

Protokoll  
 Kreismeisterschaften "Lange Strecken" 2016  
 vom 15.01.2016 bis 16.01.2016  
 Iserlohn

Veranstalter: Märkischer Schwimmkreis  
 Ausrichter: SG Wassersport Iserlohn

Adresse des Schwimmbades  
 Seilerseebad  
 Seeuferstr. 26  
 58636 Iserlohn

6 Bahnen à 25m Wellenkillerleinen Handzeitnahme Wassertemperatur: ca. 26°C

Abschnitt	Datum	Einlass	Einschwimmen	Kari-Sitzung	Beginn
1	15.01.2016	16:30 Uhr	16:30 Uhr	16:45 Uhr	17:30 Uhr
2	16.01.2016	14:30 Uhr	14:30 Uhr	14:45 Uhr	15:30 Uhr

Anzahl der Meldungen

Anzahl der Teilnehmer: weiblich/männlich  
 Anzahl der Starts pro Abschnitt: Einzel/Staffel

Schwimmverband Nordrhein-Westfalen (LSV-Nr. 17)

Verein	DSV-Id	Teilnehmer	Abs.1	Abs.2	Gesamt
Mendener SV	5170	7/4	5/ 0	9/ 0	14/0
SC Gut Nass □ Altena	2813	2/4	6/ 0	6/ 0	12/0
SG Wassersport Iserlohn	6651	10/13	12/ 0	26/ 0	38/0
SSG Altena 08/47 e.V	2911	0/2	2/ 0	0/ 0	2/0
SV Albatros Letmathe	5169	3/5	6/ 0	9/ 0	15/0
SV Bieber Lendringsen	2935	12/9	19/ 0	27/ 0	46/0
SV Hemer 1921	2987	5/7	7/ 0	17/ 0	24/0
SV Plettenberg 51	3013	4/7	11/ 0	18/ 0	29/0
<b>SV08 Werdohl</b>	<b>2941</b>	<b>3/3</b>	<b>2/ 0</b>	<b>7/ 0</b>	<b>9/0</b>
TuS Neuenrade	3127	10/9	10/ 0	20/ 0	30/0
Wasserfreunde 79 Balve	3038	4/1	3/ 0	3/ 0	6/0
Wfr. Lüdenscheid	3227	5/5	8/ 0	9/ 0	17/0
<b>Gesamt für den Verband</b>		<b>65/69</b>	<b>91/0</b>	<b>151/0</b>	<b>242/0</b>

Gesamtzahl der Meldungen

Anzahl der Meldungen

**Verein**

**Teilnehmer**

**Abs.1**

**Abs.2**

**Gesamt**

---

**Gesamt alle Vereine**

65/69

91/0

151/0

242/0

---

## Kampfgericht Abschnitt 1

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Schiedsrichter weiblich	Plötz, Stefan	BSV
Schiedsrichter männlich	Plötz, Stefan	BSV
Starter weiblich	Bernard, Anja	SV Hemer 1921
Starter männlich	Bernard, Anja	SV Hemer 1921
Schwimmrichter 1	Sch,	
Schwimmrichter 2	ST,	
Auswerter 1	Dobrinsky, Maik	SC Gut Nass □ Altena
Protokollführer	Schaaf, Raimond	SV Hemer 1921
Computer 1	Raabe, Adrian	SG Wassersport Iserlohn
Computer 2	Meinolf, Michael	SG Wassersport Iserlohn
Zielgericht		
Zielrichterobmann	Röhrs, Theodor	SG Wassersport Iserlohn
Zielrichter 1	Schaaf, Robert	SV Hemer 1921
Zielrichter 2	Hartmann, Lina	SG Wassersport Iserlohn
Zielrichter 3	Eikermann, Nils	SG Wassersport Iserlohn
Zeitgericht 1		
Zeitnehmerobmann	Tripp, Helena	SG Wassersport Iserlohn
Zeitnehmer Bahn 1	Lellwitz, Antja	
Zeitnehmer Bahn 2	Herdes, Veronika	
Zeitnehmer Bahn 3	Kounatidis, Stephanie	SV Plettenberg 51
Zeitnehmer Bahn 4	Romberg, Christian	Mendener SV
Zeitnehmer Bahn 5	Steib, Michelle	Mendener SV
Zeitnehmer Bahn 6	Grünschläger, Monika	
Zeitgericht 2		
Zeitnehmerobmann	Paßolat, Nathalie	SG Wassersport Iserlohn
Zeitnehmer Bahn 1	Dobrinsky, Brigitte	SC Gut Nass □ Altena
Zeitnehmer Bahn 2	Vollmer, Isabel	SG Wassersport Iserlohn
Zeitnehmer Bahn 3	Levermann, Christoph	SV Plettenberg 51
Zeitnehmer Bahn 4	Elmar, Cordes	
Zeitnehmer Bahn 5	Ivanowski, Nils	SG Wassersport Iserlohn
Zeitnehmer Bahn 6	Harnischmacher, Erika	
Wendegericht		
Wenderichterobmann	Gal, Benedikt	SG Wassersport Iserlohn
Wenderichter Bahn 1	Cakir, Samet Ramazan	SG Wassersport Iserlohn
Wenderichter Bahn 2	Brester, Maik	SG Wassersport Iserlohn
Wenderichter Bahn 3	Schnelle, Michael (Azubi)	TuS Neuenrade

## Abschnitt 1

Wettkampf 1	400m Lagen weiblich
Wettkampf 2	400m Lagen weiblich
Wettkampf 3	400m Lagen männlich
Wettkampf 4	400m Lagen männlich
Wettkampf 5	800m Freistil weiblich
Wettkampf 6	800m Freistil weiblich
Wettkampf 7	800m Freistil männlich
Wettkampf 8	800m Freistil männlich

## Wettkampf 1 - 400m Lagen weiblich

### Jahrgang 2003

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Kounatidis, Nikoletta	2003	SV Plettenberg 51	05:49,11
	100m: 01:21,42 (01:21,42)	200m: 02:48,97 (01:27,55)		
	300m: 04:28,30 (01:39,33)	400m: 05:49,11 (01:20,81)		
2.	Levermann, Eve	2003	SV Plettenberg 51	06:09,38
	100m: 01:27,08 (01:27,08)	200m: 03:05,43 (01:38,35)		
	300m: 04:43,31 (01:37,88)	400m: 06:09,38 (01:26,07)		
3.	Eiler, Marie	2003	SV Hemer 1921	06:38,67
	100m: 01:31,58 (01:31,58)	200m: 03:20,38 (01:48,80)		
	300m: 05:04,12 (01:43,74)	400m: 06:38,67 (01:34,55)		

### Jahrgang 2002

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Hörner, Lea Sophie	2002	Wfr. Lüdenscheid	06:03,15
	100m: 01:26,36 (01:26,36)	200m: 02:56,17 (01:29,81)		
	300m: 04:41,33 (01:45,16)	400m: 06:03,15 (01:21,82)		

#### disqualifiziert

Lauke, Alexa 2002 TuS Neuenrade  
Bei der 250 m Wende hat der Schwimmer nur mit einer Hand angeschlagen.  
Bei der 175 m Wende hat der Schwimmer einen Brustzug durchgeführt  
Uhrzeit der Bekanntgabe: 17:39

### Jahrgang 2001

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Romberg, Maika	2001	Mendener SV	06:03,75
	100m: 01:22,78 (01:22,78)	200m: 02:56,59 (01:33,81)		
	300m: 04:37,41 (01:40,82)	400m: 06:03,75 (01:26,34)		

### Jahrgang 2000

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Möglich, Jeanine	2000	SV08 Werdohl	05:54,34
	100m: 01:16,51 (01:16,51)	200m: 02:49,48 (01:32,97)		

## Wettkampf 1 - 400m Lagen weiblich

### Jahrgang 2000

Platz	Schwimmerin	Jg.	Verein	Endzeit
				300m: 04:32,20 (01:42,72) 400m: 05:54,34 (01:22,14)
2.	Wältermann, Mandy	2000	SV Bieber Lendringsen	06:00,06
				100m: 01:23,35 (01:23,35) 200m: 02:54,96 (01:31,61)
				300m: 04:41,72 (01:46,76) 400m: 06:00,06 (01:18,34)
3.	Vollmer, Isabel	2000	SG Wassersport Iserlohn	06:23,21
				100m: 01:27,11 (01:27,11) 200m: 03:03,62 (01:36,51)
				300m: 04:53,93 (01:50,31) 400m: 06:23,21 (01:29,28)

### Jahrgang 1999

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Bettermann, Alicia	1999	SV08 Werdohl	05:53,97
				100m: 01:21,06 (01:21,06) 200m: 02:51,24 (01:30,18)
				300m: 04:33,68 (01:42,44) 400m: 05:53,97 (01:20,29)

### Jahrgang 1998

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Stagni, Luisa	1998	SV Plettenberg 51	05:28,41
				100m: 01:13,11 (01:13,11) 200m: 02:39,19 (01:26,08)
				300m: 04:12,58 (01:33,39) 400m: 05:28,41 (01:15,83)
2.	Grünschläger, Jasmin	1998	SV Bieber Lendringsen	06:30,85
				100m: 01:27,10 (01:27,10) 200m: 03:07,06 (01:39,96)
				300m: 04:58,21 (01:51,15) 400m: 06:30,85 (01:32,64)

### Jahrgang 1997

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Harnischmacher, Katrin	1997	SV Bieber Lendringsen	05:15,56
				100m: 01:11,93 (01:11,93) 200m: 02:30,49 (01:18,56)
				300m: 04:00,29 (01:29,80) 400m: 05:15,56 (01:15,27)

## Wettkampf 2 - 400m Lagen weiblich

### Ak 40

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Hoffmann, Eva	1974/AK40	SV Hemer 1921	06:08,08
				100m: 01:29,33 (01:29,33) 200m: 03:04,38 (01:35,05)
				300m: 04:43,71 (01:39,33) 400m: 06:08,08 (01:24,37)

## Wettkampf 3 - 400m Lagen männlich

### Jahrgang 2003

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Merta, Lukas	2003	SV Albatros Letmathe	06:21,95
	100m: 01:32,17 (01:32,17)	200m: 03:09,05 (01:36,88)		
	300m: 04:54,93 (01:45,88)	400m: 06:21,95 (01:27,02)		
2.	Levermann, Elias	2003	SV Plettenberg 51	07:26,62
	100m: 01:55,30 (01:55,30)	200m: 03:47,63 (01:52,33)		
	300m: 05:42,65 (01:55,02)	400m: 07:26,62 (01:43,97)		

### Jahrgang 2001

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Stagni, Lino	2001	SV Plettenberg 51	05:13,71
	100m: 01:08,34 (01:08,34)	200m: 02:25,90 (01:17,56)		
	300m: 03:57,64 (01:31,74)	400m: 05:13,71 (01:16,07)		
2.	Hollmann, Bastian	2001	SV Bieber Lendringsen	05:33,18
	100m: 01:15,71 (01:15,71)	200m: 02:45,56 (01:29,85)		
	300m: 04:18,88 (01:33,32)	400m: 05:33,18 (01:14,30)		
3.	Linnenbürger, Lukas	2001	SV Bieber Lendringsen	05:55,10
	100m: 01:27,23 (01:27,23)	200m: 02:55,13 (01:27,90)		
	300m: 04:36,13 (01:41,00)	400m: 05:55,10 (01:18,97)		
4.	Schimm, Maximilian	2001	SV Bieber Lendringsen	06:05,31
	100m: 01:20,55 (01:20,55)	200m: 02:56,98 (01:36,43)		
	300m: 04:38,67 (01:41,69)	400m: 06:05,31 (01:26,64)		
5.	Groß, Michael	2001	SC Gut Nass □ Altena	07:23,27
	100m: 01:42,74 (01:42,74)	200m: 03:43,39 (02:00,65)		
	300m: 05:42,25 (01:58,86)	400m: 07:23,27 (01:41,02)		

### Jahrgang 2000

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Fritze, Phillipp	2000	SG Wassersport Iserlohn	05:31,59
	100m: 01:11,29 (01:11,29)	200m: 02:34,15 (01:22,86)		
	300m: 04:08,56 (01:34,41)	400m: 05:31,59 (01:23,03)		
2.	Proske, Marcel	2000	SV Albatros Letmathe	06:28,84
	100m: 01:32,31 (01:32,31)	200m: 03:09,13 (01:36,82)		
	300m: 04:59,41 (01:50,28)	400m: 06:28,84 (01:29,43)		
3.	Landgraf, Lukas	2000	SC Gut Nass □ Altena	06:51,90
	100m: 01:32,50 (01:32,50)	200m: 03:19,11 (01:46,61)		
	300m: 05:14,58 (01:55,47)	400m: 06:51,90 (01:37,32)		

### Jahrgang 1998

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Ritzmann, Sami	1998	SV Bieber Lendringsen	05:36,42
	100m: 01:16,26 (01:16,26)	200m: 02:43,80 (01:27,54)		
	300m: 04:21,07 (01:37,27)	400m: 05:36,42 (01:15,35)		

## Wettkampf 4 - 400m Lagen männlich

### Ak 20

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Tietze, Lukas	1996/AK20	SV Bieber Lendringsen	04:58,44
	100m: 01:03,50 (01:03,50)	200m: 02:18,96 (01:15,46)		
	300m: 03:47,12 (01:28,16)	400m: 04:58,44 (01:11,32)		
2.	Schröer, Lukas	1996/AK20	SV Bieber Lendringsen	05:11,63
	100m: 01:08,84 (01:08,84)	300m: 04:00,06 (02:51,22)		
	400m: 05:11,63 (01:11,57)			

