01:27,64 (01:27,64)   200m: 03:01,48 (01:33,84)   300m: 04:35,54 (01:34,06) 400m: 06:11,11 (01:35,57)   500m: 07:46,95 (01:35,84)   600m: 09:21,51 (01:34,56) 700m: 11:43,20 (02:21,69)   800m: 13:13,40 (01:30,20)	2007	SG Wassersport Iserlohn	13:13,40
7.	Lara Göhausen 100m: 01:39,05 (01:39,05)   200m: 03:24,96 (01:45,91)   300m: 05:11,55 (01:46,59) 400m: 06:59,62 (01:48,07)   500m: 08:46,71 (01:47,09)   600m: 10:33,09 (01:46,38) 700m: 12:18,21 (01:45,12)   800m: 13:59,60 (01:41,39)	2007	TuS Neuenrade	13:59,60

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
8.	Angela Bala	2007	SG Wassersport Iserlohn	14:32,20
	100m: 01:37,81 (01:37,81)   200m: 03:26,92 (01:49,11)   300m: 05:18,56 (01:51,64)			
	400m: 07:10,10 (01:51,54)   500m: 09:01,16 (01:51,06)   600m: 10:52,57 (01:51,41)			
	700m: 12:45,24 (01:52,67)   800m: 14:32,20 (01:46,96)			

## Junioren

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister				
	Coleen Andree Dirksmeier	2005	Mendener SV	12:04,21
	100m: 01:23,29 (01:23,29)   200m: 02:55,20 (01:31,91)   300m: 04:28,77 (01:33,57)			
	400m: 06:02,11 (01:33,34)   500m: 07:35,68 (01:33,57)   600m: 09:08,19 (01:32,51)			
	700m: 10:40,61 (01:32,42)   800m: 12:04,21 (01:23,60)			
2.	Lena Lueg	2005	SV Bieber 67 Lendringsen	12:34,74
	100m: 01:26,49 (01:26,49)   200m: 03:30,99 (02:04,50)   300m: 04:37,93 (01:06,94)			
	400m: 06:14,58 (01:36,65)   500m: 07:51,31 (01:36,73)   600m: 09:28,76 (01:37,45)			
	700m: 11:05,39 (01:36,63)   800m: 12:34,74 (01:29,35)			

## Offene Klasse

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister				
	Katrin Harnischmacher	1997	SV Bieber 67 Lendringsen	09:39,72
	100m: 01:07,01 (01:07,01)   200m: 02:19,39 (01:12,38)   300m: 03:32,77 (01:13,38)			
	400m: 05:23,14 (01:50,37)   700m: 08:27,59 (03:04,45)   800m: 09:39,72 (01:12,13)			
2.	Stefanie Buchholz	2003	Wfr. Lüdenscheid	09:53,92
	100m: 01:09,42 (01:09,42)   200m: 02:23,34 (01:13,92)   300m: 03:37,69 (01:14,35)			
	400m: 04:52,55 (01:14,86)   500m: 06:08,14 (01:15,59)   600m: 07:23,92 (01:15,78)			
	700m: 08:39,73 (01:15,81)   800m: 09:53,92 (01:14,19)			

abgemeldet

Nikoletta Kounatidis 2003 SV Plettenberg 1951 e.V.

## Wettkampf 10 - 800m Freistil weiblich Masters

### AK 55

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister*in				
	Teodora König (W)	1966	SC Gut Naß Altena	12:01,90
	100m: 01:24,61 (01:24,61)   200m: 02:55,27 (01:30,66)   300m: 04:27,55 (01:32,28)			
	400m: 06:00,46 (01:32,91)   500m: 07:32,46 (01:32,00)   600m: 09:03,21 (01:30,75)			
	700m: 10:33,58 (01:30,37)   800m: 12:01,90 (01:28,32)			

### AK 50

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister*in				
	Cornelia Schalk-Zeinstra (W)	1973	SV Albatros Letmathe	18:45,58
	100m: 02:08,98 (02:08,98)   200m: 04:29,59 (02:20,61)   300m: 06:50,01 (02:20,42)			
	400m: 09:12,69 (02:22,68)   500m: 11:35,00 (02:22,31)   600m: 13:59,48 (02:24,48)			
	700m: 16:23,76 (02:24,28)   800m: 18:45,58 (02:21,82)			

### AK 45

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
<u>abgemeldet</u>				
	Eva Hoffmann (W)	1974	SV Hemer 1921	

# Wettkampf 11 - 800m Freistil männlich

Kreisrekord: 08:55,75 - Lukas Linnenbürger (SV Bieber 67 Lendringsen) am 03.11.2019 in Wuppertal

## Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Noah Masiello	2012	SG Wassersport Iserlohn	13:19,99
	100m: 01:27,58 (01:27,58)   200m: 03:09,42 (01:41,84)   300m: 04:50,30 (01:40,88)			
	400m: 06:32,86 (01:42,56)   500m: 08:16,58 (01:43,72)   600m: 10:01,05 (01:44,47)			
	700m: 11:44,89 (01:43,84)   800m: 13:19,99 (01:35,10)			
2.	Finn Zutz	2012	TuS Neuenrade	16:03,57
	100m: 01:42,51 (01:42,51)   200m: 03:47,51 (02:05,00)   300m: 05:48,95 (02:01,44)			
	400m: 07:53,20 (02:04,25)   500m: 09:59,02 (02:05,82)   600m: 12:01,54 (02:02,52)			
	700m: 14:06,64 (02:05,10)   800m: 16:03,57 (01:56,93)			
3.	Leo Stracke	2012	SV Plettenberg 1951 e.V.	16:08,93
	100m: 01:46,12 (01:46,12)   200m: 03:45,43 (01:59,31)   300m: 05:50,25 (02:04,82)			
	400m: 07:54,49 (02:04,24)   500m: 10:00,93 (02:06,44)   600m: 12:06,91 (02:05,98)			
	700m: 14:12,52 (02:05,61)   800m: 16:08,93 (01:56,41)			
4.	Justus Küssner	2012	SG Wassersport Iserlohn	17:04,80
	100m: 01:55,60 (01:55,60)   200m: 04:06,15 (02:10,55)   300m: 06:17,61 (02:11,46)			
	400m: 08:25,99 (02:08,38)   500m: 10:36,25 (02:10,26)   600m: 12:51,43 (02:15,18)			
	700m: 15:00,96 (02:09,53)   800m: 17:04,80 (02:03,84)			

## Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Mika Knoche	2011	SV Plettenberg 1951 e.V.	13:28,86
	100m: 01:30,23 (01:30,23)   200m: 03:10,40 (01:40,17)   300m: 04:53,63 (01:43,23)			
	400m: 06:36,60 (01:42,97)   500m: 08:20,16 (01:43,56)   600m: 10:05,73 (01:45,57)			
	700m: 11:48,74 (01:43,01)   800m: 13:28,86 (01:40,12)			
2.	Petro Müller	2011	SG Wassersport Iserlohn	14:09,67
	100m: 01:41,05 (01:41,05)   200m: 03:26,67 (01:45,62)   300m: 05:13,77 (01:47,10)			
	400m: 07:00,80 (01:47,03)   500m: 08:50,08 (01:49,28)   600m: 10:40,86 (01:50,78)			
	700m: 12:30,89 (01:50,03)   800m: 14:09,67 (01:38,78)			

## Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Moritz Fritz	2010	Mendener SV	13:33,36
	100m: 01:33,45 (01:33,45)   200m: 03:14,32 (01:40,87)   300m: 04:56,89 (01:42,57)			
	400m: 06:40,51 (01:43,62)   500m: 08:26,31 (01:45,80)   600m: 10:08,68 (01:42,37)			
	700m: 11:52,39 (01:43,71)   800m: 13:33,36 (01:40,97)			
2.	Erik Meister	2010	SV Plettenberg 1951 e.V.	14:53,74
	100m: 01:37,09 (01:37,09)   200m: 03:25,25 (01:48,16)   300m: 05:17,18 (01:51,93)			
	400m: 07:12,92 (01:55,74)   500m: 09:10,68 (01:57,76)   600m: 11:06,89 (01:56,21)			
	700m: 13:03,33 (01:56,44)   800m: 14:53,74 (01:50,41)			

## Jugend B

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister				
	Kelvin Witt	2008	SV Plettenberg 1951 e.V.	10:29,85
	100m: 01:07,49 (01:07,49)   200m: 02:24,40 (01:16,91)   300m: 03:44,07 (01:19,67)			
	400m: 05:05,52 (01:21,45)   500m: 06:27,47 (01:21,95)   600m: 07:49,08 (01:21,61)			
	700m: 09:10,66 (01:21,58)   800m: 10:29,85 (01:19,19)			
2.	Tim Schubert	2008	SV Plettenberg 1951 e.V.	10:56,96
	100m: 01:12,64 (01:12,64)   200m: 02:34,30 (01:21,66)   300m: 03:58,74 (01:24,44)			
	400m: 05:23,49 (01:24,75)   500m: 06:49,17 (01:25,68)   600m: 08:13,33 (01:24,16)			
	700m: 09:36,80 (01:23,47)   800m: 10:56,96 (01:20,16)			
3.	Olgierd Tryk	2008	SV08 Werdohl	12:16,82
	100m: 01:18,81 (01:18,81)   200m: 02:50,40 (01:31,59)   300m: 04:27,27 (01:36,87)			
	400m: 06:04,59 (01:37,32)   500m: 07:41,14 (01:36,55)   600m: 09:18,46 (01:37,32)			
	700m: 10:54,42 (01:35,96)   800m: 12:16,82 (01:22,40)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
4.	Lenny Klügge	2009	SV08 Werdohl	13:05,10
	100m: 01:22,26 (01:22,26)   200m: 02:59,92 (01:37,66)   300m: 04:41,26 (01:41,34)			
	400m: 06:22,64 (01:41,38)   500m: 08:07,33 (01:44,69)   600m: 09:48,33 (01:41,00)			
	700m: 11:29,33 (01:41,00)   800m: 13:05,10 (01:35,77)			
5.	Tom Juri Midderhoff	2008	SV Plettenberg 1951 e.V.	13:12,48
	100m: 01:28,32 (01:28,32)   200m: 03:08,13 (01:39,81)   300m: 04:50,64 (01:42,51)			
	400m: 06:34,88 (01:44,24)   500m: 08:17,19 (01:42,31)   600m: 09:58,25 (01:41,06)			
	700m: 11:39,22 (01:40,97)   800m: 13:12,48 (01:33,26)			
6.	Adrian Altkrüger	2009	SG Wassersport Iserlohn	13:13,00
7.	Wiktor Ksiaczczyk	2009	SG Wassersport Iserlohn	15:06,40
	100m: 01:37,79 (01:37,79)   200m: 03:29,52 (01:51,73)   300m: 05:26,10 (01:56,58)			
	400m: 07:21,85 (01:55,75)   500m: 09:24,66 (02:02,81)   600m: 11:26,06 (02:01,40)			
	700m: 13:23,61 (01:57,55)   800m: 15:06,40 (01:42,79)			

## Jugend A

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister				
	Deniz Arlt	2007	SG Wassersport Iserlohn	10:32,76
	100m: 01:11,63 (01:11,63)   200m: 02:31,91 (01:20,28)   300m: 03:51,19 (01:19,28)			
	400m: 05:13,34 (01:22,15)   500m: 06:34,87 (01:21,53)   600m: 07:56,56 (01:21,69)			
	700m: 09:17,84 (01:21,28)   800m: 10:32,76 (01:14,92)			
2.	Luis Gehle	2007	SG Wassersport Iserlohn	10:39,60
	100m: 01:11,26 (01:11,26)   200m: 02:30,39 (01:19,13)   300m: 03:50,70 (01:20,31)			
	400m: 05:12,95 (01:22,25)   500m: 06:34,92 (01:21,97)   600m: 07:56,49 (01:21,57)			
	700m: 09:19,38 (01:22,89)   800m: 10:39,60 (01:20,22)			
3.	Mats Schürmann	2007	SV Bieber 67 Lendringsen	11:04,16
	100m: 01:12,42 (01:12,42)   200m: 02:34,80 (01:22,38)   300m: 03:58,92 (01:24,12)			
	400m: 05:24,76 (01:25,84)   500m: 06:51,34 (01:26,58)   600m: 08:17,43 (01:26,09)			
	700m: 09:42,31 (01:24,88)   800m: 11:04,16 (01:21,85)			
4.	Eugene Seibel	2007	SG Wassersport Iserlohn	14:53,53
	100m: 01:34,31 (01:34,31)   200m: 03:29,42 (01:55,11)   300m: 05:26,81 (01:57,39)			
	400m: 07:23,53 (01:56,72)   500m: 09:23,09 (01:59,56)   600m: 11:18,99 (01:55,90)			
	700m: 13:14,09 (01:55,10)   800m: 14:53,53 (01:39,44)			
5.	Lennart Schmoll	2007	Wasserfreunde 79 Balve	16:30,26
	100m: 01:31,25 (01:31,25)   200m: 03:24,77 (01:53,52)   300m: 05:31,62 (02:06,85)			
	400m: 07:46,84 (02:15,22)   500m: 10:00,28 (02:13,44)   600m: 12:08,45 (02:08,17)			
	700m: 14:25,54 (02:17,09)   800m: 16:30,26 (02:04,72)			

## Junioren

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister				
	Jonas Rinscheidt	2004	Mendener SV	09:47,73
	100m: 01:07,23 (01:07,23)   200m: 02:19,72 (01:12,49)   300m: 03:33,62 (01:13,90)			
	400m: 04:49,62 (01:16,00)   500m: 06:04,33 (01:14,71)   600m: 07:19,81 (01:15,48)			
	700m: 08:35,17 (01:15,36)   800m: 09:47,73 (01:12,56)			
2.	Wael Afify	2005	SG Wassersport Iserlohn	12:47,02
	100m: 01:14,13 (01:14,13)   200m: 02:46,57 (01:32,44)   300m: 04:28,39 (01:41,82)			
	400m: 06:09,48 (01:41,09)   500m: 07:54,04 (01:44,56)   600m: 09:39,48 (01:45,44)			
	700m: 11:14,92 (01:35,44)   800m: 12:47,02 (01:32,10)			

## Offene Klasse

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister				
	Michael Peters	2000	SV Bieber 67 Lendringsen	09:23,62
	100m: 01:04,06 (01:04,06)   200m: 02:13,88 (01:09,82)   300m: 03:25,74 (01:11,86)			
	400m: 04:37,87 (01:12,13)   500m: 05:50,10 (01:12,23)   600m: 07:02,30 (01:12,20)			
	700m: 08:13,70 (01:11,40)   800m: 09:23,62 (01:09,92)			
2.	Tobias Weingarten	1994	SV Bieber 67 Lendringsen	09:33,24
	100m: 01:05,80 (01:05,80)   200m: 02:17,14 (01:11,34)   300m: 03:28,67 (01:11,53)			
	400m: 04:41,52 (01:12,85)   500m: 05:54,55 (01:13,03)   600m: 07:08,08 (01:13,53)			
	700m: 08:21,92 (01:13,84)   800m: 09:33,24 (01:11,32)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
3.	Bastian Hollmann	2001	SV Bieber 67 Lendringsen	10:18,81
	100m: 01:11,37 (01:11,37)   200m: 02:28,48 (01:17,11)   300m: 03:46,23 (01:17,75)			
	400m: 05:05,65 (01:19,42)   500m: 06:25,54 (01:19,89)   600m: 07:44,38 (01:18,84)			
	700m: 09:02,24 (01:17,86)   800m: 10:18,81 (01:16,57)			
4.	Jan Lukas Schmidt	2003	SV Plettenberg 1951 e.V.	11:09,05
	100m: 01:11,67 (01:11,67)   200m: 02:31,39 (01:19,72)   300m: 03:54,47 (01:23,08)			
	400m: 05:21,89 (01:27,42)   500m: 06:49,41 (01:27,52)   600m: 08:16,36 (01:26,95)			
	700m: 09:44,21 (01:27,85)   800m: 11:09,05 (01:24,84)			
5.	Robin Faust	1994	Wfr. Lüdenscheid	12:27,23
	100m: 01:24,07 (01:24,07)   200m: 02:58,24 (01:34,17)   300m: 04:35,02 (01:36,78)			
	400m: 06:12,05 (01:37,03)   500m: 07:48,28 (01:36,23)   600m: 09:24,37 (01:36,09)			
	700m: 10:59,19 (01:34,82)   800m: 12:27,23 (01:28,04)			

## Wettkampf 12 - 800m Freistil männlich Masters

### AK 65

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister*in				
	Theodor Röhrs (M)	1956	SG Wassersport Iserlohn	19:16,62
	100m: 02:15,85 (02:15,85)   200m: 04:40,77 (02:24,92)   300m: 07:05,39 (02:24,62)			
	400m: 09:30,59 (02:25,20)   500m: 11:57,22 (02:26,63)   600m: 14:23,74 (02:26,52)			
	700m: 16:49,71 (02:25,97)   800m: 19:16,62 (02:26,91)			

### AK 45

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister*in				
	Jens Ellermann (M)	1976	Wfr. Lüdenscheid	12:08,18
	100m: 01:22,05 (01:22,05)   200m: 02:51,22 (01:29,17)   300m: 04:22,35 (01:31,13)			
	400m: 05:56,05 (01:33,70)   500m: 07:31,50 (01:35,45)   600m: 09:04,95 (01:33,45)			
	700m: 10:38,74 (01:33,79)   800m: 12:08,18 (01:29,44)			

Abschnittende: 19:00 Uhr

Protokollende: 19:05 Uhr

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Schiedsrichter weiblich

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Schiedsrichter männlich

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Protokollführer

## Abschnitt 2 - Sonntag 29.01.2023

Einlass: 08:00 Uhr | Einschwimmen: 08:00 Uhr | Kampfrichtersitzung: 08:30 Uhr  
Beginn: 09:00 Uhr

### Kampfgericht Abschnitt 2

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Schiedsrichter weiblich	Stefan Plötz	
Schiedsrichter männlich	Maik Dobrinsky	
Starter weiblich	Brigitte Dobrinsky	
Sprecher 1	Florian Renzing	SG Wassersport Iserlohn
Auswerter 1	Adrian Raabe	
Protokollführer	Samet Cakir	SG Wassersport Iserlohn

### Zielgericht

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Zielrichterobmann	Cordula Rinscheidt	
Zielrichter 1	Gaby Wächter	
Zielrichter 2	Michaela Jost	
Zielrichter 3	Tina Müller	

### Zeitgericht 1

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Zeitnehmerobmann	Manfred Ludenia	
Zeitnehmer Bahn 1	Domenik Möglich	
Zeitnehmer Bahn 2	Fynn Richter	
Zeitnehmer Bahn 3	Andreas Barth	
Zeitnehmer Bahn 4	Katja Helmering	
Zeitnehmer Bahn 5	Petra Buchholz	
Zeitnehmer Bahn 6	Ingo Müller	
Zeitnehmer Bahn 7	Jenny Peters	
Zeitnehmer Bahn 8	Patricia Mongiello	
Reservezeitnehmer 1	Stefan Plötz	
Reservezeitnehmer 2	Maik Dobrinsky	

### Wendegericht

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Wenderichter Obmann	Sebastian Engel	
Wenderichter Bahn 1	Nicole Hufnagel	
Wenderichter Bahn 2	Janine Weber	
Wenderichter Bahn 3	Magdalena Kalis	
Wenderichter Bahn 4	Kerstin vonRüder	

## Wettkampf 13 - 400m Freistil weiblich

Kreisrekord: 04:36,55 - Raissa Schreiber (SV 08 Werdohl) am 09.11.2013 in Wuppertal

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Merle Knoche	2013	SV Plettenberg 1951 e.V.	08:44,54
	100m: 02:04,63 (02:04,63)   200m: 04:20,67 (02:16,04)   300m: 06:36,98 (02:16,31)			
	400m: 08:44,54 (02:07,56)			
2.	Sophia Rüsche	2013	SV Plettenberg 1951 e.V.	09:56,94
	100m: 02:20,80 (02:20,80)   200m: 04:56,05 (02:35,25)   300m: 07:33,57 (02:37,52)			
	400m: 09:56,94 (02:23,37)			
3.	Zoe Kampmann	2013	SV Plettenberg 1951 e.V.	09:57,77
	100m: 02:19,72 (02:19,72)   200m: 04:53,05 (02:33,33)   300m: 07:26,87 (02:33,82)			
	400m: 09:57,77 (02:30,90)			