### Ak 25

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Kemmerling, Steven	1990/AK25	SV Albatros Letmathe	05:17,34
	100m: 01:09,89 (01:09,89)	200m: 02:32,22 (01:22,33)		
	300m: 04:03,17 (01:30,95)	400m: 05:17,34 (01:14,17)		
2.	Cordes, Marcel	1991/AK25	TuS Neuenrade	05:41,17
	100m: 01:14,11 (01:14,11)	200m: 02:42,55 (01:28,44)		
	300m: 04:16,63 (01:34,08)	400m: 05:41,17 (01:24,54)		

### Ak 50

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Hübenthal, Götz	1964/AK50	SC Gut Nass □ Altena	06:53,73
	100m: 01:30,71 (01:30,71)	200m: 02:56,97 (01:26,26)		
	300m: 05:15,22 (02:18,25)	400m: 06:53,73 (01:38,51)		

## Wettkampf 5 - 800m Freistil weiblich

### Jahrgang 2004

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Thröner, Emilie	2004	SG Wassersport Iserlohn	13:43,36
	100m: 01:28,48 (01:28,48)	200m: 03:14,80 (01:46,32)		
	300m: 05:01,45 (01:46,65)	400m: 06:47,70 (01:46,25)		
	500m: 08:31,26 (01:43,56)	600m: 10:16,89 (01:45,63)		
	700m: 12:02,42 (01:45,53)	800m: 13:43,36 (01:40,94)		
2.	Friedrich, Anuschka	2004	SV Bieber Lendringsen	14:03,66
	100m: 01:34,19 (01:34,19)	200m: 03:18,85 (01:44,66)		
	300m: 05:06,94 (01:48,09)	400m: 06:56,00 (01:49,06)		
	500m: 08:45,66 (01:49,66)	600m: 10:34,22 (01:48,56)		
	700m: 12:24,07 (01:49,85)	800m: 14:03,66 (01:39,59)		

## Wettkampf 5 - 800m Freistil weiblich Jahrgang 2003

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Kounatidis, Nikoletta	2003	SV Plettenberg 51	10:48,97
	100m: 01:14,17 (01:14,17)	200m: 02:35,74 (01:21,57)		
	300m: 03:58,90 (01:23,16)	400m: 05:22,90 (01:24,00)		
	500m: 06:46,02 (01:23,12)	600m: 08:09,17 (01:23,15)		
	700m: 09:32,08 (01:22,91)	800m: 10:48,97 (01:16,89)		
2.	Levermann, Eve	2003	SV Plettenberg 51	11:38,13
	100m: 01:18,39 (01:18,39)	200m: 02:46,62 (01:28,23)		
	300m: 04:15,81 (01:29,19)	400m: 05:45,57 (01:29,76)		
	500m: 07:14,41 (01:28,84)	600m: 08:44,18 (01:29,77)		
	700m: 10:13,37 (01:29,19)	800m: 11:38,13 (01:24,76)		
3.	Dirksmeier, Ellen	2003	Mendener SV	11:58,70
	100m: 01:21,00 (01:21,00)	200m: 02:51,10 (01:30,10)		
	300m: 04:21,80 (01:30,70)	400m: 05:53,60 (01:31,80)		
	500m: 07:26,23 (01:32,63)	600m: 08:58,60 (01:32,37)		
	700m: 10:30,20 (01:31,60)	800m: 11:58,70 (01:28,50)		
4.	Richter, Michelle	2003	Wfr. Lüdenscheid	14:41,76
	100m: 01:35,24 (01:35,24)	200m: 03:27,13 (01:51,89)		
	300m: 05:20,30 (01:53,17)	400m: 07:13,11 (01:52,81)		
	500m: 09:09,23 (01:56,12)	600m: 11:04,44 (01:55,21)		
	700m: 12:57,93 (01:53,49)	800m: 14:41,76 (01:43,83)		

### abgemeldet

Hollmann, Jasmin                      2003    SV Bieber Lendringsen

## Jahrgang 2002

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Hörner, Lea Sophie	2002	Wfr. Lüdenscheid	11:22,87
	100m: 01:21,28 (01:21,28)	200m: 02:47,87 (01:26,59)		
	300m: 04:17,15 (01:29,28)	400m: 05:46,61 (01:29,46)		
	500m: 07:15,40 (01:28,79)	600m: 08:42,30 (01:26,90)		
	700m: 10:32,11 (01:49,81)	800m: 11:22,87 (00:50,76)		
2.	Afify, Dina	2002	SG Wassersport Iserlohn	13:21,31
	100m: 01:26,96 (01:26,96)	200m: 03:04,26 (01:37,30)		
	300m: 04:47,31 (01:43,05)	400m: 06:32,03 (01:44,72)		
	500m: 08:19,67 (01:47,64)	600m: 10:02,55 (01:42,88)		
	700m: 11:44,20 (01:41,65)	800m: 13:21,31 (01:37,11)		
3.	Schnelle, Leonie	2002	TuS Neuenrade	14:20,14
	100m: 01:32,11 (01:32,11)	200m: 03:19,81 (01:47,70)		
	300m: 05:10,04 (01:50,23)	400m: 07:03,05 (01:53,01)		
	500m: 08:52,52 (01:49,47)	600m: 10:45,57 (01:53,05)		
	700m: 12:37,44 (01:51,87)	800m: 14:20,14 (01:42,70)		

### nicht am Start

Haarhaus, Anna-Lena                      2002    SC Gut Nass □ Altena



## Wettkampf 5 - 800m Freistil weiblich Jahrgang 2001

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Romberg, Maike	2001	Mendener SV	11:13,03
	100m: 01:14,87 (01:14,87)	200m: 02:40,41 (01:25,54)		
	300m: 04:06,22 (01:25,81)	400m: 05:31,16 (01:24,94)		
	500m: 06:59,59 (01:28,43)	600m: 08:25,69 (01:26,10)		
	700m: 09:51,59 (01:25,90)	800m: 11:13,03 (01:21,44)		
2.	Ritzmann, Senja	2001	SV Bieber Lendringsen	11:59,02
	100m: 01:20,57 (01:20,57)	200m: 02:50,51 (01:29,94)		
	300m: 04:21,51 (01:31,00)	400m: 05:54,10 (01:32,59)		
	500m: 07:26,02 (01:31,92)	600m: 08:58,86 (01:32,84)		
	700m: 10:31,26 (01:32,40)	800m: 11:59,02 (01:27,76)		
3.	Bandlofsky, Yvonne	2001	SG Wassersport Iserlohn	14:18,53
	100m: 01:31,89 (01:31,89)	200m: 03:18,48 (01:46,59)		
	300m: 05:06,82 (01:48,34)	400m: 06:58,87 (01:52,05)		
	500m: 08:49,17 (01:50,30)	600m: 10:44,07 (01:54,90)		
	700m: 12:36,54 (01:52,47)	800m: 14:18,53 (01:41,99)		

## Jahrgang 2000

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Schalk, Yvonne	2000	Wfr. Lüdenscheid	13:05,94
	100m: 01:25,72 (01:25,72)	200m: 03:03,55 (01:37,83)		
	300m: 04:42,58 (01:39,03)	400m: 06:24,36 (01:41,78)		
	500m: 08:05,57 (01:41,21)	600m: 09:48,06 (01:42,49)		
	700m: 11:30,52 (01:42,46)	800m: 13:05,94 (01:35,42)		

## Jahrgang 1999

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Hartmann, Lina	1999	SG Wassersport Iserlohn	11:39,46
	100m: 01:16,32 (01:16,32)	200m: 02:42,62 (01:26,30)		
	300m: 04:11,65 (01:29,03)	400m: 05:42,93 (01:31,28)		
	500m: 07:14,29 (01:31,36)	600m: 08:45,67 (01:31,38)		
	700m: 10:14,24 (01:28,57)	800m: 11:39,46 (01:25,22)		
2.	Schneider, Marie	1999	Wasserfreunde 79 Balve	13:46,40
	100m: 01:31,80 (01:31,80)	200m: 03:17,21 (01:45,41)		
	300m: 05:04,16 (01:46,95)	400m: 06:53,62 (01:49,46)		
	500m: 08:41,99 (01:48,37)	600m: 10:27,74 (01:45,75)		
	700m: 12:10,04 (01:42,30)	800m: 13:46,40 (01:36,36)		

## Wettkampf 5 - 800m Freistil weiblich

### Jahrgang 1998

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Stagni, Luisa	1998	SV Plettenberg 51	10:22,16
	100m: 01:13,20 (01:13,20)	200m: 02:31,73 (01:18,53)		
	300m: 03:51,53 (01:19,80)	400m: 05:12,08 (01:20,55)		
	500m: 06:31,57 (01:19,49)	600m: 07:50,05 (01:18,48)		
	700m: 09:07,90 (01:17,85)	800m: 10:22,16 (01:14,26)		
2.	Grünschläger, Jasmin	1998	SV Bieber Lendringsen	12:01,67
	100m: 01:23,54 (01:23,54)	200m: 02:54,63 (01:31,09)		
	300m: 04:25,93 (01:31,30)	400m: 05:58,76 (01:32,83)		
	500m: 07:30,84 (01:32,08)	600m: 09:02,96 (01:32,12)		
	700m: 10:34,59 (01:31,63)	800m: 12:01,67 (01:27,08)		

### Jahrgang 1997

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Harnischmacher, Katrin	1997	SV Bieber Lendringsen	09:53,86
	100m: 01:07,76 (01:07,76)	200m: 02:20,33 (01:12,57)		
	300m: 03:34,60 (01:14,27)	400m: 04:50,72 (01:16,12)		
	500m: 06:07,15 (01:16,43)	600m: 07:22,72 (01:15,57)		
	700m: 08:39,07 (01:16,35)	800m: 09:53,86 (01:14,79)		

## Wettkampf 6 - 800m Freistil weiblich

### Ak 20

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Maurer, Sabrina	1993/AK20	Wasserfreunde 79 Balve	13:19,18
	100m: 01:25,42 (01:25,42)	200m: 03:02,02 (01:36,60)		
	300m: 04:41,88 (01:39,86)	400m: 06:24,47 (01:42,59)		
	500m: 08:07,72 (01:43,25)	600m: 09:52,81 (01:45,09)		
	700m: 11:38,12 (01:45,31)	800m: 13:19,18 (01:41,06)		

### Ak 50

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Schmidtke, Claudia	1965/AK50	TuS Neuenrade	16:44,03
	100m: 01:56,82 (01:56,82)	200m: 04:00,30 (02:03,48)		
	300m: 06:09,17 (02:08,87)	400m: 08:17,52 (02:08,35)		
	500m: 10:26,44 (02:08,92)	600m: 12:34,63 (02:08,19)		
	700m: 14:41,79 (02:07,16)	800m: 16:44,03 (02:02,24)		

## Wettkampf 6 - 800m Freistil weiblich

Ak 55

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	und Kreismeister			
	Jardzejewski, Birgit	1961/AK55	TuS Neuenrade	15:54,63
	100m: 01:39,55 (01:39,55)	200m: 03:36,45 (01:56,90)		
	300m: 05:40,71 (02:04,26)	400m: 07:45,70 (02:04,99)		
	500m: 09:49,40 (02:03,70)	600m: 11:52,11 (02:02,71)		
	700m: 13:53,54 (02:01,43)	800m: 15:54,63 (02:01,09)		

## Wettkampf 7 - 800m Freistil männlich

Jahrgang 2004

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister			
	Schmidt, Leon-Frederik	2004	Wfr. Lüdenscheid	13:11,22
	100m: 01:30,67 (01:30,67)	200m: 03:07,91 (01:37,24)		
	300m: 04:49,59 (01:41,68)	400m: 06:33,24 (01:43,65)		
	500m: 08:16,81 (01:43,57)	600m: 10:00,41 (01:43,60)		
	700m: 11:41,41 (01:41,00)	800m: 13:11,22 (01:29,81)		
2.	Psarras, Pavlos	2004	Mendener SV	13:47,82
	100m: 01:33,00 (01:33,00)	200m: 03:17,86 (01:44,86)		
	300m: 05:05,13 (01:47,27)	400m: 06:52,29 (01:47,16)		
	500m: 08:37,64 (01:45,35)	600m: 10:22,92 (01:45,28)		
	700m: 12:08,54 (01:45,62)	800m: 13:47,82 (01:39,28)		
3.	Rinscheidt, Jonas	2004	Mendener SV	14:24,96
	100m: 01:36,01 (01:36,01)	200m: 03:25,05 (01:49,04)		
	300m: 05:15,24 (01:50,19)	400m: 07:04,82 (01:49,58)		
	500m: 08:55,37 (01:50,55)	600m: 10:47,10 (01:51,73)		
	700m: 12:39,81 (01:52,71)	800m: 14:24,96 (01:45,15)		
4.	Ibach, Benjamin	2004	SV Hemer 1921	16:36,65
	100m: 01:49,69 (01:49,69)	200m: 03:54,08 (02:04,39)		
	300m: 06:02,73 (02:08,65)	400m: 08:10,17 (02:07,44)		
	500m: 10:16,80 (02:06,63)	600m: 12:25,01 (02:08,21)		
	700m: 14:41,47 (02:16,46)	800m: 16:36,65 (01:55,18)		

Jahrgang 2003

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister			
	Merta, Lukas	2003	SV Albatros Letmathe	12:19,27
	100m: 01:25,70 (01:25,70)	200m: 02:58,43 (01:32,73)		
	300m: 04:33,90 (01:35,47)	400m: 06:56,59 (02:22,69)		
	500m: 08:29,38 (01:32,79)	600m: 10:03,64 (01:34,26)		
	700m: 11:34,89 (01:31,25)	800m: 12:19,27 (00:44,38)		