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Federica Bartmann	2012	SG Wassersport Iserlohn	06:28,98
	100m: 01:30,50 (01:30,50)   200m: 03:11,53 (01:41,03)   300m: 04:51,97 (01:40,44)			
	400m: 06:28,98 (01:37,01)			
2.	Lotta Schroller	2012	Wfr. Lüdenscheid	06:35,06
	100m: 01:28,60 (01:28,60)   200m: 03:09,38 (01:40,78)   300m: 04:51,89 (01:42,51)			
	400m: 06:35,06 (01:43,17)			
3.	Vanessa Amy Tank	2012	SV Plettenberg 1951 e.V.	06:55,85
	100m: 01:34,02 (01:34,02)   200m: 03:24,82 (01:50,80)   300m: 05:13,91 (01:49,09)			
	400m: 06:55,85 (01:41,94)			
4.	Emma Bernard	2012	SG Wassersport Iserlohn	08:08,31
	100m: 01:45,28 (01:45,28)   200m: 03:53,43 (02:08,15)   300m: 06:04,69 (02:11,26)			
	400m: 08:08,31 (02:03,62)			

### Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Mila Linstaedt	2011	SG Wassersport Iserlohn	05:50,40
	100m: 01:19,04 (01:19,04)   200m: 02:50,07 (01:31,03)   300m: 04:20,54 (01:30,47)			
	400m: 05:50,40 (01:29,86)			
2.	Nike Midderhoff	2011	SV Plettenberg 1951 e.V.	05:59,97
	100m: 01:19,30 (01:19,30)   200m: 02:51,77 (01:32,47)   300m: 04:25,53 (01:33,76)			
	400m: 05:59,97 (01:34,44)			
3.	Charlotte Brüggemann	2011	SV Albatros Letmathe	07:20,91
	100m: 01:38,13 (01:38,13)   200m: 03:30,18 (01:52,05)   300m: 05:27,36 (01:57,18)			
	400m: 07:20,91 (01:53,55)			
4.	Lina Baukhage	2011	TuS Neuenrade	07:28,36
	100m: 01:39,10 (01:39,10)   200m: 03:34,57 (01:55,47)   300m: 05:32,47 (01:57,90)			
	400m: 07:28,36 (01:55,89)			

abgemeldet

Selina Swoboda 2011 SV Albatros Letmathe

### Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Hanna Bernard	2010	SG Wassersport Iserlohn	05:46,66
	100m: 01:19,53 (01:19,53)   200m: 02:50,39 (01:30,86)   300m: 04:20,98 (01:30,59)			
	400m: 05:46,66 (01:25,68)			
2.	Tina Kriependorf	2010	SG Wassersport Iserlohn	05:49,98
	100m: 01:18,10 (01:18,10)   200m: 02:49,70 (01:31,60)   300m: 04:21,57 (01:31,87)			
	400m: 05:49,98 (01:28,41)			
3.	Lia Hufnagel	2010	SG Wassersport Iserlohn	06:05,08
	100m: 01:26,94 (01:26,94)   200m: 03:01,31 (01:34,37)   300m: 04:35,17 (01:33,86)			
	400m: 06:05,08 (01:29,91)			



Platz	Schwimmer(in)	Jg.	Verein	Endzeit
4.	Mara Srejc 100m: 01:26,49 (01:26,49)   200m: 03:04,28 (01:37,79)   300m: 04:42,67 (01:38,39) 400m: 06:16,99 (01:34,32)	2010	SG Wassersport Iserlohn	06:16,99
5.	Matilda Sophie Fischer 100m: 01:25,43 (01:25,43)   200m: 03:03,75 (01:38,32)   300m: 04:44,86 (01:41,11) 400m: 06:26,30 (01:41,44)	2010	Wfr. Lüdenscheid	06:26,30
	<u>abgemeldet</u> Hannah Böse Olivia Mainka	2010 2010	TuS Neuenrade SG Wassersport Iserlohn	

## Jugend B

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister				
	Johanna Ernst 100m: 01:16,68 (01:16,68)   200m: 02:43,17 (01:26,49)   300m: 04:10,51 (01:27,34) 400m: 05:35,40 (01:24,89)	2008	TuS Neuenrade	05:35,40
2.	Carlotta Bartmann 100m: 01:16,62 (01:16,62)   200m: 02:44,79 (01:28,17)   300m: 04:12,21 (01:27,42) 400m: 05:36,57 (01:24,36)	2009	SG Wassersport Iserlohn	05:36,57
3.	Lea Jolie Butzkamm 100m: 01:19,50 (01:19,50)   200m: 02:51,75 (01:32,25)   300m: 04:25,75 (01:34,00) 400m: 05:56,22 (01:30,47)	2008	SV Albatros Letmathe	05:56,22
4.	Lisa Lueg 100m: 01:26,40 (01:26,40)   200m: 03:01,35 (01:34,95)   300m: 04:34,30 (01:32,95) 400m: 06:04,56 (01:30,26)	2008	SV Bieber 67 Lendringsen	06:04,56
5.	Sophie Neß 100m: 01:19,97 (01:19,97)   200m: 02:57,06 (01:37,09)   300m: 04:35,17 (01:38,11) 400m: 06:10,98 (01:35,81)	2009	SV Plettenberg 1951 e.V.	06:10,98
6.	Laura Meulenberg 100m: 01:25,29 (01:25,29)   200m: 03:05,88 (01:40,59)   300m: 04:47,93 (01:42,05) 400m: 06:26,33 (01:38,40)	2008	SV08 Werdohl	06:26,33
7.	Eve Mierzwa 100m: 01:37,90 (01:37,90)   200m: 03:24,50 (01:46,60)   300m: 05:10,95 (01:46,45) 400m: 06:49,99 (01:39,04)	2009	SG Wassersport Iserlohn	06:49,99
8.	Marike Helmering 100m: 01:30,03 (01:30,03)   200m: 03:15,55 (01:45,52)   300m: 05:04,73 (01:49,18) 400m: 06:51,20 (01:46,47)	2008	SV Albatros Letmathe	06:51,20
9.	Pia Louisa Heer 100m: 01:33,61 (01:33,61)   200m: 03:20,17 (01:46,56)   300m: 05:13,73 (01:53,56) 400m: 07:05,68 (01:51,95)	2008	SG Wassersport Iserlohn	07:05,68
10.	Paulina Kisiel 100m: 01:36,99 (01:36,99)   200m: 03:28,17 (01:51,18)   300m: 05:18,99 (01:50,82) 400m: 07:06,02 (01:47,03)	2009	SG Wassersport Iserlohn	07:06,02
11.	Carlotta Knabe 100m: 01:44,56 (01:44,56)   200m: 03:40,31 (01:55,75)   300m: 05:39,20 (01:58,89) 400m: 07:23,99 (01:44,79)	2009	SG Wassersport Iserlohn	07:23,99
12.	Leonie Micha 100m: 01:47,84 (01:47,84)   200m: 03:46,02 (01:58,18)   300m: 05:49,54 (02:03,52) 400m: 07:47,08 (01:57,54)	2008	SG Wassersport Iserlohn	07:47,08
13.	Marie Fesser 100m: 01:43,64 (01:43,64)   200m: 03:45,41 (02:01,77)   300m: 05:46,87 (02:01,46) 400m: 07:47,43 (02:00,56)	2008	SG Wassersport Iserlohn	07:47,43
	<u>abgemeldet</u> Amelie Böcher Dina Wehrmann	2008 2009	SG Wassersport Iserlohn SV Albatros Letmathe	

## Jugend A

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Pia Jost	2007	SG Wassersport Iserlohn	04:57,03
	100m: 01:07,75 (01:07,75)   200m: 02:23,32 (01:15,57)   300m: 03:40,58 (01:17,26)			
	400m: 04:57,03 (01:16,45)			
2.	Leonie Sophie Wächter	2007	SG Wassersport Iserlohn	05:27,61
	100m: 01:15,83 (01:15,83)   200m: 02:39,10 (01:23,27)   300m: 04:04,33 (01:25,23)			
	400m: 05:27,61 (01:23,28)			
3.	Neele Srejjic	2006	SG Wassersport Iserlohn	05:29,35
	100m: 01:14,19 (01:14,19)   200m: 02:37,65 (01:23,46)   300m: 04:03,98 (01:26,33)			
	400m: 05:29,35 (01:25,37)			
4.	Lavinia Mongiello	2007	SG Wassersport Iserlohn	05:36,57
	100m: 01:16,64 (01:16,64)   200m: 02:43,38 (01:26,74)   300m: 04:12,38 (01:29,00)			
	400m: 05:36,57 (01:24,19)			
5.	Jana Ising	2007	Mendener SV	05:58,41
	100m: 01:20,87 (01:20,87)   200m: 02:52,73 (01:31,86)   300m: 04:28,86 (01:36,13)			
	400m: 05:58,41 (01:29,55)			
6.	Sofia Szczucki	2007	SG Wassersport Iserlohn	06:05,15
	100m: 01:25,13 (01:25,13)   200m: 02:58,10 (01:32,97)   300m: 04:32,59 (01:34,49)			
	400m: 06:05,15 (01:32,56)			
7.	Lara Göhausen	2007	TuS Neuenrade	06:54,42
	100m: 01:37,64 (01:37,64)   200m: 03:22,80 (01:45,16)   300m: 05:09,50 (01:46,70)			
	400m: 06:54,42 (01:44,92)			
8.	Angela Bala	2007	SG Wassersport Iserlohn	06:55,40
	100m: 01:36,75 (01:36,75)   200m: 03:23,99 (01:47,24)   300m: 05:12,16 (01:48,17)			
	400m: 06:55,40 (01:43,24)			

### abgemeldet

Carina Müller 2006 SV Bieber 67 Lendringsen

## Junioren

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Lara-Marie Cordes	2004	Wasserfreunde 79 Balve	05:31,98
	100m: 01:17,24 (01:17,24)   200m: 02:41,22 (01:23,98)   300m: 04:06,58 (01:25,36)			
	400m: 05:31,98 (01:25,40)			
2.	Sophie Griese	2004	Mendener SV	05:49,16
	100m: 01:20,72 (01:20,72)   200m: 02:49,34 (01:28,62)   300m: 04:20,52 (01:31,18)			
	400m: 05:49,16 (01:28,64)			
3.	Rebecca Amrhein	2004	TuS Neuenrade	05:59,00
	100m: 01:21,64 (01:21,64)   200m: 02:53,71 (01:32,07)   300m: 04:27,12 (01:33,41)			
	400m: 05:59,00 (01:31,88)			
4.	Lena Lueg	2005	SV Bieber 67 Lendringsen	06:10,61
	100m: 01:24,71 (01:24,71)   200m: 02:58,41 (01:33,70)   300m: 04:34,34 (01:35,93)			
	400m: 06:10,61 (01:36,27)			
5.	Katharina Ising	2004	Mendener SV	06:21,96
	100m: 01:21,35 (01:21,35)   200m: 02:57,60 (01:36,25)   300m: 04:40,14 (01:42,54)			
	400m: 06:21,96 (01:41,82)			

## Offene Klasse

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Katrin Harnischmacher	1997	SV Bieber 67 Lendringsen	04:42,02
	100m: 01:06,27 (01:06,27)   200m: 02:16,96 (01:10,69)   300m: 03:29,63 (01:12,67)			
	400m: 04:42,02 (01:12,39)			
2.	Maike Romberg	2001	Mendener SV	04:59,56
	100m: 01:10,26 (01:10,26)   200m: 02:26,85 (01:16,59)   300m: 03:44,02 (01:17,17)			
	400m: 04:59,56 (01:15,54)			
3.	Mandy Wältermann	2000	SV Bieber 67 Lendringsen	05:03,52
	100m: 01:09,87 (01:09,87)   200m: 02:26,34 (01:16,47)   300m: 03:44,45 (01:18,11)			
	400m: 05:03,52 (01:19,07)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
4.	Jeanine Möglich 100m: 01:07,00 (01:07,00)   200m: 02:25,34 (01:18,34)   300m: 03:46,85 (01:21,51) 400m: 05:07,79 (01:20,94)	2000	SV08 Werdohl	05:07,79
	<u>abgemeldet</u> Ellen Dirksmeier Nikoletta Kounatidis	2003 2003	Mendener SV SV Plettenberg 1951 e.V.	

## Wettkampf 14 - 400m Freistil weiblich Masters

### AK 70

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister*in	Michaele Schorlemer (W) 100m: 02:01,01 (02:01,01)   200m: 04:08,17 (02:07,16)   300m: 06:16,10 (02:07,93) 400m: 08:23,18 (02:07,08)	1950	Wfr. Lüdenscheid	08:23,18

### AK 55

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister*in	Teodora König (W) 100m: 01:24,07 (01:24,07)   200m: 02:54,20 (01:30,13)   300m: 04:24,63 (01:30,43) 400m: 05:52,77 (01:28,14)	1966	SC Gut Naß Altena	05:52,77

### AK 50

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister*in	Cornelia Schalk-Zeinstra (W) 100m: 02:08,89 (02:08,89)   200m: 04:28,51 (02:19,62)   300m: 06:46,76 (02:18,25) 400m: 09:04,23 (02:17,47)	1973	SV Albatros Letmathe	09:04,23

### AK 45

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister*in	Melanie Dirksmeier (W) 100m: 01:23,12 (01:23,12)   200m: 02:54,09 (01:30,97)   300m: 04:25,54 (01:31,45) 400m: 05:53,69 (01:28,15)	1975	Mendener SV	05:53,69
	<u>abgemeldet</u> Eva Hoffmann (W)	1974	SV Hemer 1921	

## Wettkampf 15 - 400m Freistil männlich

*Kreisrekord: 04:12,96 - Lukas Tietze (SV Bieber 67 Lendringsen) am 17.01.2015 in Iserlohn*

### Jahrgang 2013

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Jan Henry Baukhage 100m: 01:49,22 (01:49,22)   200m: 03:54,90 (02:05,68)   300m: 06:02,08 (02:07,18) 400m: 07:59,72 (01:57,64)	2013	TuS Neuenrade	07:59,72

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Noah Masiello 100m: 01:27,04 (01:27,04)   200m: 03:03,29 (01:36,25)   300m: 04:39,47 (01:36,18) 400m: 06:11,27 (01:31,80)	2012	SG Wassersport Iserlohn	06:11,27
2.	Leo Stracke 100m: 01:43,05 (01:43,05)   200m: 03:34,31 (01:51,26)   300m: 05:44,41 (02:10,10) 400m: 07:42,79 (01:58,38)	2012	SV Plettenberg 1951 e.V.	07:42,79

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
3.	Finn Zutz 100m: 01:42,15 (01:42,15)   200m: 03:41,81 (01:59,66)   300m: 05:45,11 (02:03,30) 400m: 07:42,86 (01:57,75)	2012	TuS Neuenrade	07:42,86
4.	Justus Küssner 100m: 01:53,93 (01:53,93)   200m: 04:00,89 (02:06,96)   300m: 06:10,51 (02:09,62) 400m: 08:13,71 (02:03,20)	2012	SG Wassersport Iserlohn	08:13,71

## Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Mika Knoche 100m: 01:26,19 (01:26,19)   200m: 03:04,62 (01:38,43)   300m: 04:45,64 (01:41,02) 400m: 06:23,68 (01:38,04)	2011	SV Plettenberg 1951 e.V.	06:23,68
2.	Petro Müller 100m: 01:31,46 (01:31,46)   200m: 03:15,84 (01:44,38)   300m: 04:59,33 (01:43,49) 400m: 06:40,67 (01:41,34)	2011	SG Wassersport Iserlohn	06:40,67
3.	Jasper Voss 100m: 01:47,76 (01:47,76)   200m: 03:51,57 (02:03,81)   300m: 05:59,14 (02:07,57) 400m: 07:57,27 (01:58,13)	2011	SV Albatros Letmathe	07:57,27

disqualifiziert

Devin Wall 2011 SV Albatros Letmathe  
Der Schwimmer startete vor dem Startsignal.  
Uhrzeit der Bekanntgabe: 10:20

## Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Manuel Ludenia 100m: 01:20,75 (01:20,75)   200m: 03:00,67 (01:39,92)   300m: 04:40,33 (01:39,66) 400m: 06:10,51 (01:30,18)	2010	SV08 Werdohl	06:10,51
2.	Moritz Fritz 100m: 01:30,76 (01:30,76)   200m: 03:06,43 (01:35,67)   300m: 04:44,46 (01:38,03) 400m: 06:20,21 (01:35,75)	2010	Mendener SV	06:20,21
3.	Jonas Schmidt 100m: 01:24,76 (01:24,76)   200m: 03:05,28 (01:40,52)   300m: 04:45,29 (01:40,01) 400m: 06:26,42 (01:41,13)	2010	SV08 Werdohl	06:26,42
4.	Joshua Benz 100m: 01:27,32 (01:27,32)   200m: 03:09,64 (01:42,32)   300m: 04:54,76 (01:45,12) 400m: 06:33,81 (01:39,05)	2010	SV08 Werdohl	06:33,81
5.	Timo Cyron 100m: 01:50,84 (01:50,84)   200m: 04:04,24 (02:13,40)   300m: 06:16,78 (02:12,54) 400m: 08:20,54 (02:03,76)	2010	SV Albatros Letmathe	08:20,54

## Jugend B

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Kelvin Witt 100m: 01:04,29 (01:04,29)   200m: 02:20,70 (01:16,41)   300m: 03:40,57 (01:19,87) 400m: 05:00,70 (01:20,13)	2008	SV Plettenberg 1951 e.V.	05:00,70
2.	Tim Schubert 100m: 01:08,48 (01:08,48)   200m: 02:35,34 (01:26,86)   300m: 04:02,41 (01:27,07) 400m: 05:28,61 (01:26,20)	2008	SV Plettenberg 1951 e.V.	05:28,61
3.	Adrian Altkrüger 100m: 01:24,09 (01:24,09)   200m: 03:01,57 (01:37,48)   300m: 04:41,96 (01:40,39) 400m: 06:15,10 (01:33,14)	2009	SG Wassersport Iserlohn	06:15,10
4.	Tom Juri Midderhoff 100m: 01:24,18 (01:24,18)   200m: 03:01,22 (01:37,04)   300m: 04:41,32 (01:40,10) 400m: 06:17,20 (01:35,88)	2008	SV Plettenberg 1951 e.V.	06:17,20
5.	Maximilian Müller 100m: 01:29,78 (01:29,78)   200m: 03:19,44 (01:49,66)   300m: 05:10,57 (01:51,13) 400m: 07:01,56 (01:50,99)	2008	SV Bieber 67 Lendringsen	07:01,56

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
6.	Wiktor Ksiazczyk 100m: 01:39,73 (01:39,73)   200m: 03:32,12 (01:52,39)   300m: 05:23,39 (01:51,27) 400m: 07:02,28 (01:38,89)	2009	SG Wassersport Iserlohn	07:02,28
7.	Carlo Severin 100m: 01:33,86 (01:33,86)   200m: 03:30,04 (01:56,18)   300m: 05:23,48 (01:53,44) 400m: 07:12,07 (01:48,59)	2008	Wasserfreunde 79 Balve	07:12,07
8.	Sebastian Humpert 100m: 01:38,15 (01:38,15)   200m: 03:50,73 (02:12,58)   300m: 06:06,54 (02:15,81) 400m: 08:20,54 (02:14,00)	2008	SV Albatros Letmathe	08:20,54