## Wettkampf 7 - 800m Freistil männlich

### Jahrgang 2003

<b>Platz</b>	<b>Schwimmer</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>
2.	San Jose, Luis	2003	SSG Altena 08/47 e.V	13:15,73
	100m: 01:29,36 (01:29,36) 200m: 03:10,12 (01:40,76)			
	300m: 04:52,92 (01:42,80) 400m: 06:39,62 (01:46,70)			
	500m: 08:22,96 (01:43,34) 600m: 10:04,44 (01:41,48)			
	700m: 11:45,59 (01:41,15) 800m: 13:15,73 (01:30,14)			
3.	Levermann, Elias	2003	SV Plettenberg 51	14:06,80
	100m: 01:35,44 (01:35,44) 200m: 03:21,78 (01:46,34)			
	300m: 05:11,09 (01:49,31) 400m: 07:00,33 (01:49,24)			
	500m: 08:49,69 (01:49,36) 600m: 10:39,00 (01:49,31)			
	700m: 12:36,93 (01:57,93) 800m: 14:06,80 (01:29,87)			
4.	Schaaf, Raphael	2003	SV Hemer 1921	14:30,80
	100m: 01:39,36 (01:39,36) 200m: 03:30,39 (01:51,03)			
	300m: 05:22,76 (01:52,37) 400m: 07:13,86 (01:51,10)			
	500m: 09:04,57 (01:50,71) 600m: 10:57,64 (01:53,07)			
	700m: 12:49,51 (01:51,87) 800m: 14:30,80 (01:41,29)			

#### nicht am Start

Cakir, Sinan 2003 SG Wassersport Iserlohn

### Jahrgang 2002

<b>Platz</b>	<b>Schwimmer</b>	<b>Jg.</b>	<b>Verein</b>	<b>Endzeit</b>
1.	und Kreismeister Ibach, Johannes	2002	SV Hemer 1921	12:55,14
	100m: 01:23,01 (01:23,01) 200m: 03:02,76 (01:39,75)			
	300m: 04:41,56 (01:38,80) 400m: 06:21,84 (01:40,28)			
	500m: 08:02,08 (01:40,24) 600m: 09:42,60 (01:40,52)			
	700m: 11:24,28 (01:41,68) 800m: 12:55,14 (01:30,86)			
2.	Kinkel, Bjarne	2002	TuS Neuenrade	12:56,21
	100m: 01:23,92 (01:23,92) 200m: 03:04,06 (01:40,14)			
	300m: 04:47,56 (01:43,50) 400m: 06:27,49 (01:39,93)			
	500m: 08:06,18 (01:38,69) 600m: 09:45,60 (01:39,42)			
	700m: 11:23,28 (01:37,68) 800m: 12:56,21 (01:32,93)			
3.	Temme, Florian	2002	SV Hemer 1921	13:55,02
	100m: 01:30,17 (01:30,17) 200m: 03:19,02 (01:48,85)			
	300m: 05:04,76 (01:45,74) 400m: 06:56,12 (01:51,36)			
	500m: 08:41,66 (01:45,54) 600m: 10:31,05 (01:49,39)			
	700m: 12:17,47 (01:46,42) 800m: 13:55,02 (01:37,55)			

#### nicht am Start

Kamerdel, Daniel 2002 SV Hemer 1921

## Wettkampf 7 - 800m Freistil männlich

### Jahrgang 2001

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Stagni, Lino	2001	SV Plettenberg 51	09:45,93
	100m: 01:03,25 (01:03,25)	200m: 02:13,59 (01:10,34)		
	300m: 03:26,43 (01:12,84)	400m: 04:42,14 (01:15,71)		
	500m: 05:58,84 (01:16,70)	600m: 07:15,56 (01:16,72)		
	700m: 08:31,95 (01:16,39)	800m: 09:45,93 (01:13,98)		
2.	Hollmann, Bastian	2001	SV Bieber Lendringsen	10:13,13
	100m: 01:10,85 (01:10,85)	200m: 02:28,47 (01:17,62)		
	300m: 03:46,56 (01:18,09)	400m: 05:04,47 (01:17,91)		
	500m: 06:23,28 (01:18,81)	600m: 07:41,06 (01:17,78)		
	700m: 08:58,35 (01:17,29)	800m: 10:13,13 (01:14,78)		
3.	Linnenbürger, Lukas	2001	SV Bieber Lendringsen	10:51,99
	100m: 01:17,67 (01:17,67)	200m: 02:40,59 (01:22,92)		
	300m: 04:04,34 (01:23,75)	400m: 05:28,16 (01:23,82)		
	500m: 06:51,15 (01:22,99)	600m: 08:13,29 (01:22,14)		
	700m: 09:35,09 (01:21,80)	800m: 10:51,99 (01:16,90)		
4.	Lellwitz, Erik	2001	Wfr. Lüdenscheid	11:20,71
	100m: 01:12,71 (01:12,71)	200m: 02:35,90 (01:23,19)		
	300m: 04:03,30 (01:27,40)	400m: 05:31,43 (01:28,13)		
	500m: 07:01,61 (01:30,18)	600m: 08:29,74 (01:28,13)		
	700m: 09:59,93 (01:30,19)	800m: 11:20,71 (01:20,78)		
5.	Dobrinsky, Dustin	2001	Wfr. Lüdenscheid	14:05,00
	100m: 01:23,85 (01:23,85)	200m: 03:05,38 (01:41,53)		
	300m: 04:53,13 (01:47,75)	400m: 06:43,32 (01:50,19)		
	500m: 08:35,29 (01:51,97)	600m: 10:28,57 (01:53,28)		
	700m: 12:19,32 (01:50,75)	800m: 14:05,00 (01:45,68)		

### Jahrgang 2000

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Fritze, Phillipp	2000	SG Wassersport Iserlohn	10:41,87
	100m: 01:12,73 (01:12,73)	200m: 02:32,86 (01:20,13)		
	300m: 03:55,19 (01:22,33)	400m: 05:18,08 (01:22,89)		
	500m: 06:39,10 (01:21,02)	600m: 08:01,44 (01:22,34)		
	700m: 09:22,79 (01:21,35)	800m: 10:41,87 (01:19,08)		
2.	Brester, Maik	2000	SG Wassersport Iserlohn	11:21,96
	100m: 01:11,28 (01:11,28)	200m: 02:33,95 (01:22,67)		
	300m: 04:00,39 (01:26,44)	400m: 05:29,83 (01:29,44)		
	500m: 07:00,34 (01:30,51)	600m: 08:30,27 (01:29,93)		
	700m: 09:57,54 (01:27,27)	800m: 11:21,96 (01:24,42)		
3.	Iwanowski, Nils	2000	SG Wassersport Iserlohn	11:31,81
	100m: 01:14,60 (01:14,60)	200m: 02:40,09 (01:25,49)		
	300m: 04:09,31 (01:29,22)	400m: 05:39,40 (01:30,09)		
	500m: 07:09,24 (01:29,84)	600m: 08:39,64 (01:30,40)		
	700m: 10:07,40 (01:27,76)	800m: 11:31,81 (01:24,41)		

## Wettkampf 7 - 800m Freistil männlich

### Jahrgang 2000

Platz	Schwimmer	Jg.	Verein	Endzeit
4.	Landgraf, Lukas	2000	SC Gut Nass □ Altena	12:41,73
	100m: 01:22,89 (01:22,89)	200m: 02:57,45 (01:34,56)		
	300m: 04:35,54 (01:38,09)	400m: 06:13,57 (01:38,03)		
	500m: 07:55,13 (01:41,56)	600m: 09:32,67 (01:37,54)		
	700m: 11:09,48 (01:36,81)	800m: 12:41,73 (01:32,25)		
5.	Cakir, Samet Ramazan	2000	SG Wassersport Iserlohn	13:14,56
	100m: 01:25,85 (01:25,85)	200m: 03:04,77 (01:38,92)		
	300m: 04:44,55 (01:39,78)	400m: 06:27,27 (01:42,72)		
	500m: 08:11,93 (01:44,66)	600m: 09:55,23 (01:43,30)		
	700m: 11:38,86 (01:43,63)	800m: 13:14,56 (01:35,70)		
6.	Cramer, Joschua	2000	TuS Neuenrade	13:26,44
	100m: 01:15,75 (01:15,75)	200m: 02:44,34 (01:28,59)		
	300m: 04:21,72 (01:37,38)	400m: 06:06,56 (01:44,84)		
	500m: 07:55,09 (01:48,53)	600m: 09:45,19 (01:50,10)		
	700m: 11:37,15 (01:51,96)	800m: 13:26,44 (01:49,29)		

### Jahrgang 1999

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister			
	San Jose, Lucas	1999	SSG Altena 08/47 e.V	10:35,44
	100m: 01:13,31 (01:13,31)	200m: 02:32,71 (01:19,40)		
	300m: 03:52,75 (01:20,04)	400m: 05:12,90 (01:20,15)		
	500m: 06:34,90 (01:22,00)	600m: 07:56,37 (01:21,47)		
	700m: 09:16,79 (01:20,42)	800m: 10:35,44 (01:18,65)		
2.	Eikermann, Nils	1999	SG Wassersport Iserlohn	11:10,45
	100m: 01:10,42 (01:10,42)	200m: 02:31,42 (01:21,00)		
	300m: 03:56,26 (01:24,84)	400m: 05:22,26 (01:26,00)		
	500m: 06:49,82 (01:27,56)	600m: 08:17,54 (01:27,72)		
	700m: 09:44,45 (01:26,91)	800m: 11:10,45 (01:26,00)		

### Jahrgang 1998

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister			
	Ritzmann, Sami	1998	SV Bieber Lendringsen	09:50,86
	100m: 01:11,14 (01:11,14)	200m: 02:26,53 (01:15,39)		
	300m: 03:40,98 (01:14,45)	400m: 04:55,41 (01:14,43)		
	500m: 06:09,78 (01:14,37)	600m: 07:24,35 (01:14,57)		
	700m: 08:38,83 (01:14,48)	800m: 09:50,86 (01:12,03)		
2.	Schäfer, Hendrik	1998	SV Plettenberg 51	11:22,58
	100m: 01:13,53 (01:13,53)	200m: 02:35,94 (01:22,41)		
	300m: 04:03,48 (01:27,54)	400m: 05:32,06 (01:28,58)		
	500m: 07:01,07 (01:29,01)	600m: 08:29,76 (01:28,69)		
	700m: 09:56,97 (01:27,21)	800m: 11:22,58 (01:25,61)		

## Wettkampf 8 - 800m Freistil männlich

### Ak 20

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Tietze, Lukas	1996/AK20	SV Bieber Lendringsen	09:20,28
	100m: 01:02,20 (01:02,20)	200m: 02:10,41 (01:08,21)		
	300m: 03:20,70 (01:10,29)	400m: 04:33,11 (01:12,41)		
	500m: 05:46,20 (01:13,09)	600m: 07:00,01 (01:13,81)		
	700m: 08:12,33 (01:12,32)	800m: 09:20,28 (01:07,95)		
2.	Renzing, Florian	1993/AK20	SV Albatros Letmathe	09:27,21
	100m: 01:03,31 (01:03,31)	200m: 02:12,03 (01:08,72)		
	300m: 03:21,88 (01:09,85)	400m: 04:32,81 (01:10,93)		
	500m: 05:44,89 (01:12,08)	600m: 06:59,00 (01:14,11)		
	700m: 08:13,57 (01:14,57)	800m: 09:27,21 (01:13,64)		
3.	Schröer, Lukas	1996/AK20	SV Bieber Lendringsen	09:37,98
	100m: 01:04,96 (01:04,96)	200m: 02:17,95 (01:12,99)		
	300m: 03:32,77 (01:14,82)	400m: 04:47,60 (01:14,83)		
	500m: 06:02,32 (01:14,72)	600m: 07:16,09 (01:13,77)		
	700m: 08:29,29 (01:13,20)	800m: 09:37,98 (01:08,69)		
4.	Busenius, Aljoscha	1995/AK20	Wfr. Lüdenscheid	10:31,79
	100m: 01:12,62 (01:12,62)	200m: 02:30,57 (01:17,95)		
	300m: 03:50,15 (01:19,58)	400m: 05:10,65 (01:20,50)		
	500m: 06:31,36 (01:20,71)	600m: 07:52,29 (01:20,93)		
	700m: 09:13,10 (01:20,81)	800m: 10:31,79 (01:18,69)		
5.	Engel, Sven	1996/AK20	Wasserfreunde 79 Balve	12:11,44
	100m: 01:16,20 (01:16,20)	200m: 02:47,78 (01:31,58)		
	300m: 04:22,83 (01:35,05)	400m: 05:57,99 (01:35,16)		
	500m: 07:34,05 (01:36,06)	600m: 09:11,04 (01:36,99)		
	700m: 10:43,93 (01:32,89)	800m: 12:11,44 (01:27,51)		

### Ak 25

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Kemmerling, Steven	1990/AK25	SV Albatros Letmathe	10:12,60
	100m: 01:07,10 (01:07,10)	200m: 02:20,97 (01:13,87)		
	300m: 03:40,21 (01:19,24)	400m: 04:56,22 (01:16,01)		
	500m: 06:16,25 (01:20,03)	600m: 07:35,57 (01:19,32)		
	700m: 08:55,41 (01:19,84)	800m: 10:12,60 (01:17,19)		

### Ak 40

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Dobrinsky, Maik	1972/AK40	SC Gut Nass □ Altena	15:20,27
	100m: 01:30,34 (01:30,34)	200m: 03:20,69 (01:50,35)		
	300m: 05:14,00 (01:53,31)	400m: 07:13,23 (01:59,23)		
	500m: 09:14,83 (02:01,60)	600m: 11:18,32 (02:03,49)		
	700m: 13:20,70 (02:02,38)	800m: 15:20,27 (01:59,57)		