## Jugend A

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Deniz Arlt 100m: 01:07,60 (01:07,60)   200m: 02:24,12 (01:16,52)   300m: 03:41,39 (01:17,27) 400m: 04:55,92 (01:14,53)	2007	SG Wassersport Iserlohn	04:55,92
2.	Luis Gehle 100m: 01:07,70 (01:07,70)   200m: 02:23,35 (01:15,65)   300m: 03:40,75 (01:17,40) 400m: 04:58,02 (01:17,27)	2007	SG Wassersport Iserlohn	04:58,02
3.	Marcellus Tiffe 100m: 01:06,29 (01:06,29)   200m: 02:23,12 (01:16,83)   300m: 03:45,09 (01:21,97) 400m: 05:02,86 (01:17,77)	2006	TuS Neuenrade	05:02,86
4.	Mats Schürmann 100m: 01:11,09 (01:11,09)   200m: 02:33,09 (01:22,00)   300m: 03:55,31 (01:22,22) 400m: 05:17,44 (01:22,13)	2007	SV Bieber 67 Lendringsen	05:17,44
5.	Simon Rameil 100m: 01:18,50 (01:18,50)   200m: 02:49,72 (01:31,22)   300m: 04:22,50 (01:32,78) 400m: 05:58,06 (01:35,56)	2006	Mendener SV	05:58,06
6.	Eugene Seibel 100m: 01:28,52 (01:28,52)   200m: 03:16,70 (01:48,18)   300m: 05:06,44 (01:49,74) 400m: 06:49,28 (01:42,84)	2007	SG Wassersport Iserlohn	06:49,28
	<u>abgemeldet</u> Kirill Bojko	2007	TuS Neuenrade	

## Junioren

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Jonas Rinscheidt 100m: 01:04,11 (01:04,11)   200m: 02:15,41 (01:11,30)   300m: 03:28,88 (01:13,47) 400m: 04:41,18 (01:12,30)	2004	Mendener SV	04:41,18
2.	Jonas Pflüger 100m: 01:06,16 (01:06,16)   200m: 02:27,21 (01:21,05)   300m: 03:53,57 (01:26,36) 400m: 05:18,59 (01:25,02)	2004	SV08 Werdohl	05:18,59
3.	Jan Knoche 100m: 01:13,88 (01:13,88)   200m: 02:35,29 (01:21,41)   300m: 04:00,07 (01:24,78) 400m: 05:22,62 (01:22,55)	2005	SV08 Werdohl	05:22,62
4.	Arkadiusz Tryk 100m: 01:17,17 (01:17,17)   200m: 02:45,06 (01:27,89)   300m: 04:18,81 (01:33,75) 400m: 05:54,92 (01:36,11)	2004	SV08 Werdohl	05:54,92
5.	Wael Afify 100m: 01:15,50 (01:15,50)   200m: 02:50,08 (01:34,58)   300m: 04:28,43 (01:38,35) 400m: 06:07,25 (01:38,82)	2005	SG Wassersport Iserlohn	06:07,25
6.	Benjamin Dahmen 100m: 01:21,76 (01:21,76)   200m: 02:58,08 (01:36,32)   300m: 04:40,66 (01:42,58) 400m: 06:19,32 (01:38,66)	2004	SG Wassersport Iserlohn	06:19,32

## Offene Klasse

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Michael Peters	2000	SV Bieber 67 Lendringsen	04:24,46 100m: 00:58,45 (00:58,45)   200m: 02:09,44 (01:10,99)   300m: 03:15,36 (01:05,92) 400m: 04:24,46 (01:09,10)
2.	Tobias Weingarten	1994	SV Bieber 67 Lendringsen	04:33,22 100m: 01:02,73 (01:02,73)   200m: 02:11,97 (01:09,24)   300m: 03:22,90 (01:10,93) 400m: 04:33,22 (01:10,32)
3.	Florian Renzing	1993	SG Wassersport Iserlohn	04:45,98 100m: 01:05,63 (01:05,63)   200m: 02:17,31 (01:11,68)   300m: 03:30,95 (01:13,64) 400m: 04:45,98 (01:15,03)
4.	Bastian Hollmann	2001	SV Bieber 67 Lendringsen	04:52,93 100m: 01:04,11 (01:04,11)   200m: 02:17,68 (01:13,57)   300m: 03:37,00 (01:19,32) 400m: 04:52,93 (01:15,93)
5.	Lukas Schwermann	2002	Mendener SV	05:05,51 100m: 01:09,53 (01:09,53)   200m: 02:27,70 (01:18,17)   300m: 03:47,88 (01:20,18) 400m: 05:05,51 (01:17,63)
6.	Dominik Peters	2000	SV Bieber 67 Lendringsen	05:07,28 100m: 01:08,05 (01:08,05)   200m: 02:25,79 (01:17,74)   300m: 03:46,92 (01:21,13) 400m: 05:07,28 (01:20,36)
7.	Jan Lukas Schmidt	2003	SV Plettenberg 1951 e.V.	05:14,29 100m: 01:07,12 (01:07,12)   200m: 02:28,09 (01:20,97)   300m: 03:50,68 (01:22,59) 400m: 05:14,29 (01:23,61)
8.	Sebastian Peters	2000	SV Bieber 67 Lendringsen	05:27,18 100m: 01:12,75 (01:12,75)   200m: 02:34,68 (01:21,93)   300m: 04:00,56 (01:25,88) 400m: 05:27,18 (01:26,62)

## Wettkampf 16 - 400m Freistil männlich Masters

### AK 65

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
	<u>aufgegeben</u> Theodor Röhrs (M)	1956	SG Wassersport Iserlohn	

### AK 45

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister*in	Daniel Zenker (M)	1976	TuS Neuenrade	06:01,89 100m: 01:17,23 (01:17,23)   200m: 02:49,18 (01:31,95)   300m: 04:26,22 (01:37,04) 400m: 06:01,89 (01:35,67)

## Wettkampf 17 - 1500m Freistil weiblich

Kreisrekord: 17:54,54 - Raissa Schreiber (SV 08 Werdohl) am 21.11.2013 in Wuppertal

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Federica Bartmann	2012	SG Wassersport Iserlohn	26:13,76 100m: 01:35,55 (01:35,55)   200m: 03:20,63 (01:45,08)   300m: 05:06,68 (01:46,05) 400m: 06:52,03 (01:45,35)   500m: 08:36,14 (01:44,11)   600m: 10:19,98 (01:43,84) 700m: 12:04,74 (01:44,76)   800m: 13:49,98 (01:45,24)   900m: 15:37,95 (01:47,97) 1000m: 17:25,21 (01:47,26)   1100m: 19:12,83 (01:47,62)   1200m: 20:59,12 (01:46,29) 1300m: 22:44,52 (01:45,40)   1400m: 24:30,92 (01:46,40)   1500m: 26:13,76 (01:42,84)

## Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Nike Midderhoff	2011	SV Plettenberg 1951 e.V.	23:25,72
	100m: 01:27,44 (01:27,44)   200m: 03:00,59 (01:33,15)   300m: 04:34,94 (01:34,35) 400m: 06:11,09 (01:36,15)   500m: 07:46,87 (01:35,78)   600m: 09:20,26 (01:33,39) 700m: 10:55,94 (01:35,68)   800m: 12:29,69 (01:33,75)   900m: 14:02,69 (01:33,00) 1000m: 15:37,44 (01:34,75)   1100m: 17:11,94 (01:34,50)   1200m: 18:46,59 (01:34,65) 1300m: 20:21,59 (01:35,00)   1400m: 21:57,19 (01:35,60)   1500m: 23:25,72 (01:28,53)			
2.	Mila Linstaedt	2011	SG Wassersport Iserlohn	23:27,33
	100m: 01:26,93 (01:26,93)   200m: 03:01,46 (01:34,53)   300m: 04:35,91 (01:34,45) 400m: 06:10,53 (01:34,62)   500m: 07:46,64 (01:36,11)   600m: 09:21,00 (01:34,36) 700m: 10:55,82 (01:34,82)   800m: 12:29,29 (01:33,47)   900m: 14:02,63 (01:33,34) 1000m: 15:36,88 (01:34,25)   1100m: 17:12,74 (01:35,86)   1200m: 18:48,92 (01:36,18) 1300m: 20:23,99 (01:35,07)   1400m: 21:58,38 (01:34,39)   1500m: 23:27,33 (01:28,95)			

## Jahrgang 2010

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Hanna Bernard	2010	SG Wassersport Iserlohn	22:59,04
	100m: 01:26,41 (01:26,41)   200m: 02:59,41 (01:33,00)   300m: 04:33,04 (01:33,63) 400m: 06:05,91 (01:32,87)   500m: 07:37,61 (01:31,70)   600m: 09:09,45 (01:31,84) 700m: 10:41,96 (01:32,51)   800m: 12:15,27 (01:33,31)   900m: 13:47,56 (01:32,29) 1000m: 15:22,12 (01:34,56)   1100m: 16:57,17 (01:35,05)   1200m: 18:29,12 (01:31,95) 1300m: 20:02,39 (01:33,27)   1400m: 21:34,59 (01:32,20)   1500m: 22:59,04 (01:24,45)			
2.	Tina Kriependorf	2010	SG Wassersport Iserlohn	22:59,91
	100m: 01:27,75 (01:27,75)   200m: 03:00,96 (01:33,21)   300m: 04:33,43 (01:32,47) 400m: 06:05,84 (01:32,41)   500m: 07:37,94 (01:32,10)   600m: 09:10,12 (01:32,18) 700m: 10:41,89 (01:31,77)   800m: 12:13,68 (01:31,79)   900m: 13:46,43 (01:32,75) 1000m: 15:19,58 (01:33,15)   1100m: 16:53,24 (01:33,66)   1200m: 18:27,54 (01:34,30) 1300m: 20:00,62 (01:33,08)   1400m: 21:32,91 (01:32,29)   1500m: 22:59,91 (01:27,00)			
3.	Lia Hufnagel	2010	SG Wassersport Iserlohn	24:18,89
	100m: 01:29,34 (01:29,34)   200m: 03:06,28 (01:36,94)   300m: 04:43,35 (01:37,07) 400m: 06:21,42 (01:38,07)   500m: 08:00,31 (01:38,89)   600m: 09:39,18 (01:38,87) 700m: 11:18,25 (01:39,07)   800m: 12:56,28 (01:38,03)   900m: 14:32,77 (01:36,49) 1000m: 16:11,32 (01:38,55)   1100m: 17:49,61 (01:38,29)   1200m: 19:27,05 (01:37,44) 1300m: 21:05,30 (01:38,25)   1400m: 22:44,46 (01:39,16)   1500m: 24:18,89 (01:34,43)			

## Jugend B

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister				
	Carlotta Bartmann	2009	SG Wassersport Iserlohn	22:45,89
	100m: 01:24,38 (01:24,38)   200m: 03:00,13 (01:35,75)   300m: 04:32,69 (01:32,56) 400m: 06:05,07 (01:32,38)   500m: 07:37,14 (01:32,07)   600m: 09:09,17 (01:32,03) 700m: 10:41,17 (01:32,00)   800m: 10:41,65 (00:00,48)   900m: 13:45,99 (03:04,34) 1000m: 15:17,84 (01:31,85)   1100m: 16:48,59 (01:30,75)   1200m: 18:19,59 (01:31,00) 1300m: 19:50,40 (01:30,81)   1400m: 21:20,47 (01:30,07)   1500m: 22:45,89 (01:25,42)			
2.	Lea Jolie Butzkamm	2008	SV Albatros Letmathe	23:52,46
	100m: 01:23,96 (01:23,96)   200m: 02:58,63 (01:34,67)   300m: 03:46,62 (00:47,99) 400m: 05:23,70 (01:37,08)   500m: 06:59,27 (01:35,57)   600m: 08:36,25 (01:36,98) 700m: 10:01,84 (01:25,59)   800m: 12:38,78 (02:36,94)   900m: 14:15,06 (01:36,28) 1000m: 15:52,23 (01:37,17)   1100m: 17:29,21 (01:36,98)   1200m: 19:06,59 (01:37,38) 1300m: 20:44,28 (01:37,69)   1400m: 22:21,33 (01:37,05)   1500m: 23:52,46 (01:31,13)			
3.	Sophie Neß	2009	SV Plettenberg 1951 e.V.	24:22,74
	100m: 01:24,06 (01:24,06)   200m: 03:00,22 (01:36,16)   300m: 04:39,03 (01:38,81) 400m: 06:17,25 (01:38,22)   500m: 07:54,94 (01:37,69)   600m: 09:32,05 (01:37,11) 700m: 11:10,94 (01:38,89)   800m: 12:49,02 (01:38,08)   900m: 14:29,20 (01:40,18) 1000m: 16:08,56 (01:39,36)   1100m: 17:48,23 (01:39,67)   1200m: 19:29,35 (01:41,12) 1300m: 21:10,65 (01:41,30)   1400m: 22:50,52 (01:39,87)   1500m: 24:22,74 (01:32,22)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
4.	Eve Mierzwa	2009	SG Wassersport Iserlohn	27:39,00
	100m: 01:42,15 (01:42,15)   200m: 03:33,22 (01:51,07)   300m: 05:25,00 (01:51,78)			
	400m: 07:16,00 (01:51,00)   500m: 09:07,00 (01:51,00)   600m: 10:56,90 (01:49,90)			
	700m: 12:49,25 (01:52,35)   800m: 14:41,28 (01:52,03)   900m: 16:32,93 (01:51,65)			
	1000m: 18:27,61 (01:54,68)   1100m: 20:20,68 (01:53,07)   1200m: 22:13,93 (01:53,25)			
	1300m: 24:05,25 (01:51,32)   1400m: 25:54,50 (01:49,25)   1500m: 27:39,00 (01:44,50)			

abgemeldet

Amelie Böcher 2008 SG Wassersport Iserlohn

## Jugend A

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister				
	Pia Jost	2007	SG Wassersport Iserlohn	19:46,94
	100m: 01:14,73 (01:14,73)   200m: 02:35,32 (01:20,59)   300m: 03:56,37 (01:21,05)			
	400m: 05:17,79 (01:21,42)   500m: 06:39,14 (01:21,35)   600m: 07:59,28 (01:20,14)			
	700m: 09:20,04 (01:20,76)   800m: 10:39,43 (01:19,39)   900m: 11:59,36 (01:19,93)			
	1000m: 13:18,67 (01:19,31)   1100m: 14:37,40 (01:18,73)   1200m: 15:56,50 (01:19,10)			
	1300m: 17:16,00 (01:19,50)   1400m: 18:32,89 (01:16,89)   1500m: 19:46,94 (01:14,05)			
2.	Leonie Sophie Wächter	2007	SG Wassersport Iserlohn	21:53,02
	100m: 01:19,68 (01:19,68)   200m: 02:46,24 (01:26,56)   300m: 04:13,87 (01:27,63)			
	400m: 05:42,82 (01:28,95)   500m: 07:12,49 (01:29,67)   600m: 08:41,47 (01:28,98)			
	700m: 10:10,05 (01:28,58)   800m: 11:39,15 (01:29,10)   900m: 13:07,96 (01:28,81)			
	1000m: 14:36,71 (01:28,75)   1100m: 16:04,86 (01:28,15)   1200m: 17:33,24 (01:28,38)			
	1300m: 19:01,14 (01:27,90)   1400m: 20:29,08 (01:27,94)   1500m: 21:53,02 (01:23,94)			
3.	Mareike Ludenia	2007	SV08 Werdohl	22:10,62
	100m: 01:21,15 (01:21,15)   200m: 02:49,99 (01:28,84)   300m: 04:20,22 (01:30,23)			
	400m: 05:50,42 (01:30,20)   500m: 07:20,55 (01:30,13)   600m: 08:50,73 (01:30,18)			
	700m: 10:20,47 (01:29,74)   800m: 11:50,52 (01:30,05)   900m: 13:21,50 (01:30,98)			
	1000m: 14:52,00 (01:30,50)   1100m: 16:20,10 (01:28,10)   1200m: 17:50,24 (01:30,14)			
	1300m: 19:17,54 (01:27,30)   1400m: 20:48,10 (01:30,56)   1500m: 22:10,62 (01:22,52)			
4.	Neele Srejic	2006	SG Wassersport Iserlohn	22:21,65
	100m: 01:19,84 (01:19,84)   200m: 02:47,48 (01:27,64)   300m: 04:16,13 (01:28,65)			
	400m: 05:45,80 (01:29,67)   500m: 07:16,23 (01:30,43)   600m: 08:47,03 (01:30,80)			
	700m: 10:18,13 (01:31,10)   800m: 11:48,52 (01:30,39)   900m: 13:19,23 (01:30,71)			
	1000m: 14:49,65 (01:30,42)   1100m: 16:20,73 (01:31,08)   1200m: 17:51,70 (01:30,97)			
	1300m: 19:23,36 (01:31,66)   1400m: 20:53,13 (01:29,77)   1500m: 22:21,65 (01:28,52)			
5.	Olivia Molina Karras	2007	SV08 Werdohl	23:32,92
	100m: 01:23,84 (01:23,84)   200m: 02:55,99 (01:32,15)   300m: 04:33,07 (01:37,08)			
	400m: 06:09,42 (01:36,35)   500m: 07:46,47 (01:37,05)   600m: 09:22,01 (01:35,54)			
	700m: 10:57,90 (01:35,89)   800m: 12:34,50 (01:36,60)   900m: 14:10,00 (01:35,50)			
	1000m: 15:43,71 (01:33,71)   1100m: 17:18,55 (01:34,84)   1200m: 18:54,58 (01:36,03)			
	1300m: 20:29,90 (01:35,32)   1400m: 22:04,15 (01:34,25)   1500m: 23:32,92 (01:28,77)			
6.	Sofia Szczucki	2007	SG Wassersport Iserlohn	24:03,39
	100m: 01:27,30 (01:27,30)   200m: 03:02,87 (01:35,57)   300m: 04:39,53 (01:36,66)			
	400m: 06:16,65 (01:37,12)   500m: 07:54,31 (01:37,66)   600m: 09:31,58 (01:37,27)			
	700m: 11:09,45 (01:37,87)   800m: 12:46,08 (01:36,63)   900m: 14:22,69 (01:36,61)			
	1000m: 16:00,69 (01:38,00)   1100m: 17:37,97 (01:37,28)   1200m: 19:14,88 (01:36,91)			
	1300m: 20:52,24 (01:37,36)   1400m: 22:28,67 (01:36,43)   1500m: 24:03,39 (01:34,72)			
7.	Angela Bala	2007	SG Wassersport Iserlohn	27:29,51
	100m: 01:38,94 (01:38,94)   200m: 03:28,87 (01:49,93)   300m: 05:19,87 (01:51,00)			
	400m: 07:10,84 (01:50,97)   500m: 09:01,15 (01:50,31)   600m: 10:52,34 (01:51,19)			
	700m: 12:43,99 (01:51,65)   800m: 14:35,16 (01:51,17)   900m: 16:26,69 (01:51,53)			
	1000m: 18:17,53 (01:50,84)   1100m: 20:09,00 (01:51,47)   1200m: 22:01,38 (01:52,38)			
	1300m: 23:53,30 (01:51,92)   1400m: 25:44,25 (01:50,95)   1500m: 27:29,51 (01:45,26)			



## Offene Klasse

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Katrin Harnischmacher	1997	SV Bieber 67 Lendringsen	18:28,75
	100m: 01:07,65 (01:07,65)   200m: 02:21,19 (01:13,54)   300m: 03:35,73 (01:14,54)			
	400m: 04:49,35 (01:13,62)   500m: 06:04,38 (01:15,03)   600m: 07:18,86 (01:14,48)			
	700m: 08:33,32 (01:14,46)   800m: 09:47,46 (01:14,14)   900m: 11:01,83 (01:14,37)			
	1000m: 12:16,69 (01:14,86)   1100m: 13:32,65 (01:15,96)   1200m: 14:47,56 (01:14,91)			
	1300m: 16:01,88 (01:14,32)   1400m: 17:15,45 (01:13,57)   1500m: 18:28,75 (01:13,30)			
2.	Jeanine Möglich	2000	SV08 Werdohl	19:55,75
	100m: 01:11,74 (01:11,74)   200m: 02:29,08 (01:17,34)   300m: 03:48,97 (01:19,89)			
	400m: 05:08,98 (01:20,01)   500m: 06:29,99 (01:21,01)   600m: 07:52,01 (01:22,02)			
	700m: 09:13,51 (01:21,50)   800m: 10:34,27 (01:20,76)   900m: 11:54,52 (01:20,25)			
	1000m: 13:14,92 (01:20,40)   1100m: 14:35,58 (01:20,66)   1200m: 15:56,94 (01:21,36)			
	1300m: 17:16,94 (01:20,00)   1400m: 18:37,66 (01:20,72)   1500m: 19:55,75 (01:18,09)			
	<u>abgemeldet</u>			
	Nikoletta Kounatidis	2003	SV Plettenberg 1951 e.V.	