# Wettkampf 8 - 800m Freistil männlich

## Ak 45

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Zahn, Andre	1970/AK45	TuS Neuenrade	12:28,53
	100m: 01:20,36 (01:20,36)	200m: 02:54,65 (01:34,29)		
	300m: 04:32,81 (01:38,16)	400m: 06:08,76 (01:35,95)		
	500m: 07:44,87 (01:36,11)	600m: 09:22,20 (01:37,33)		
	700m: 10:57,86 (01:35,66)	800m: 12:28,53 (01:30,67)		

## Ak 55

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Goebel, Martin	1959/AK55	TuS Neuenrade	13:55,64
	100m: 01:24,39 (01:24,39)	200m: 03:05,48 (01:41,09)		
	300m: 04:50,86 (01:45,38)	400m: 06:38,54 (01:47,68)		
	500m: 08:27,73 (01:49,19)	600m: 10:17,48 (01:49,75)		
	700m: 12:07,57 (01:50,09)	800m: 13:55,64 (01:48,07)		

## Ak 60

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Boelter, Lutz	1953/AK60	TuS Neuenrade	15:12,31
	100m: 01:40,52 (01:40,52)	200m: 03:34,47 (01:53,95)		
	300m: 05:32,52 (01:58,05)	400m: 07:31,24 (01:58,72)		
	500m: 09:28,89 (01:57,65)	600m: 11:24,74 (01:55,85)		
	700m: 13:21,38 (01:56,64)	800m: 15:12,31 (01:50,93)		

Abschnittsende: 20:00 Uhr

Protokollende: 20:15 Uhr

gez. Stefan Plötz

gez. Stefan Plötz

gez. Raimond Schaaf

---

Schiedsrichter weiblich

---

Schiedsrichter männlich

---

Protokollführer



## Kampfgericht Abschnitt 2

<b>Position</b>	<b>Name</b>	<b>Verein</b>
Schiedsrichter weiblich	Plötz, Stefan	BSV
Schiedsrichter männlich	Plötz, Stefan	BSV
Starter weiblich	Schaaf, Katrin	SV Hemer 1921
Starter männlich	Schaaf, Katrin	SV Hemer 1921
Schwimmrichter 1	Sch,	
Schwimmrichter 2	ST,	
Auswerter 1	Dobrinsky, Maik	SC Gut Nass □ Altena
Protokollführer	Schaaf, Raimond	SV Hemer 1921
Computer 1	Raabe, Adrian	SG Wassersport Iserlohn
Computer 2	Meinolf, Michael	SG Wassersport Iserlohn
Zielgericht		
Zielrichterobmann	Röhrs, Theodor	SG Wassersport Iserlohn
Zielrichter 1	Hartmann, Lina	SG Wassersport Iserlohn
Zielrichter 2	Eikermann, Nils	SG Wassersport Iserlohn
Zielrichter 3	Schnelle, Michael (Azubi)	TuS Neuenrade
Zeitgericht 1		
Zeitnehmerobmann	Tripp, Helena	SG Wassersport Iserlohn
Zeitnehmer Bahn 1	Guth, Stefan	TuS Neuenrade
Zeitnehmer Bahn 2	Schalk, Oliver	Wfr. Lüdenscheid
Zeitnehmer Bahn 3	Kounatidis, Stephanie	SV Plettenberg 51
Zeitnehmer Bahn 4	Levermann, Christoph	SV Plettenberg 51
Zeitnehmer Bahn 5	Bikowski, Jörk	SV Albatros Letmathe
Zeitnehmer Bahn 6	Schuler, Lukas	SG Wassersport Iserlohn
Zeitgericht 2		
Zeitnehmerobmann	Paßolat, Nathalie	SG Wassersport Iserlohn
Zeitnehmer Bahn 1	Vollmer, Isabel	SG Wassersport Iserlohn
Zeitnehmer Bahn 2	Ivanowski, Nils	SG Wassersport Iserlohn
Zeitnehmer Bahn 3	Barth, Andreas	Mendener SV
Zeitnehmer Bahn 4	Passolat, Lisanne	SG Wassersport Iserlohn
Zeitnehmer Bahn 5	Weingarten, Georg	SV Bieber Lendringsen
Wendegericht		
Wenderichterobmann	Cakir, Samet Ramazan	SG Wassersport Iserlohn
Wenderichter Bahn 1	Brester, Maik	SG Wassersport Iserlohn

## Abschnitt 2

Wettkampf 9	400m Freistil weiblich
Wettkampf 10	400m Freistil weiblich
Wettkampf 11	400m Freistil männlich
Wettkampf 12	400m Freistil männlich
Wettkampf 13	1500m Freistil weiblich
Wettkampf 14	1500m Freistil weiblich
Wettkampf 15	1500m Freistil männlich
Wettkampf 16	1500m Freistil männlich

### Wettkampf 9 - 400m Freistil weiblich

#### Jahrgang 2006

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Piekert, Kimberly	2006	SV Albatros Letmathe	06:49,67
	100m: 01:33,54 (01:33,54)	200m: 03:19,57 (01:46,03)		
	300m: 05:07,23 (01:47,66)	400m: 06:49,67 (01:42,44)		
2.	Kounatidis, Alexia	2006	SV Plettenberg 51	07:31,83
	100m: 01:45,51 (01:45,51)	200m: 03:40,42 (01:54,91)		
	300m: 05:37,54 (01:57,12)	400m: 07:31,83 (01:54,29)		
3.	Weiland, Greta	2006	SG Wassersport Iserlohn	09:04,39
	100m: 02:05,80 (02:05,80)	200m: 04:24,48 (02:18,68)		
	300m: 06:47,20 (02:22,72)	400m: 09:04,39 (02:17,19)		
4.	Ibach, Lielle	2006	SV Hemer 1921	11:34,38
	100m: 02:33,16 (02:33,16)	200m: 05:30,47 (02:57,31)		
	300m: 08:45,80 (03:15,33)	400m: 11:34,38 (02:48,58)		

#### Jahrgang 2005

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Dirksmeier, Coleen Andree	2005	Mendener SV	06:21,15
	100m: 01:29,34 (01:29,34)	200m: 03:08,53 (01:39,19)		
	300m: 04:48,01 (01:39,48)	400m: 06:21,15 (01:33,14)		
2.	Tatidou, Lambrini	2005	Wfr. Lüdenscheid	07:01,44
	100m: 01:34,70 (01:34,70)	200m: 03:24,97 (01:50,27)		
	300m: 05:16,70 (01:51,73)	400m: 07:01,44 (01:44,74)		
3.	Pijasecki, Malina	2005	SV Albatros Letmathe	07:02,84
	100m: 01:31,22 (01:31,22)	200m: 03:19,06 (01:47,84)		
	300m: 05:09,87 (01:50,81)	400m: 07:02,84 (01:52,97)		
4.	Kaqija, Kim Melina	2005	SG Wassersport Iserlohn	07:15,86
	100m: 01:38,23 (01:38,23)	200m: 03:29,57 (01:51,34)		
	300m: 05:22,39 (01:52,82)	400m: 07:15,86 (01:53,47)		
5.	Merker, Sofia	2005	Wfr. Lüdenscheid	07:28,50
	100m: 01:42,56 (01:42,56)	200m: 03:42,55 (01:59,99)		
	300m: 05:40,96 (01:58,41)	400m: 07:28,50 (01:47,54)		

#### nicht am Start

Kuhn, Juliane	2005	SV Hemer 1921
Schnelle, Jolina Isabel	2005	TuS Neuenrade

## Wettkampf 9 - 400m Freistil weiblich Jahrgang 2004

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Wiethmann, Paula	2004	Mendener SV	06:30,56
			100m: 01:28,33 (01:28,33) 200m: 03:09,12 (01:40,79)	
			300m: 04:53,03 (01:43,91) 400m: 06:30,56 (01:37,53)	
2.	von der Brake, Luna	2004	SV Albatros Letmathe	06:32,70
			100m: 01:27,10 (01:27,10) 200m: 03:07,85 (01:40,75)	
			300m: 04:53,32 (01:45,47) 400m: 06:32,70 (01:39,38)	
3.	Friedrich, Anuschka	2004	SV Bieber Lendringsen	06:46,62
			100m: 01:33,72 (01:33,72) 200m: 03:17,62 (01:43,90)	
			300m: 05:04,09 (01:46,47) 400m: 06:46,62 (01:42,53)	
4.	Scheffler, Madita	2004	TuS Neuenrade	07:50,13
			100m: 01:49,16 (01:49,16) 200m: 03:52,63 (02:03,47)	
			300m: 05:53,82 (02:01,19) 400m: 07:50,13 (01:56,31)	
5.	Holzcamp, Zoe Larissa	2004	TuS Neuenrade	08:16,32
			100m: 01:47,29 (01:47,29) 200m: 04:02,56 (02:15,27)	
			300m: 06:11,27 (02:08,71) 400m: 08:16,32 (02:05,05)	

## Jahrgang 2003

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Kounatidis, Nikoletta	2003	SV Plettenberg 51	05:11,25
			100m: 01:13,41 (01:13,41) 200m: 02:32,88 (01:19,47)	
			300m: 03:52,63 (01:19,75) 400m: 05:11,25 (01:18,62)	
2.	Levermann, Eve	2003	SV Plettenberg 51	05:24,66
			100m: 01:14,11 (01:14,11) 200m: 02:37,14 (01:23,03)	
			300m: 04:01,51 (01:24,37) 400m: 05:24,66 (01:23,15)	
3.	Dirksmeier, Ellen	2003	Mendener SV	05:47,74
			100m: 01:19,60 (01:19,60) 200m: 02:50,89 (01:31,29)	
			300m: 04:22,48 (01:31,59) 400m: 05:47,74 (01:25,26)	
4.	Eiler, Marie	2003	SV Hemer 1921	06:15,12
			100m: 01:23,03 (01:23,03) 200m: 02:58,28 (01:35,25)	
			300m: 04:37,97 (01:39,69) 400m: 06:15,12 (01:37,15)	
5.	Hollmann, Jasmin	2003	SV Bieber Lendringsen	06:18,04
			100m: 01:27,63 (01:27,63) 200m: 03:08,54 (01:40,91)	
			300m: 04:47,82 (01:39,28) 400m: 06:18,04 (01:30,22)	
6.	Gerken, Jasmin	2003	SV Bieber Lendringsen	06:55,08
			100m: 01:28,28 (01:28,28) 200m: 03:14,63 (01:46,35)	
			300m: 05:03,93 (01:49,30) 400m: 06:55,08 (01:51,15)	
7.	Christiani, Sarah	2003	TuS Neuenrade	07:13,55
			100m: 01:35,93 (01:35,93) 200m: 03:29,57 (01:53,64)	
			300m: 05:24,23 (01:54,66) 400m: 07:13,55 (01:49,32)	
8.	Witzel, Maili	2003	SC Gut Nass □ Altena	08:12,06
			100m: 01:55,40 (01:55,40) 200m: 04:06,02 (02:10,62)	
			300m: 06:14,75 (02:08,73) 400m: 08:12,06 (01:57,31)	

## Wettkampf 9 - 400m Freistil weiblich Jahrgang 2002

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Hörner, Lea Sophie	2002	Wfr. Lüdenscheid	05:22,36
			100m: 01:14,36 (01:14,36) 200m: 02:36,40 (01:22,04)	
			300m: 04:00,63 (01:24,23) 400m: 05:22,36 (01:21,73)	
2.	Scheffler, Katalin	2002	TuS Neuenrade	06:30,37
			100m: 01:28,15 (01:28,15) 200m: 03:09,63 (01:41,48)	
			300m: 04:53,03 (01:43,40) 400m: 06:30,37 (01:37,34)	
3.	Lauke, Alexa	2002	TuS Neuenrade	06:40,56
			100m: 01:28,78 (01:28,78) 200m: 03:11,41 (01:42,63)	
			300m: 04:58,34 (01:46,93) 400m: 06:40,56 (01:42,22)	
4.	Hammecke, Swantje	2002	Wasserfreunde 79 Balve	06:48,94
			100m: 01:30,30 (01:30,30) 200m: 03:17,37 (01:47,07)	
			300m: 05:07,41 (01:50,04) 400m: 06:48,94 (01:41,53)	
5.	Schnelle, Leonie	2002	TuS Neuenrade	06:52,33
			100m: 01:31,77 (01:31,77) 200m: 03:16,58 (01:44,81)	
			300m: 05:05,61 (01:49,03) 400m: 06:52,33 (01:46,72)	

### nicht am Start

Haarhaus, Anna-Lena	2002	SC Gut Nass	Altena
Afify, Dina	2002	SG Wassersport	Iserlohn

## Jahrgang 2001

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Ugurlu, Damla	2001	SV08 Werdohl	05:40,60
			100m: 01:13,48 (01:13,48) 200m: 02:38,13 (01:24,65)	
			300m: 04:08,51 (01:30,38) 400m: 05:40,60 (01:32,09)	
2.	Ritzmann, Senja	2001	SV Bieber Lendringsen	05:43,86
			100m: 01:15,64 (01:15,64) 200m: 02:43,69 (01:28,05)	
			300m: 04:14,95 (01:31,26) 400m: 05:43,86 (01:28,91)	
3.	Bandlofsky, Yvonne	2001	SG Wassersport Iserlohn	06:38,89
			100m: 01:27,64 (01:27,64) 200m: 03:08,54 (01:40,90)	
			300m: 04:54,45 (01:45,91) 400m: 06:38,89 (01:44,44)	
4.	Passolat, Lisanne	2001	SG Wassersport Iserlohn	07:25,29
			100m: 01:33,64 (01:33,64) 200m: 03:27,89 (01:54,25)	
			300m: 05:27,82 (01:59,93) 400m: 07:25,29 (01:57,47)	