## Wettkampf 18 - 1500m Freistil weiblich Masters

### AK 70

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister*in	Michaele Schorlemer (W)	1950	Wfr. Lüdenscheid	32:01,93
	100m: 02:02,74 (02:02,74)   200m: 04:10,82 (02:08,08)   300m: 06:19,08 (02:08,26)			
	400m: 08:28,46 (02:09,38)   500m: 10:37,15 (02:08,69)   600m: 12:44,35 (02:07,20)			
	700m: 14:49,95 (02:05,60)   800m: 16:56,30 (02:06,35)   900m: 19:03,93 (02:07,63)			
	1000m: 21:13,87 (02:09,94)   1100m: 23:24,09 (02:10,22)   1200m: 25:33,30 (02:09,21)			
	1300m: 27:43,34 (02:10,04)   1400m: 29:54,27 (02:10,93)   1500m: 32:01,93 (02:07,66)			

### AK 55

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister*in	Teodora König (W)	1966	SC Gut Naß Altena	22:43,92
	100m: 01:25,93 (01:25,93)   200m: 02:55,91 (01:29,98)   300m: 04:26,01 (01:30,10)			
	400m: 05:57,01 (01:31,00)   500m: 07:28,43 (01:31,42)   600m: 08:58,00 (01:29,57)			
	700m: 10:29,00 (01:31,00)   800m: 12:00,00 (01:31,00)   900m: 13:31,00 (01:31,00)			
	1000m: 15:02,39 (01:31,39)   1100m: 16:37,28 (01:34,89)   1200m: 18:08,93 (01:31,65)			
	1300m: 19:41,70 (01:32,77)   1400m: 21:13,14 (01:31,44)   1500m: 22:43,92 (01:30,78)			

## Wettkampf 19 - 1500m Freistil männlich

Kreisrekord: 16:54,82 - Lukas Linnebürger (SV Bieber 67 Lendringsen) am 03.11.2019 in Wuppertal

### Jahrgang 2012

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Leo Stracke	2012	SV Plettenberg 1951 e.V.	31:04,07
	100m: 01:47,84 (01:47,84)   200m: 03:49,67 (02:01,83)   300m: 05:51,96 (02:02,29)			
	400m: 07:54,43 (02:02,47)   500m: 10:00,01 (02:05,58)   600m: 12:07,37 (02:07,36)			
	700m: 14:14,20 (02:06,83)   800m: 16:21,61 (02:07,41)   900m: 18:28,54 (02:06,93)			
	1000m: 20:39,42 (02:10,88)   1100m: 22:50,39 (02:10,97)   1200m: 24:59,50 (02:09,11)			
	1300m: 27:06,25 (02:06,75)   1400m: 29:08,11 (02:01,86)   1500m: 31:04,07 (01:55,96)			
2.	Justus Küssner	2012	SG Wassersport Iserlohn	31:50,59
	100m: 01:52,99 (01:52,99)   200m: 03:59,30 (02:06,31)   300m: 06:08,00 (02:08,70)			
	400m: 08:15,93 (02:07,93)   500m: 10:25,89 (02:09,96)   600m: 12:31,68 (02:05,79)			
	700m: 14:40,27 (02:08,59)   800m: 16:52,63 (02:12,36)   900m: 19:02,34 (02:09,71)			
	1000m: 21:08,61 (02:06,27)   1100m: 23:18,40 (02:09,79)   1200m: 25:27,94 (02:09,54)			
	1300m: 27:38,49 (02:10,55)   1400m: 29:46,38 (02:07,89)   1500m: 31:50,59 (02:04,21)			

## Jahrgang 2011

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1.	Mika Knoche	2011	SV Plettenberg 1951 e.V.	25:58,49
	100m: 01:28,36 (01:28,36)   200m: 03:09,17 (01:40,81)   300m: 04:50,74 (01:41,57)			
	400m: 06:34,99 (01:44,25)   500m: 08:18,85 (01:43,86)   600m: 10:03,14 (01:44,29)			
	700m: 11:48,11 (01:44,97)   800m: 13:33,13 (01:45,02)   900m: 15:18,83 (01:45,70)			
	1000m: 17:04,82 (01:45,99)   1100m: 18:52,28 (01:47,46)   1200m: 20:39,48 (01:47,20)			
	1300m: 22:27,21 (01:47,73)   1400m: 24:14,90 (01:47,69)   1500m: 25:58,49 (01:43,59)			
2.	Petro Müller	2011	SG Wassersport Iserlohn	26:53,47
	100m: 01:36,19 (01:36,19)   200m: 03:23,79 (01:47,60)   300m: 05:11,15 (01:47,36)			
	400m: 06:59,72 (01:48,57)   500m: 08:48,47 (01:48,75)   600m: 10:36,87 (01:48,40)			
	700m: 12:28,40 (01:51,53)   800m: 14:14,40 (01:46,00)   900m: 16:04,22 (01:49,82)			
	1000m: 17:54,44 (01:50,22)   1100m: 19:44,44 (01:50,00)   1200m: 21:35,75 (01:51,31)			
	1300m: 23:24,55 (01:48,80)   1400m: 25:14,47 (01:49,92)   1500m: 26:53,47 (01:39,00)			

## Jugend B

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Kelvin Witt	2008	SV Plettenberg 1951 e.V.	20:00,20
	100m: 01:13,04 (01:13,04)   200m: 02:32,71 (01:19,67)   300m: 03:52,34 (01:19,63)			
	400m: 05:12,70 (01:20,36)   500m: 06:34,42 (01:21,72)   600m: 07:55,90 (01:21,48)			
	700m: 09:16,29 (01:20,39)   800m: 10:37,81 (01:21,52)   900m: 11:59,02 (01:21,21)			
	1000m: 13:19,56 (01:20,54)   1100m: 14:40,11 (01:20,55)   1200m: 16:00,18 (01:20,07)			
	1300m: 17:21,15 (01:20,97)   1400m: 18:42,93 (01:21,78)   1500m: 20:00,20 (01:17,27)			
2.	Tim Schubert	2008	SV Plettenberg 1951 e.V.	21:57,32
	100m: 01:15,19 (01:15,19)   200m: 02:40,59 (01:25,40)   300m: 04:09,79 (01:29,20)			
	400m: 05:39,74 (01:29,95)   500m: 07:11,18 (01:31,44)   600m: 08:39,81 (01:28,63)			
	700m: 10:07,73 (01:27,92)   800m: 11:37,87 (01:30,14)   900m: 13:06,06 (01:28,19)			
	1000m: 14:34,86 (01:28,80)   1100m: 16:05,93 (01:31,07)   1200m: 17:35,04 (01:29,11)			
	1300m: 19:06,63 (01:31,59)   1400m: 20:36,15 (01:29,52)   1500m: 21:57,32 (01:21,17)			
3.	Olgierd Tryk	2008	SV08 Werdohl	23:31,21
	100m: 01:19,40 (01:19,40)   200m: 02:51,82 (01:32,42)   300m: 04:27,30 (01:35,48)			
	400m: 06:05,08 (01:37,78)   500m: 07:42,12 (01:37,04)   600m: 09:20,15 (01:38,03)			
	700m: 10:57,34 (01:37,19)   800m: 12:32,25 (01:34,91)   900m: 14:09,15 (01:36,90)			
	1000m: 15:44,59 (01:35,44)   1100m: 17:23,03 (01:38,44)   1200m: 19:00,84 (01:37,81)			
	1300m: 20:37,00 (01:36,16)   1400m: 22:08,56 (01:31,56)   1500m: 23:31,21 (01:22,65)			
4.	Tom Juri Midderhoff	2008	SV Plettenberg 1951 e.V.	25:09,11
	100m: 01:26,90 (01:26,90)   200m: 03:05,26 (01:38,36)   300m: 04:47,22 (01:41,96)			
	400m: 06:29,13 (01:41,91)   500m: 08:12,01 (01:42,88)   600m: 09:54,58 (01:42,57)			
	700m: 11:38,51 (01:43,93)   800m: 13:22,17 (01:43,66)   900m: 15:05,91 (01:43,74)			
	1000m: 16:50,19 (01:44,28)   1100m: 18:32,88 (01:42,69)   1200m: 20:16,00 (01:43,12)			
	1300m: 21:57,49 (01:41,49)   1400m: 23:36,91 (01:39,42)   1500m: 25:09,11 (01:32,20)			
5.	Lenny Kligge	2009	SV08 Werdohl	25:17,62
	100m: 01:27,79 (01:27,79)   200m: 03:07,81 (01:40,02)   300m: 04:48,37 (01:40,56)			
	400m: 06:31,77 (01:43,40)   500m: 08:14,96 (01:43,19)   600m: 09:59,96 (01:45,00)			
	700m: 11:41,97 (01:42,01)   800m: 13:23,48 (01:41,51)   900m: 15:06,00 (01:42,52)			
	1000m: 16:50,31 (01:44,31)   1100m: 18:33,89 (01:43,58)   1200m: 20:16,88 (01:42,99)			
	1300m: 21:58,69 (01:41,81)   1400m: 23:40,06 (01:41,37)   1500m: 25:17,62 (01:37,56)			
6.	Adrian Altkrüger	2009	SG Wassersport Iserlohn	25:22,18