### aufgegeben

Becker, Josefine Sara	2001	SV Bieber Lendringsen
-----------------------	------	-----------------------

## Jahrgang 2000

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Wältermann, Mandy	2000	SV Bieber Lendringsen	05:11,12
			100m: 01:11,91 (01:11,91) 200m: 02:32,47 (01:20,56)	
			300m: 03:52,34 (01:19,87) 400m: 05:11,12 (01:18,78)	

## Wettkampf 9 - 400m Freistil weiblich Jahrgang 2000

Platz	Schwimmerin	Jg.	Verein	Endzeit
2.	Möglich, Jeanine	2000	SV08 Werdohl	05:13,45
	100m: 01:08,08 (01:08,08) 200m: 02:27,92 (01:19,84)			
	300m: 03:50,97 (01:23,05) 400m: 05:13,45 (01:22,48)			
3.	Schwermann, Johanna	2000	Mendener SV	05:36,89
	100m: 01:18,82 (01:18,82) 200m: 02:45,73 (01:26,91)			
	300m: 04:12,67 (01:26,94) 400m: 05:36,89 (01:24,22)			
4.	Vollmer, Isabel	2000	SG Wassersport Iserlohn	05:40,18
	100m: 01:16,84 (01:16,84) 200m: 02:43,20 (01:26,36)			
	300m: 04:12,44 (01:29,24) 400m: 05:40,18 (01:27,74)			
5.	Wiethmann, Hannah	2000	Mendener SV	05:51,69
	100m: 01:18,44 (01:18,44) 200m: 02:48,91 (01:30,47)			
	300m: 04:21,82 (01:32,91) 400m: 05:51,69 (01:29,87)			
6.	Palczewski, Vanessa	2000	SV Bieber Lendringsen	07:40,71
	100m: 01:29,21 (01:29,21) 200m: 03:25,06 (01:55,85)			
	300m: 05:30,94 (02:05,88) 400m: 07:40,71 (02:09,77)			

## Jahrgang 1999

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Bettermann, Alicia	1999	SV08 Werdohl	05:14,20
	100m: 01:10,11 (01:10,11) 200m: 02:29,64 (01:19,53)			
	300m: 03:52,23 (01:22,59) 400m: 05:14,20 (01:21,97)			
2.	Schneider, Marie	1999	Wasserfreunde 79 Balve	06:29,23
	100m: 01:28,36 (01:28,36) 200m: 03:10,86 (01:42,50)			
	300m: 04:55,26 (01:44,40) 400m: 06:29,23 (01:33,97)			
3.	Brockmeyer, Rebekka	1999	SV Bieber Lendringsen	06:35,54
	100m: 01:28,04 (01:28,04) 200m: 03:11,29 (01:43,25)			
	300m: 04:54,92 (01:43,63) 400m: 06:35,54 (01:40,62)			

## Jahrgang 1998

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Stagni, Luisa	1998	SV Plettenberg 51	04:49,05
	100m: 01:05,84 (01:05,84) 200m: 02:19,83 (01:13,99)			
	300m: 03:35,09 (01:15,26) 400m: 04:49,05 (01:13,96)			
2.	Grünschläger, Jasmin	1998	SV Bieber Lendringsen	05:47,74
	100m: 01:21,31 (01:21,31) 200m: 02:50,62 (01:29,31)			
	300m: 04:20,45 (01:29,83) 400m: 05:47,74 (01:27,29)			

## Jahrgang 1997

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Harnischmacher, Katrin	1997	SV Bieber Lendringsen	04:43,20
	100m: 01:04,24 (01:04,24) 200m: 02:15,63 (01:11,39)			
	300m: 03:29,12 (01:13,49) 400m: 04:43,20 (01:14,08)			

Wettkampf 9 - 400m Freistil weiblich  
Jahrgang 1997

Platz	Schwimmerin	Jg.	Verein	Endzeit
2.	Herzberg, Linda	1997	SV Bieber Lendringsen	07:00,76
	100m: 01:27,76 (01:27,76) 200m: 03:15,07 (01:47,31)			
	300m: 05:08,20 (01:53,13) 400m: 07:00,76 (01:52,56)			

Wettkampf 10 - 400m Freistil weiblich  
Ak 20

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Weingarten, Petra	1995/AK20	SV Bieber Lendringsen	05:22,53
	100m: 01:13,72 (01:13,72) 200m: 02:36,53 (01:22,81)			
	300m: 03:58,72 (01:22,19) 400m: 05:22,53 (01:23,81)			
2.	Chmielewski, Dominika	1992/AK20	SV Hemer 1921	05:41,76
	100m: 01:19,39 (01:19,39) 200m: 02:48,48 (01:29,09)			
	300m: 04:17,10 (01:28,62) 400m: 05:41,76 (01:24,66)			

nicht am Start

Goebel, Marie-Kristin 1995/AK20 TuS Neuenrade

Wettkampf 11 - 400m Freistil männlich  
Jahrgang 2006

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Eiler, Luis	2006	SV Hemer 1921	08:47,80
	100m: 01:58,76 (01:58,76) 200m: 04:14,76 (02:16,00)			
	300m: 06:32,82 (02:18,06) 400m: 08:47,80 (02:14,98)			

Jahrgang 2005

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Franke, Lukas	2005	SV Plettenberg 51	06:35,02
	100m: 01:27,41 (01:27,41) 200m: 03:07,18 (01:39,77)			
	300m: 04:52,79 (01:45,61) 400m: 06:35,02 (01:42,23)			
2.	Afify, Wael	2005	SG Wassersport Iserlohn	07:01,70
	100m: 01:34,86 (01:34,86) 200m: 03:24,54 (01:49,68)			
	300m: 05:13,76 (01:49,22) 400m: 07:01,70 (01:47,94)			
3.	Knoche, Jan	2005	SV08 Werdohl	07:23,79
	100m: 01:41,22 (01:41,22) 200m: 03:37,92 (01:56,70)			
	300m: 05:37,08 (01:59,16) 400m: 07:23,79 (01:46,71)			
4.	Blöink, Leon	2005	SV08 Werdohl	07:24,89
	100m: 01:41,13 (01:41,13) 200m: 03:38,23 (01:57,10)			
	300m: 05:35,80 (01:57,57) 400m: 07:24,89 (01:49,09)			

## Wettkampf 11 - 400m Freistil männlich

### Jahrgang 2005

Platz	Schwimmer	Jg.	Verein	Endzeit
5.	Verse, Jelle	2005	TuS Neuenrade	07:35,37
	100m: 01:47,28 (01:47,28)	200m: 03:45,16 (01:57,88)		
	300m: 05:45,09 (01:59,93)	400m: 07:35,37 (01:50,28)		
6.	Kotyk, Simon	2005	TuS Neuenrade	08:05,23
	100m: 01:40,25 (01:40,25)	200m: 03:44,76 (02:04,51)		
	300m: 05:57,40 (02:12,64)	400m: 08:05,23 (02:07,83)		
7.	Heide, Jendrik	2005	TuS Neuenrade	08:43,55
	100m: 01:58,88 (01:58,88)	200m: 04:14,61 (02:15,73)		
	300m: 06:38,30 (02:23,69)	400m: 08:43,55 (02:05,25)		

### Jahrgang 2004

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Psarras, Pavlos	2004	Mendener SV	06:31,51
	100m: 01:28,92 (01:28,92)	200m: 03:09,70 (01:40,78)		
	300m: 04:53,54 (01:43,84)	400m: 06:31,51 (01:37,97)		
2.	Rinscheidt, Jonas	2004	Mendener SV	06:48,44
	100m: 01:33,23 (01:33,23)	200m: 03:18,31 (01:45,08)		
	300m: 05:04,41 (01:46,10)	400m: 06:48,44 (01:44,03)		
3.	Ibach, Benjamin	2004	SV Hemer 1921	08:06,64
	100m: 01:48,42 (01:48,42)	200m: 03:56,53 (02:08,11)		
	300m: 06:03,81 (02:07,28)	400m: 08:06,64 (02:02,83)		
4.	Pavlov, Georgi	2004	Wfr. Lüdenscheid	08:42,60
	100m: 01:54,32 (01:54,32)	200m: 04:06,42 (02:12,10)		
	300m: 06:13,95 (02:07,53)	400m: 08:42,60 (02:28,65)		

### Jahrgang 2003

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Schaaf, Raphael	2003	SV Hemer 1921	06:32,80
	100m: 01:28,95 (01:28,95)	200m: 03:12,00 (01:43,05)		
	300m: 04:56,76 (01:44,76)	400m: 06:32,80 (01:36,04)		
2.	Cakir, Sinan	2003	SG Wassersport Iserlohn	06:50,63
	100m: 01:29,47 (01:29,47)	200m: 03:17,82 (01:48,35)		
	300m: 05:07,47 (01:49,65)	400m: 06:50,63 (01:43,16)		
3.	Wiemann, Julius	2003	SV Bieber Lendringsen	07:02,41
	100m: 01:34,19 (01:34,19)	200m: 03:23,57 (01:49,38)		
	300m: 05:16,29 (01:52,72)	400m: 07:02,41 (01:46,12)		

### Jahrgang 2002

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Kinkel, Bjarne	2002	TuS Neuenrade	06:15,84
	100m: 01:24,18 (01:24,18)	200m: 03:02,51 (01:38,33)		
	300m: 04:42,34 (01:39,83)	400m: 06:15,84 (01:33,50)		

## Wettkampf 11 - 400m Freistil männlich

### Jahrgang 2002

Platz	Schwimmer	Jg.	Verein	Endzeit
2.	Temme, Florian	2002	SV Hemer 1921	06:34,87
	100m: 01:29,69 (01:29,69) 200m: 03:14,41 (01:44,72)			
	300m: 04:58,50 (01:44,09) 400m: 06:34,87 (01:36,37)			
3.	Ibach, Johannes	2002	SV Hemer 1921	06:35,09
	100m: 01:28,89 (01:28,89) 200m: 03:11,37 (01:42,48)			
	300m: 04:54,38 (01:43,01) 400m: 06:35,09 (01:40,71)			
<u>nicht am Start</u>				
	Kamerchel, Daniel	2002	SV Hemer 1921	

### Jahrgang 2001

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Stagni, Lino	2001	SV Plettenberg 51	04:32,71
	100m: 01:01,46 (01:01,46) 200m: 02:11,09 (01:09,63)			
	300m: 03:22,59 (01:11,50) 400m: 04:32,71 (01:10,12)			
2.	Hollmann, Bastian	2001	SV Bieber Lendringsen	04:56,86
	100m: 01:09,00 (01:09,00) 200m: 02:24,89 (01:15,89)			
	300m: 03:42,10 (01:17,21) 400m: 04:56,86 (01:14,76)			
3.	Linnenbürger, Lukas	2001	SV Bieber Lendringsen	05:04,97
	100m: 01:12,25 (01:12,25) 200m: 02:31,72 (01:19,47)			
	300m: 03:50,97 (01:19,25) 400m: 05:04,97 (01:14,00)			
4.	Schimm, Maximilian	2001	SV Bieber Lendringsen	05:26,26
	100m: 01:12,76 (01:12,76) 200m: 02:36,67 (01:23,91)			
	300m: 04:01,29 (01:24,62) 400m: 05:26,26 (01:24,97)			
5.	Groß, Michael	2001	SC Gut Nass □ Altena	06:31,39
	100m: 01:28,20 (01:28,20) 200m: 03:06,39 (01:38,19)			
	300m: 04:50,57 (01:44,18) 400m: 06:31,39 (01:40,82)			
6.	Schaaf, Robert	2001	SV Hemer 1921	06:35,53
	100m: 01:28,40 (01:28,40) 200m: 03:11,78 (01:43,38)			
	300m: 04:56,06 (01:44,28) 400m: 06:35,53 (01:39,47)			
7.	Stübke, Nico	2001	SV Bieber Lendringsen	06:47,45
	100m: 01:24,13 (01:24,13) 200m: 03:08,36 (01:44,23)			
	300m: 04:57,03 (01:48,67) 400m: 06:47,45 (01:50,42)			
<u>nicht am Start</u>				
	Lock, Alexander	2001	SV Albatros Letmathe	

### Jahrgang 2000

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Fritze, Phillipp	2000	SG Wassersport Iserlohn	05:05,17
	100m: 01:09,74 (01:09,74) 200m: 02:27,62 (01:17,88)			
	300m: 03:48,07 (01:20,45) 400m: 05:05,17 (01:17,10)			
2.	Thomas, Leonard	2000	SV Plettenberg 51	05:32,29
	100m: 01:11,45 (01:11,45) 200m: 02:34,07 (01:22,62)			
	300m: 04:02,10 (01:28,03) 400m: 05:32,29 (01:30,19)			



## Wettkampf 11 - 400m Freistil männlich

### Jahrgang 2000

Platz	Schwimmer	Jg.	Verein	Endzeit
3.	Proske, Marcel	2000	SV Albatros Letmathe	05:45,97
	100m: 01:16,16 (01:16,16) 200m: 02:43,44 (01:27,28)			
	300m: 04:15,88 (01:32,44) 400m: 05:45,97 (01:30,09)			
4.	Cakir, Samet Ramazan	2000	SG Wassersport Iserlohn	06:10,89
	100m: 01:22,13 (01:22,13) 200m: 02:57,57 (01:35,44)			
	300m: 04:36,42 (01:38,85) 400m: 06:10,89 (01:34,47)			
5.	Cramer, Joschua	2000	TuS Neuenrade	06:20,67
	100m: 01:15,61 (01:15,61) 200m: 02:49,33 (01:33,72)			
	300m: 04:34,00 (01:44,67) 400m: 06:20,67 (01:46,67)			
6.	Becker, Marvin	2000	SG Wassersport Iserlohn	06:54,80
	100m: 01:26,13 (01:26,13) 200m: 03:14,04 (01:47,91)			
	300m: 05:03,70 (01:49,66) 400m: 06:54,80 (01:51,10)			