## Jugend A

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister	Luis Gehle	2007	SG Wassersport Iserlohn	20:28,48
	100m: 01:11,20 (01:11,20)   200m: 02:31,03 (01:19,83)   300m: 03:52,13 (01:21,10)			
	400m: 05:14,95 (01:22,82)   500m: 06:37,78 (01:22,83)   600m: 08:01,45 (01:23,67)			
	700m: 09:35,31 (01:33,86)   800m: 10:48,20 (01:12,89)   900m: 12:11,16 (01:22,96)			
	1000m: 13:33,48 (01:22,32)   1100m: 14:56,53 (01:23,05)   1200m: 16:19,38 (01:22,85)			
	1300m: 17:43,38 (01:24,00)   1400m: 19:06,88 (01:23,50)   1500m: 20:28,48 (01:21,60)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
2.	Mats Schürmann	2007	SV Bieber 67 Lendringsen	21:09,98
	100m: 01:15,47 (01:15,47)   200m: 02:37,42 (01:21,95)   300m: 04:02,51 (01:25,09)			
	400m: 05:28,36 (01:25,85)   500m: 06:53,64 (01:25,28)   600m: 08:18,63 (01:24,99)			
	700m: 09:45,32 (01:26,69)   800m: 11:11,60 (01:26,28)   900m: 12:37,98 (01:26,38)			
	1000m: 14:04,14 (01:26,16)   1100m: 15:29,38 (01:25,24)   1200m: 16:56,02 (01:26,64)			
	1300m: 18:22,49 (01:26,47)   1400m: 19:48,42 (01:25,93)   1500m: 21:09,98 (01:21,56)			
3.	Deniz Arlt	2007	SG Wassersport Iserlohn	21:11,63
	100m: 01:11,57 (01:11,57)   200m: 02:26,00 (01:14,43)   300m: 03:53,11 (01:27,11)			
	400m: 05:18,04 (01:24,93)   500m: 06:42,19 (01:24,15)   600m: 08:08,73 (01:26,54)			
	700m: 09:33,46 (01:24,73)   800m: 10:55,97 (01:22,51)   900m: 12:18,74 (01:22,77)			
	1000m: 13:49,83 (01:31,09)   1100m: 15:16,44 (01:26,61)   1200m: 16:44,87 (01:28,43)			
	1300m: 18:18,59 (01:33,72)   1400m: 19:46,96 (01:28,37)   1500m: 21:11,63 (01:24,67)			

## Junioren

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister				
	Wael Affify	2005	SG Wassersport Iserlohn	25:50,16
	100m: 01:18,34 (01:18,34)   200m: 02:52,51 (01:34,17)   300m: 04:35,38 (01:42,87)			
	400m: 06:22,04 (01:46,66)   500m: 08:07,69 (01:45,65)   600m: 09:53,16 (01:45,47)			
	700m: 11:39,43 (01:46,27)   800m: 13:28,82 (01:49,39)   900m: 15:14,73 (01:45,91)			
	1000m: 17:00,51 (01:45,78)   1100m: 18:48,58 (01:48,07)   1200m: 20:36,76 (01:48,18)			
	1300m: 22:23,04 (01:46,28)   1400m: 24:05,66 (01:42,62)   1500m: 25:50,16 (01:44,50)			

## Offene Klasse

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister				
	Michael Peters	2000	SV Bieber 67 Lendringsen	18:14,08
	100m: 01:06,61 (01:06,61)   200m: 02:18,77 (01:12,16)   300m: 03:31,69 (01:12,92)			
	400m: 04:45,58 (01:13,89)   500m: 05:59,84 (01:14,26)   600m: 07:13,96 (01:14,12)			
	700m: 08:27,50 (01:13,54)   800m: 09:41,13 (01:13,63)   900m: 10:55,05 (01:13,92)			
	1000m: 12:08,30 (01:13,25)   1100m: 13:21,16 (01:12,86)   1200m: 14:35,02 (01:13,86)			
	1300m: 15:48,73 (01:13,71)   1400m: 17:02,31 (01:13,58)   1500m: 18:14,08 (01:11,77)			
2.	Maximilian Buchholz	2001	Wfr. Lüdenscheid	18:26,20
	100m: 01:04,98 (01:04,98)   200m: 02:15,79 (01:10,81)   300m: 03:27,81 (01:12,02)			
	400m: 04:40,45 (01:12,64)   500m: 05:53,15 (01:12,70)   600m: 07:06,91 (01:13,76)			
	700m: 08:21,27 (01:14,36)   800m: 09:36,01 (01:14,74)   900m: 10:52,02 (01:16,01)			
	1000m: 12:07,62 (01:15,60)   1100m: 13:23,21 (01:15,59)   1200m: 14:39,45 (01:16,24)			
	1300m: 15:56,00 (01:16,55)   1400m: 17:11,83 (01:15,83)   1500m: 18:26,20 (01:14,37)			
3.	Tobias Weingarten	1994	SV Bieber 67 Lendringsen	18:37,12
	100m: 01:06,54 (01:06,54)   200m: 02:19,15 (01:12,61)   300m: 03:31,44 (01:12,29)			
	400m: 04:45,45 (01:14,01)   500m: 06:00,26 (01:14,81)   600m: 07:15,01 (01:14,75)			
	700m: 08:31,32 (01:16,31)   800m: 09:48,75 (01:17,43)   900m: 11:04,61 (01:15,86)			
	1000m: 12:19,82 (01:15,21)   1100m: 13:36,00 (01:16,18)   1200m: 14:52,39 (01:16,39)			
	1300m: 16:08,60 (01:16,21)   1400m: 17:24,54 (01:15,94)   1500m: 18:37,12 (01:12,58)			
4.	Jeremy Rosenberg	2001	Wfr. Lüdenscheid	19:32,30
	100m: 01:11,42 (01:11,42)   200m: 02:29,66 (01:18,24)   300m: 03:45,70 (01:16,04)			
	400m: 05:03,42 (01:17,72)   500m: 06:22,06 (01:18,64)   600m: 07:41,08 (01:19,02)			
	700m: 08:59,03 (01:17,95)   800m: 10:17,89 (01:18,86)   900m: 11:37,43 (01:19,54)			
	1000m: 12:57,68 (01:20,25)   1100m: 14:18,54 (01:20,86)   1200m: 15:37,26 (01:18,72)			
	1300m: 16:57,52 (01:20,26)   1400m: 18:17,54 (01:20,02)   1500m: 19:32,30 (01:14,76)			
5.	Bastian Hollmann	2001	SV Bieber 67 Lendringsen	19:40,32
	100m: 01:11,23 (01:11,23)   200m: 02:29,97 (01:18,74)   300m: 03:47,98 (01:18,01)			
	400m: 05:07,54 (01:19,56)   500m: 06:27,14 (01:19,60)   600m: 07:47,32 (01:20,18)			
	700m: 09:05,44 (01:18,12)   800m: 10:27,80 (01:22,36)   900m: 11:51,83 (01:24,03)			
	1000m: 13:08,79 (01:16,96)   1100m: 14:30,79 (01:22,00)   1200m: 15:58,35 (01:27,56)			
	1300m: 17:15,69 (01:17,34)   1400m: 18:29,40 (01:13,71)   1500m: 19:40,32 (01:10,92)			

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
6.	Aljoscha Busenius	1995	Wfr. Lüdenscheid	21:07,16
	100m: 01:17,05 (01:17,05)   200m: 02:39,44 (01:22,39)   300m: 04:03,94 (01:24,50) 400m: 05:29,51 (01:25,57)   500m: 06:55,47 (01:25,96)   600m: 08:21,19 (01:25,72) 700m: 09:46,44 (01:25,25)   800m: 11:12,44 (01:26,00)   900m: 12:38,12 (01:25,68) 1000m: 14:03,69 (01:25,57)   1100m: 15:29,34 (01:25,65)   1200m: 16:54,51 (01:25,17) 1300m: 18:19,34 (01:24,83)   1400m: 19:43,79 (01:24,45)   1500m: 21:07,16 (01:23,37)			
7.	Jan Lukas Schmidt	2003	SV Plettenberg 1951 e.V.	21:33,95
	100m: 01:11,35 (01:11,35)   200m: 02:34,96 (01:23,61)   300m: 04:00,96 (01:26,00) 400m: 05:28,67 (01:27,71)   500m: 06:56,68 (01:28,01)   600m: 08:24,40 (01:27,72) 700m: 09:52,08 (01:27,68)   800m: 11:20,22 (01:28,14)   900m: 12:48,30 (01:28,08) 1000m: 14:15,07 (01:26,77)   1100m: 15:42,44 (01:27,37)   1200m: 17:10,85 (01:28,41) 1300m: 18:39,22 (01:28,37)   1400m: 20:06,83 (01:27,61)   1500m: 21:33,95 (01:27,12)			
8.	Sebastian Peters	2000	SV Bieber 67 Lendringsen	21:55,66
	100m: 01:16,60 (01:16,60)   200m: 02:42,08 (01:25,48)   300m: 05:38,30 (02:56,22) 400m: 05:38,30 (00:00,00)   500m: 07:08,31 (01:30,01)   600m: 08:37,41 (01:29,10) 700m: 10:07,11 (01:29,70)   800m: 11:36,23 (01:29,12)   900m: 13:06,18 (01:29,95) 1000m: 14:35,88 (01:29,70)   1100m: 16:05,22 (01:29,34)   1200m: 17:34,67 (01:29,45) 1300m: 19:03,74 (01:29,07)   1400m: 20:31,83 (01:28,09)   1500m: 21:55,66 (01:23,83)			
9.	Robin Faust	1994	Wfr. Lüdenscheid	23:54,92
	100m: 01:23,91 (01:23,91)   200m: 02:57,98 (01:34,07)   300m: 04:37,98 (01:40,00) 400m: 06:15,27 (01:37,29)   500m: 07:55,51 (01:40,24)   600m: 09:34,25 (01:38,74) 700m: 11:12,33 (01:38,08)   800m: 12:37,61 (01:25,28)   900m: 14:15,25 (01:37,64) 1000m: 15:52,50 (01:37,25)   1100m: 17:29,76 (01:37,26)   1200m: 19:06,09 (01:36,33) 1300m: 21:41,91 (02:35,82)   1400m: 23:14,41 (01:32,50)   1500m: 23:54,92 (00:40,51)			

## Wettkampf 20 - 1500m Freistil männlich Masters

### AK 45

Platz	Schwimmer(in)	Jg.	Verein	Endzeit
1. und Kreismeister*in	Jens Ellermann (M)	1976	Wfr. Lüdenscheid	23:45,35
	100m: 01:23,91 (01:23,91)   200m: 02:56,22 (01:32,31)   300m: 04:29,09 (01:32,87) 400m: 06:03,29 (01:34,20)   500m: 07:39,11 (01:35,82)   600m: 09:15,98 (01:36,87) 700m: 10:52,21 (01:36,23)   800m: 12:28,61 (01:36,40)   900m: 14:04,95 (01:36,34) 1000m: 15:41,14 (01:36,19)   1100m: 17:17,56 (01:36,42)   1200m: 18:54,89 (01:37,33) 1300m: 20:32,62 (01:37,73)   1400m: 22:10,33 (01:37,71)   1500m: 23:45,35 (01:35,02)			

Abschnittende: 13:55 Uhr

Protokollende: 14:10 Uhr

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Schiedsrichter weiblich

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Schiedsrichter männlich

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Protokollführer