### Jahrgang 1998

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Ritzmann, Sami	1998	SV Bieber Lendringsen	04:45,90
	100m: 01:06,03 (01:06,03) 200m: 02:17,44 (01:11,41)			
	300m: 03:31,25 (01:13,81) 400m: 04:45,90 (01:14,65)			
2.	Rudnik, Marvin	1998	SV Bieber Lendringsen	05:04,57
	100m: 01:10,22 (01:10,22) 200m: 02:26,65 (01:16,43)			
	300m: 03:45,53 (01:18,88) 400m: 05:04,57 (01:19,04)			
3.	Schäfer, Hendrik	1998	SV Plettenberg 51	05:21,80
	100m: 01:09,51 (01:09,51) 200m: 02:32,13 (01:22,62)			
	300m: 03:56,73 (01:24,60) 400m: 05:21,80 (01:25,07)			

### Jahrgang 1997

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Möglich, Dominik	1997	SV08 Werdohl	04:54,54
	100m: 01:05,94 (01:05,94) 200m: 02:20,93 (01:14,99)			
	300m: 03:37,90 (01:16,97) 400m: 04:54,54 (01:16,64)			

nicht am Start

Jansen, Hendrik 1997 SG Wassersport Iserlohn

## Wettkampf 12 - 400m Freistil männlich

### Ak 20

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Schröer, Lukas	1996/AK20	SV Bieber Lendringsen	04:36,48
	100m: 00:59,54 (00:59,54) 200m: 02:10,95 (01:11,41)			
	300m: 03:24,02 (01:13,07) 400m: 04:36,48 (01:12,46)			

## Wettkampf 12 - 400m Freistil männlich

### Ak 20

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
2.	Renzing, Florian	1993/AK20	SV Albatros Letmathe	04:40,80
	100m: 00:59,37 (00:59,37) 200m: 02:06,18 (01:06,81)			
	300m: 03:16,43 (01:10,25) 400m: 04:40,80 (01:24,37)			

#### nicht am Start

Tietze, Lukas 1996/AK20 SV Bieber Lendringsen

### Ak 25

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Kemmerling, Steven	1990/AK25	SV Albatros Letmathe	04:47,42
	100m: 01:02,23 (01:02,23) 200m: 02:15,80 (01:13,57)			
	300m: 03:31,29 (01:15,49) 400m: 04:47,42 (01:16,13)			
2.	Cordes, Marcel	1991/AK25	TuS Neuenrade	05:22,60
	100m: 01:10,66 (01:10,66) 200m: 02:32,75 (01:22,09)			
	300m: 03:59,32 (01:26,57) 400m: 05:22,60 (01:23,28)			

### Ak 40

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Becker, Tilo	1976/AK40	SG Wassersport Iserlohn	06:14,31
	100m: 01:24,62 (01:24,62) 200m: 02:56,26 (01:31,64)			
	300m: 04:36,27 (01:40,01) 400m: 06:14,31 (01:38,04)			
2.	Schmerbeck, Rene	1975/AK40	SG Wassersport Iserlohn	06:23,10
	100m: 01:23,38 (01:23,38) 200m: 03:01,00 (01:37,62)			
	300m: 04:43,45 (01:42,45) 400m: 06:23,10 (01:39,65)			

### Ak 45

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Zahn, Andre	1970/AK45	TuS Neuenrade	05:38,60
	100m: 01:17,02 (01:17,02) 200m: 02:43,00 (01:25,98)			
	300m: 04:13,86 (01:30,86) 400m: 05:38,60 (01:24,74)			
2.	Grote, Stefan	1967/AK45	SG Wassersport Iserlohn	06:15,18
	100m: 01:26,23 (01:26,23) 200m: 03:03,43 (01:37,20)			
	300m: 04:40,63 (01:37,20) 400m: 06:15,18 (01:34,55)			

### Ak 50

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Schäfer, Karsten	1966/AK50	SV Plettenberg 51	06:42,86
	100m: 01:25,10 (01:25,10) 200m: 03:03,20 (01:38,10)			
	300m: 04:51,23 (01:48,03) 400m: 06:42,86 (01:51,63)			
2.	Hübenthal, Götz	1964/AK50	SC Gut Nass □ Altena	07:00,41
	100m: 01:33,50 (01:33,50) 200m: 03:22,10 (01:48,60)			
	300m: 05:11,31 (01:49,21) 400m: 07:00,41 (01:49,10)			

## Wettkampf 12 - 400m Freistil männlich

### Ak 50

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
3.	Eikermann, Jochen	1966/AK50	SG Wassersport Iserlohn	09:12,36
	100m: 02:01,74 (02:01,74) 200m: 04:24,39 (02:22,65)			
	300m: 06:47,74 (02:23,35) 400m: 09:12,36 (02:24,62)			

### Ak 55

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Goebel, Martin	1959/AK55	TuS Neuenrade	06:23,04
	100m: 01:24,86 (01:24,86) 200m: 03:03,26 (01:38,40)			
	300m: 04:44,32 (01:41,06) 400m: 06:23,04 (01:38,72)			

### Ak 60

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Boelter, Lutz	1953/AK60	TuS Neuenrade	07:21,51
	100m: 01:36,53 (01:36,53) 200m: 03:32,40 (01:55,87)			
	300m: 05:28,95 (01:56,55) 400m: 07:21,51 (01:52,56)			

## Wettkampf 13 - 1500m Freistil weiblich

### Jahrgang 2003

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Kounatidis, Nikoletta	2003	SV Plettenberg 51	21:10,16
	100m: 01:17,07 (01:17,07) 200m: 02:40,82 (01:23,75)			
	300m: 04:05,45 (01:24,63) 400m: 05:30,29 (01:24,84)			
	500m: 06:55,45 (01:25,16) 600m: 08:20,16 (01:24,71)			
	700m: 09:45,07 (01:24,91) 800m: 11:08,67 (01:23,60)			
	900m: 12:35,13 (01:26,46) 1000m: 14:01,51 (01:26,38)			
	1100m: 15:28,16 (01:26,65) 1200m: 16:55,36 (01:27,20)			
	1300m: 18:22,57 (01:27,21) 1400m: 19:49,02 (01:26,45)			
	1500m: 21:10,16 (01:21,14)			
2.	Levermann, Eve	2003	SV Plettenberg 51	22:05,73
	100m: 01:18,02 (01:18,02) 200m: 02:46,42 (01:28,40)			
	300m: 04:14,39 (01:27,97) 400m: 05:44,57 (01:30,18)			
	500m: 07:13,64 (01:29,07) 600m: 08:43,48 (01:29,84)			
	700m: 10:12,89 (01:29,41) 800m: 11:42,02 (01:29,13)			
	900m: 13:12,04 (01:30,02) 1000m: 14:42,23 (01:30,19)			
	1100m: 16:12,54 (01:30,31) 1200m: 17:42,72 (01:30,18)			
	1300m: 19:13,57 (01:30,85) 1400m: 20:42,76 (01:29,19)			
	1500m: 22:05,73 (01:22,97)			

## Wettkampf 13 - 1500m Freistil weiblich

### Jahrgang 2003

Platz	Schwimmerin	Jg.	Verein	Endzeit
3.	Eiler, Marie	2003	SV Hemer 1921	25:03,95
	100m: 01:25,49 (01:25,49)	200m: 03:04,04 (01:38,55)		
	300m: 04:46,24 (01:42,20)	400m: 06:29,54 (01:43,30)		
	500m: 08:13,44 (01:43,90)	600m: 09:56,56 (01:43,12)		
	700m: 11:37,80 (01:41,24)	800m: 13:20,64 (01:42,84)		
	900m: 15:04,28 (01:43,64)	1000m: 16:45,36 (01:41,08)		
	1100m: 18:27,54 (01:42,18)	1200m: 20:09,25 (01:41,71)		
	1300m: 21:51,37 (01:42,12)	1400m: 23:29,44 (01:38,07)		
	1500m: 25:03,95 (01:34,51)			

### Jahrgang 2002

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister			
	Hörner, Lea Sophie	2002	Wfr. Lüdenscheid	22:04,39
	100m: 01:17,96 (01:17,96)	200m: 02:45,33 (01:27,37)		
	300m: 04:14,23 (01:28,90)	400m: 05:43,04 (01:28,81)		
	500m: 07:11,34 (01:28,30)	600m: 08:41,66 (01:30,32)		
	700m: 10:11,20 (01:29,54)	800m: 11:41,09 (01:29,89)		
	900m: 13:11,71 (01:30,62)	1000m: 14:41,75 (01:30,04)		
	1100m: 16:12,16 (01:30,41)	1200m: 17:42,51 (01:30,35)		
	1300m: 19:12,69 (01:30,18)	1400m: 20:42,48 (01:29,79)		
	1500m: 22:04,39 (01:21,91)			
2.	Schnelle, Leonie	2002	TuS Neuenrade	27:45,44
	100m: 01:37,66 (01:37,66)	200m: 03:27,44 (01:49,78)		
	300m: 05:20,88 (01:53,44)	400m: 07:14,50 (01:53,62)		
	500m: 09:09,19 (01:54,69)	600m: 11:01,59 (01:52,40)		
	700m: 12:55,50 (01:53,91)	800m: 14:50,81 (01:55,31)		
	900m: 16:42,39 (01:51,58)	1000m: 18:34,25 (01:51,86)		
	1100m: 20:24,13 (01:49,88)	1200m: 22:17,50 (01:53,37)		
	1300m: 24:08,53 (01:51,03)	1400m: 26:00,84 (01:52,31)		
	1500m: 27:45,44 (01:44,60)			

### Jahrgang 2001

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister			
	Bandlofsky, Yvonne	2001	SG Wassersport Iserlohn	27:38,26
	100m: 01:34,32 (01:34,32)	200m: 03:21,23 (01:46,91)		
	300m: 05:09,10 (01:47,87)	400m: 07:00,82 (01:51,72)		
	500m: 08:52,07 (01:51,25)	600m: 10:45,13 (01:53,06)		
	700m: 12:38,51 (01:53,38)	800m: 14:32,36 (01:53,85)		
	900m: 16:26,42 (01:54,06)	1000m: 18:16,07 (01:49,65)		
	1100m: 20:12,45 (01:56,38)	1200m: 22:10,39 (01:57,94)		
	1300m: 24:06,29 (01:55,90)	1400m: 25:59,23 (01:52,94)		
	1500m: 27:38,26 (01:39,03)			

# Wettkampf 13 - 1500m Freistil weiblich

## Jahrgang 2000

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Schalk, Yvonne	2000	Wfr. Lüdenscheid	25:31,64
	100m: 01:28,00 (01:28,00)	200m: 03:08,51 (01:40,51)		
	300m: 04:50,31 (01:41,80)	400m: 06:32,82 (01:42,51)		
	500m: 08:17,60 (01:44,78)	600m: 10:01,86 (01:44,26)		
	700m: 11:45,57 (01:43,71)	800m: 13:29,45 (01:43,88)		
	900m: 15:12,00 (01:42,55)	1000m: 16:56,20 (01:44,20)		
	1100m: 18:40,02 (01:43,82)	1200m: 20:25,26 (01:45,24)		
	1300m: 22:10,07 (01:44,81)	1400m: 23:54,92 (01:44,85)		
	1500m: 25:31,64 (01:36,72)			

nicht am Start

Möglich, Jeanine

2000 SV08 Werdohl

## Jahrgang 1999

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Romberg, Wencke	1999	Mendener SV	21:58,85
	100m: 01:15,69 (01:15,69)	200m: 02:40,75 (01:25,06)		
	300m: 04:08,38 (01:27,63)	400m: 05:37,85 (01:29,47)		
	500m: 07:06,47 (01:28,62)	600m: 08:35,22 (01:28,75)		
	700m: 10:03,82 (01:28,60)	800m: 11:32,85 (01:29,03)		
	900m: 13:02,50 (01:29,65)	1000m: 14:33,32 (01:30,82)		
	1100m: 16:03,63 (01:30,31)	1200m: 17:33,35 (01:29,72)		
	1300m: 19:03,97 (01:30,62)	1400m: 20:33,57 (01:29,60)		
	1500m: 21:58,85 (01:25,28)			
2.	Hartmann, Lina	1999	SG Wassersport Iserlohn	22:01,54
	100m: 01:15,45 (01:15,45)	200m: 02:42,51 (01:27,06)		
	300m: 04:10,02 (01:27,51)	400m: 05:39,20 (01:29,18)		
	500m: 07:09,36 (01:30,16)	600m: 08:38,51 (01:29,15)		
	700m: 10:07,57 (01:29,06)	800m: 11:38,54 (01:30,97)		
	900m: 13:09,95 (01:31,41)	1000m: 14:38,95 (01:29,00)		
	1100m: 16:08,23 (01:29,28)	1200m: 17:37,89 (01:29,66)		
	1300m: 19:09,10 (01:31,21)	1400m: 20:38,64 (01:29,54)		
	1500m: 22:01,54 (01:22,90)			

## Wettkampf 13 - 1500m Freistil weiblich

### Jahrgang 1998

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Stagni, Luisa	1998	SV Plettenberg 51	19:51,70
	100m: 01:14,23 (01:14,23)	200m: 02:33,86 (01:19,63)		
	300m: 03:53,02 (01:19,16)	400m: 05:13,48 (01:20,46)		
	500m: 06:34,39 (01:20,91)	600m: 07:54,70 (01:20,31)		
	700m: 09:14,45 (01:19,75)	800m: 10:35,00 (01:20,55)		
	900m: 11:55,02 (01:20,02)	1000m: 13:15,73 (01:20,71)		
	1100m: 14:36,54 (01:20,81)	1200m: 15:56,95 (01:20,41)		
	1300m: 17:14,45 (01:17,50)	1400m: 18:34,23 (01:19,78)		
	1500m: 19:51,70 (01:17,47)			

### Jahrgang 1997

Platz	Schwimmerin	Jg.	Verein	Endzeit
1.	und Kreismeister Harnischmacher, Katrin	1997	SV Bieber Lendringsen	18:52,44
	100m: 01:08,15 (01:08,15)	200m: 02:22,08 (01:13,93)		
	300m: 03:36,71 (01:14,63)	400m: 04:53,35 (01:16,64)		
	500m: 06:10,01 (01:16,66)	600m: 07:26,90 (01:16,89)		
	700m: 08:43,12 (01:16,22)	800m: 09:59,77 (01:16,65)		
	900m: 11:16,09 (01:16,32)	1000m: 12:32,68 (01:16,59)		
	1100m: 13:48,49 (01:15,81)	1200m: 15:05,04 (01:16,55)		
	1300m: 16:21,12 (01:16,08)	1400m: 17:38,03 (01:16,91)		
	1500m: 18:52,44 (01:14,41)			

## Wettkampf 14 - 1500m Freistil weiblich

### Ak 20

Platz	Schwimmerin	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Engel, Sarah	1994/AK20	Wasserfreunde 79 Balve	23:52,32
	100m: 01:18,82 (01:18,82)	200m: 02:50,13 (01:31,31)		
	300m: 04:24,10 (01:33,97)	400m: 06:00,70 (01:36,60)		
	500m: 07:37,15 (01:36,45)	600m: 09:14,92 (01:37,77)		
	700m: 10:52,70 (01:37,78)	800m: 12:30,95 (01:38,25)		
	900m: 14:10,10 (01:39,15)	1000m: 15:50,67 (01:40,57)		
	1100m: 17:29,32 (01:38,65)	1200m: 19:08,13 (01:38,81)		
	1300m: 20:44,64 (01:36,51)	1400m: 22:20,29 (01:35,65)		
	1500m: 23:52,32 (01:32,03)			

Wettkampf 15 - 1500m Freistil männlich  
Jahrgang 2003

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Merta, Lukas	2003	SV Albatros Letmathe	23:20,67
	100m: 01:21,94 (01:21,94)	200m: 02:52,90 (01:30,96)		
	300m: 04:26,19 (01:33,29)	400m: 05:59,21 (01:33,02)		
	500m: 07:34,52 (01:35,31)	600m: 09:08,86 (01:34,34)		
	700m: 10:42,99 (01:34,13)	800m: 12:17,47 (01:34,48)		
	900m: 13:52,58 (01:35,11)	1000m: 15:27,40 (01:34,82)		
	1100m: 17:03,85 (01:36,45)	1200m: 18:37,21 (01:33,36)		
	1300m: 20:14,90 (01:37,69)	1400m: 21:50,05 (01:35,15)		
	1500m: 23:20,67 (01:30,62)			
2.	Levermann, Elias	2003	SV Plettenberg 51	26:16,76
	100m: 01:31,20 (01:31,20)	200m: 03:15,16 (01:43,96)		
	300m: 05:01,42 (01:46,26)	400m: 06:49,51 (01:48,09)		
	500m: 08:38,60 (01:49,09)	600m: 10:27,20 (01:48,60)		
	700m: 12:16,32 (01:49,12)	800m: 14:01,16 (01:44,84)		
	900m: 15:48,20 (01:47,04)	1000m: 17:34,42 (01:46,22)		
	1100m: 19:20,73 (01:46,31)	1200m: 21:07,29 (01:46,56)		
	1300m: 22:53,60 (01:46,31)	1400m: 24:38,39 (01:44,79)		
	1500m: 26:16,76 (01:38,37)			
3.	Cakir, Sinan	2003	SG Wassersport Iserlohn	27:53,69
	100m: 01:37,38 (01:37,38)	200m: 03:30,38 (01:53,00)		
	300m: 05:26,28 (01:55,90)	400m: 07:21,13 (01:54,85)		
	500m: 09:17,13 (01:56,00)	600m: 11:10,07 (01:52,94)		
	700m: 12:59,32 (01:49,25)	800m: 14:49,35 (01:50,03)		
	900m: 16:43,85 (01:54,50)	1000m: 18:38,94 (01:55,09)		
	1100m: 20:31,35 (01:52,41)	1200m: 22:23,32 (01:51,97)		
	1300m: 24:17,16 (01:53,84)	1400m: 26:12,50 (01:55,34)		
	1500m: 27:53,69 (01:41,19)			
4.	Schaaf, Raphael	2003	SV Hemer 1921	28:03,78
	100m: 01:42,78 (01:42,78)	200m: 03:37,13 (01:54,35)		
	300m: 05:35,63 (01:58,50)	400m: 07:28,10 (01:52,47)		
	500m: 09:22,88 (01:54,78)	600m: 11:14,53 (01:51,65)		
	700m: 13:05,91 (01:51,38)	800m: 14:56,78 (01:50,87)		
	900m: 16:50,72 (01:53,94)	1000m: 18:42,63 (01:51,91)		
	1100m: 20:38,35 (01:55,72)	1200m: 22:32,07 (01:53,72)		
	1300m: 24:25,44 (01:53,37)	1400m: 26:21,94 (01:56,50)		
	1500m: 28:03,78 (01:41,84)			

Wettkampf 15 - 1500m Freistil männlich  
Jahrgang 2002

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister			
	Schwermann, Lukas	2002	Mendener SV	22:14,92
	100m: 01:18,20 (01:18,20)	200m: 02:47,13 (01:28,93)		
	300m: 04:17,00 (01:29,87)	400m: 05:47,60 (01:30,60)		
	500m: 07:17,32 (01:29,72)	600m: 08:47,86 (01:30,54)		
	700m: 10:19,42 (01:31,56)	800m: 11:50,36 (01:30,94)		
	900m: 13:22,26 (01:31,90)	1000m: 14:52,86 (01:30,60)		
	1100m: 16:25,00 (01:32,14)	1200m: 17:57,02 (01:32,02)		
	1300m: 19:26,80 (01:29,78)	1400m: 20:54,10 (01:27,30)		
	1500m: 22:14,92 (01:20,82)			
2.	Kinkel, Bjarne	2002	TuS Neuenrade	25:09,10
	100m: 01:29,36 (01:29,36)	200m: 03:18,82 (01:49,46)		
	300m: 05:00,20 (01:41,38)	400m: 06:45,42 (01:45,22)		
	500m: 08:28,51 (01:43,09)	600m: 10:09,80 (01:41,29)		
	700m: 11:50,36 (01:40,56)	800m: 13:32,32 (01:41,96)		
	900m: 15:15,85 (01:43,53)	1000m: 16:57,80 (01:41,95)		
	1100m: 18:39,16 (01:41,36)	1200m: 20:21,89 (01:42,73)		
	1300m: 22:02,82 (01:40,93)	1400m: 23:40,95 (01:38,13)		
	1500m: 25:09,10 (01:28,15)			
3.	Ibach, Johannes	2002	SV Hemer 1921	25:54,20
	100m: 01:29,23 (01:29,23)	200m: 03:15,00 (01:45,77)		
	300m: 05:00,00 (01:45,00)	400m: 06:45,89 (01:45,89)		
	500m: 08:32,26 (01:46,37)	600m: 10:17,32 (01:45,06)		
	700m: 11:59,76 (01:42,44)	800m: 13:41,39 (01:41,63)		
	900m: 15:25,80 (01:44,41)	1000m: 17:10,45 (01:44,65)		
	1100m: 18:57,29 (01:46,84)	1200m: 20:44,07 (01:46,78)		
	1300m: 22:32,42 (01:48,35)	1400m: 24:16,73 (01:44,31)		
	1500m: 25:54,20 (01:37,47)			
4.	Franke, Moritz	2002	SV Plettenberg 51	26:40,94
	100m: 01:36,74 (01:36,74)	200m: 03:20,04 (01:43,30)		
	300m: 05:05,77 (01:45,73)	400m: 06:52,71 (01:46,94)		
	500m: 08:40,74 (01:48,03)	600m: 10:30,05 (01:49,31)		
	700m: 12:18,87 (01:48,82)	800m: 14:08,96 (01:50,09)		
	900m: 15:59,45 (01:50,49)	1000m: 17:49,50 (01:50,05)		
	1100m: 19:41,59 (01:52,09)	1200m: 21:30,93 (01:49,34)		
	1300m: 23:18,86 (01:47,93)	1400m: 25:04,60 (01:45,74)		
	1500m: 26:40,94 (01:36,34)			



## Wettkampf 15 - 1500m Freistil männlich

### Jahrgang 2002

Platz	Schwimmer	Jg.	Verein	Endzeit
5.	Temme, Florian	2002	SV Hemer 1921	28:29,23
	100m: 01:37,48 (01:37,48)	200m: 03:29,16 (01:51,68)		
	300m: 05:23,16 (01:54,00)	400m: 07:17,20 (01:54,04)		
	500m: 09:13,48 (01:56,28)	600m: 11:09,57 (01:56,09)		
	700m: 13:05,42 (01:55,85)	800m: 14:59,36 (01:53,94)		
	900m: 16:54,51 (01:55,15)	1000m: 18:52,67 (01:58,16)		
	1100m: 20:47,89 (01:55,22)	1200m: 22:48,32 (02:00,43)		
	1300m: 24:47,10 (01:58,78)	1400m: 26:46,23 (01:59,13)		
	1500m: 28:29,23 (01:43,00)			

#### nicht am Start

Kamer cel, Daniel                      2002    SV Hemer 1921

### Jahrgang 2001

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Stagni, Lino	2001	SV Plettenberg 51	18:40,75
	100m: 01:06,41 (01:06,41)	200m: 02:18,94 (01:12,53)		
	300m: 03:34,07 (01:15,13)	400m: 04:51,34 (01:17,27)		
	500m: 06:07,81 (01:16,47)	600m: 07:24,97 (01:17,16)		
	700m: 08:41,42 (01:16,45)	800m: 09:56,05 (01:14,63)		
	900m: 11:13,09 (01:17,04)	1000m: 12:30,18 (01:17,09)		
	1100m: 13:46,13 (01:15,95)	1200m: 15:02,71 (01:16,58)		
	1300m: 16:19,00 (01:16,29)	1400m: 17:32,02 (01:13,02)		
	1500m: 18:40,75 (01:08,73)			
2.	Hollmann, Bastian	2001	SV Bieber Lendringsen	19:20,23
	100m: 01:10,76 (01:10,76)	200m: 02:28,42 (01:17,66)		
	300m: 03:47,16 (01:18,74)	400m: 05:06,36 (01:19,20)		
	500m: 06:25,23 (01:18,87)	600m: 07:43,76 (01:18,53)		
	700m: 09:03,02 (01:19,26)	800m: 10:21,51 (01:18,49)		
	900m: 11:39,29 (01:17,78)	1000m: 12:57,42 (01:18,13)		
	1100m: 14:15,16 (01:17,74)	1200m: 15:33,26 (01:18,10)		
	1300m: 16:50,70 (01:17,44)	1400m: 18:07,70 (01:17,00)		
	1500m: 19:20,23 (01:12,53)			
3.	Linnenbürger, Lukas	2001	SV Bieber Lendringsen	20:16,89
	100m: 01:14,32 (01:14,32)	200m: 02:36,20 (01:21,88)		
	300m: 03:59,48 (01:23,28)	400m: 05:21,57 (01:22,09)		
	500m: 06:43,54 (01:21,97)	600m: 08:06,20 (01:22,66)		
	700m: 09:29,39 (01:23,19)	800m: 10:52,29 (01:22,90)		
	900m: 12:15,16 (01:22,87)	1000m: 13:36,45 (01:21,29)		
	1100m: 14:56,67 (01:20,22)	1200m: 16:18,48 (01:21,81)		
	1300m: 17:40,13 (01:21,65)	1400m: 19:01,48 (01:21,35)		
	1500m: 20:16,89 (01:15,41)			

## Wettkampf 15 - 1500m Freistil männlich

### Jahrgang 2001

Platz	Schwimmer	Jg.	Verein	Endzeit
4.	Lellwitz, Erik	2001	Wfr. Lüdenscheid	22:11,64
	100m: 01:13,76 (01:13,76)	200m: 02:40,48 (01:26,72)		
	300m: 04:05,54 (01:25,06)	400m: 05:33,95 (01:28,41)		
	500m: 07:02,41 (01:28,46)	600m: 08:32,08 (01:29,67)		
	700m: 10:02,51 (01:30,43)	800m: 11:33,77 (01:31,26)		
	900m: 13:05,00 (01:31,23)	1000m: 14:37,14 (01:32,14)		
	1100m: 16:10,36 (01:33,22)	1200m: 17:45,17 (01:34,81)		
	1300m: 19:17,61 (01:32,44)	1400m: 20:50,17 (01:32,56)		
	1500m: 22:11,64 (01:21,47)			
5.	Dobrinsky, Dustin	2001	Wfr. Lüdenscheid	26:54,50
	100m: 01:26,62 (01:26,62)	200m: 03:09,84 (01:43,22)		
	300m: 04:57,93 (01:48,09)	400m: 06:46,43 (01:48,50)		
	500m: 08:37,46 (01:51,03)	600m: 10:28,03 (01:50,57)		
	700m: 12:16,62 (01:48,59)	800m: 14:04,46 (01:47,84)		
	900m: 15:58,56 (01:54,10)	1000m: 17:51,62 (01:53,06)		
	1100m: 19:39,50 (01:47,88)	1200m: 21:29,12 (01:49,62)		
	1300m: 23:19,37 (01:50,25)	1400m: 25:10,21 (01:50,84)		
	1500m: 26:54,50 (01:44,29)			
6.	Schaaf, Robert	2001	SV Hemer 1921	27:32,91
	100m: 01:32,80 (01:32,80)	200m: 03:16,93 (01:44,13)		
	300m: 05:08,66 (01:51,73)	400m: 07:02,10 (01:53,44)		
	500m: 08:55,44 (01:53,34)	600m: 10:53,08 (01:57,64)		
	700m: 12:42,24 (01:49,16)	800m: 14:30,34 (01:48,10)		
	900m: 16:20,20 (01:49,86)	1000m: 18:17,06 (01:56,86)		
	1100m: 20:12,73 (01:55,67)	1200m: 22:05,24 (01:52,51)		
	1300m: 23:57,69 (01:52,45)	1400m: 25:56,03 (01:58,34)		
	1500m: 27:32,91 (01:36,88)			

### Jahrgang 2000

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Fritze, Phillipp	2000	SG Wassersport Iserlohn	20:41,76
	100m: 01:14,00 (01:14,00)	200m: 02:34,80 (01:20,80)		
	300m: 03:57,95 (01:23,15)	400m: 05:21,42 (01:23,47)		
	500m: 06:44,10 (01:22,68)	600m: 08:06,57 (01:22,47)		
	700m: 09:29,02 (01:22,45)	800m: 10:53,86 (01:24,84)		
	900m: 12:17,20 (01:23,34)	1000m: 13:40,92 (01:23,72)		
	1100m: 15:04,02 (01:23,10)	1200m: 16:32,07 (01:28,05)		
	1300m: 17:56,48 (01:24,41)	1400m: 19:22,13 (01:25,65)		
	1500m: 20:41,76 (01:19,63)			

# Wettkampf 15 - 1500m Freistil männlich

Jahrgang 2000

Platz	Schwimmer	Jg.	Verein	Endzeit
2.	Brester, Maik	2000	SG Wassersport Iserlohn	21:50,16
	100m: 01:14,03 (01:14,03)	200m: 02:36,74 (01:22,71)		
	300m: 04:03,62 (01:26,88)	400m: 05:32,24 (01:28,62)		
	500m: 07:02,55 (01:30,31)	600m: 08:32,43 (01:29,88)		
	700m: 10:02,39 (01:29,96)	800m: 11:32,15 (01:29,76)		
	900m: 13:03,01 (01:30,86)	1000m: 14:32,79 (01:29,78)		
	1100m: 16:02,08 (01:29,29)	1200m: 17:30,68 (01:28,60)		
	1300m: 18:59,55 (01:28,87)	1400m: 20:26,06 (01:26,51)		
	1500m: 21:50,16 (01:24,10)			
3.	Iwanowski, Nils	2000	SG Wassersport Iserlohn	22:02,37
	100m: 01:13,26 (01:13,26)	200m: 02:37,66 (01:24,40)		
	300m: 04:05,56 (01:27,90)	400m: 05:36,56 (01:31,00)		
	500m: 07:07,45 (01:30,89)	600m: 08:38,16 (01:30,71)		
	700m: 10:08,34 (01:30,18)	800m: 11:37,87 (01:29,53)		
	900m: 13:07,67 (01:29,80)	1000m: 14:37,78 (01:30,11)		
	1100m: 16:08,21 (01:30,43)	1200m: 17:38,31 (01:30,10)		
	1300m: 19:07,93 (01:29,62)	1400m: 20:38,22 (01:30,29)		
	1500m: 22:02,37 (01:24,15)			
4.	Landgraf, Lukas	2000	SC Gut Nass □ Altena	23:22,36
	100m: 01:19,54 (01:19,54)	200m: 02:48,64 (01:29,10)		
	300m: 04:22,07 (01:33,43)	400m: 05:57,67 (01:35,60)		
	500m: 07:32,76 (01:35,09)	600m: 09:09,20 (01:36,44)		
	700m: 10:43,86 (01:34,66)	800m: 12:19,45 (01:35,59)		
	900m: 13:56,48 (01:37,03)	1000m: 15:31,68 (01:35,20)		
	1100m: 17:07,36 (01:35,68)	1200m: 18:42,64 (01:35,28)		
	1300m: 20:17,64 (01:35,00)	1400m: 21:54,82 (01:37,18)		
	1500m: 23:22,36 (01:27,54)			
5.	Thomas, Leonard	2000	SV Plettenberg 51	23:46,40
	100m: 01:24,22 (01:24,22)	200m: 02:56,72 (01:32,50)		
	300m: 04:32,62 (01:35,90)	400m: 06:11,97 (01:39,35)		
	500m: 07:49,34 (01:37,37)	600m: 09:28,40 (01:39,06)		
	700m: 11:03,46 (01:35,06)	800m: 12:41,28 (01:37,82)		
	900m: 14:18,31 (01:37,03)	1000m: 15:57,90 (01:39,59)		
	1100m: 17:31,09 (01:33,19)	1200m: 19:06,65 (01:35,56)		
	1300m: 20:42,90 (01:36,25)	1400m: 22:18,94 (01:36,04)		
	1500m: 23:46,40 (01:27,46)			

## Wettkampf 15 - 1500m Freistil männlich

### Jahrgang 1999

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Eikermann, Nils	1999	SG Wassersport Iserlohn	21:22,48
	100m: 01:12,00 (01:12,00)	200m: 02:35,10 (01:23,10)		
	300m: 04:00,76 (01:25,66)	400m: 05:27,73 (01:26,97)		
	500m: 06:53,95 (01:26,22)	600m: 08:21,13 (01:27,18)		
	700m: 09:48,20 (01:27,07)	800m: 11:15,86 (01:27,66)		
	900m: 12:44,70 (01:28,84)	1000m: 14:11,80 (01:27,10)		
	1100m: 15:39,45 (01:27,65)	1200m: 17:05,29 (01:25,84)		
	1300m: 18:32,48 (01:27,19)	1400m: 19:58,73 (01:26,25)		
	1500m: 21:22,48 (01:23,75)			

### Jahrgang 1998

Platz	Schwimmer	Jg.	Verein	Endzeit
1.	und Kreismeister Ritzmann, Sami	1998	SV Bieber Lendringsen	18:45,95
	100m: 01:11,37 (01:11,37)	200m: 02:26,55 (01:15,18)		
	300m: 03:41,65 (01:15,10)	400m: 04:57,85 (01:16,20)		
	500m: 06:13,25 (01:15,40)	600m: 07:28,95 (01:15,70)		
	700m: 08:44,17 (01:15,22)	800m: 09:59,65 (01:15,48)		
	900m: 11:14,87 (01:15,22)	1000m: 12:30,95 (01:16,08)		
	1100m: 13:46,47 (01:15,52)	1200m: 15:01,82 (01:15,35)		
	1300m: 16:17,87 (01:16,05)	1400m: 17:32,80 (01:14,93)		
	1500m: 18:45,95 (01:13,15)			
2.	Rudnik, Marvin	1998	SV Bieber Lendringsen	20:34,54
	100m: 01:17,21 (01:17,21)	200m: 02:40,03 (01:22,82)		
	300m: 04:02,63 (01:22,60)	400m: 05:25,27 (01:22,64)		
	500m: 06:47,34 (01:22,07)	600m: 08:10,21 (01:22,87)		
	700m: 09:33,10 (01:22,89)	800m: 10:56,44 (01:23,34)		
	900m: 12:18,46 (01:22,02)	1000m: 13:40,27 (01:21,81)		
	1100m: 15:02,91 (01:22,64)	1200m: 16:26,04 (01:23,13)		
	1300m: 17:49,24 (01:23,20)	1400m: 19:12,87 (01:23,63)		
	1500m: 20:34,54 (01:21,67)			
3.	Schäfer, Hendrik	1998	SV Plettenberg 51	21:32,86
	100m: 01:18,17 (01:18,17)	200m: 02:42,08 (01:23,91)		
	300m: 04:07,70 (01:25,62)	400m: 05:35,17 (01:27,47)		
	500m: 07:02,80 (01:27,63)	600m: 08:30,77 (01:27,97)		
	700m: 09:58,20 (01:27,43)	800m: 11:26,39 (01:28,19)		
	900m: 12:51,83 (01:25,44)	1000m: 14:19,58 (01:27,75)		
	1100m: 15:45,33 (01:25,75)	1200m: 17:12,77 (01:27,44)		
	1300m: 18:41,39 (01:28,62)	1400m: 20:08,92 (01:27,53)		
	1500m: 21:32,86 (01:23,94)			

## Wettkampf 16 - 1500m Freistil männlich

### Ak 20

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Schröer, Lukas	1996/AK20	SV Bieber Lendringsen	18:35,53
	100m: 01:08,82 (01:08,82)	200m: 02:21,90 (01:13,08)		
	300m: 03:36,43 (01:14,53)	400m: 04:51,90 (01:15,47)		
	500m: 06:07,17 (01:15,27)	600m: 07:22,03 (01:14,86)		
	700m: 08:37,43 (01:15,40)	800m: 09:52,23 (01:14,80)		
	900m: 11:06,84 (01:14,61)	1000m: 12:21,20 (01:14,36)		
	1100m: 13:37,69 (01:16,49)	1200m: 14:53,64 (01:15,95)		
	1300m: 16:08,38 (01:14,74)	1400m: 17:25,44 (01:17,06)		
	1500m: 18:35,53 (01:10,09)			
2.	Busenius, Aljoscha	1995/AK20	Wfr. Lüdenscheid	20:31,38
	100m: 01:12,92 (01:12,92)	200m: 02:32,68 (01:19,76)		
	300m: 03:54,55 (01:21,87)	400m: 05:17,68 (01:23,13)		
	500m: 06:41,69 (01:24,01)	600m: 08:04,23 (01:22,54)		
	700m: 09:28,34 (01:24,11)	800m: 10:52,59 (01:24,25)		
	900m: 12:16,48 (01:23,89)	1000m: 13:40,11 (01:23,63)		
	1100m: 15:02,92 (01:22,81)	1200m: 16:25,21 (01:22,29)		
	1300m: 17:48,09 (01:22,88)	1400m: 19:10,20 (01:22,11)		
	1500m: 20:31,38 (01:21,18)			

### Ak 25

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Kemmerling, Steven	1990/AK25	SV Albatros Letmathe	19:27,79
	100m: 01:07,76 (01:07,76)	200m: 02:23,04 (01:15,28)		
	300m: 03:40,43 (01:17,39)	400m: 04:58,76 (01:18,33)		
	500m: 06:17,51 (01:18,75)	600m: 07:36,01 (01:18,50)		
	700m: 08:53,97 (01:17,96)	800m: 10:12,78 (01:18,81)		
	900m: 11:30,93 (01:18,15)	1000m: 12:48,65 (01:17,72)		
	1100m: 14:09,38 (01:20,73)	1200m: 15:29,13 (01:19,75)		
	1300m: 16:48,93 (01:19,80)	1400m: 18:08,79 (01:19,86)		
	1500m: 19:27,79 (01:19,00)			

### Ak 40

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister Becker, Tilo	1976/AK40	SG Wassersport Iserlohn	25:43,97
	100m: 01:32,05 (01:32,05)	200m: 03:13,17 (01:41,12)		
	300m: 04:54,75 (01:41,58)	400m: 06:38,92 (01:44,17)		
	500m: 08:24,29 (01:45,37)	600m: 10:10,53 (01:46,24)		
	700m: 11:54,38 (01:43,85)	800m: 13:40,59 (01:46,21)		
	900m: 15:24,33 (01:43,74)	1000m: 17:07,54 (01:43,21)		
	1100m: 18:49,56 (01:42,02)	1200m: 20:34,91 (01:45,35)		
	1300m: 22:18,12 (01:43,21)	1400m: 24:01,96 (01:43,84)		
	1500m: 25:43,97 (01:42,01)			

## Wettkampf 16 - 1500m Freistil männlich

### Ak 40

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
2.	Schmerbeck, Rene	1975/AK40	SG Wassersport Iserlohn	26:53,67
	100m: 01:33,39 (01:33,39) 200m: 03:17,42 (01:44,03)			
	300m: 05:05,00 (01:47,58) 400m: 06:53,07 (01:48,07)			
	500m: 08:42,45 (01:49,38) 600m: 10:30,57 (01:48,12)			
	700m: 12:17,29 (01:46,72) 800m: 14:07,02 (01:49,73)			
	900m: 15:54,45 (01:47,43) 1000m: 17:44,86 (01:50,41)			
	1100m: 19:35,04 (01:50,18) 1200m: 21:25,54 (01:50,50)			
	1300m: 23:15,73 (01:50,19) 1400m: 25:05,54 (01:49,81)			
	1500m: 26:53,67 (01:48,13)			
3.	Dobrinsky, Maik	1972/AK40	SC Gut Nass □ Altena	29:21,85
	100m: 01:31,66 (01:31,66) 200m: 03:23,25 (01:51,59)			
	300m: 05:18,32 (01:55,07) 400m: 07:17,04 (01:58,72)			
	500m: 09:15,75 (01:58,71) 600m: 11:15,60 (01:59,85)			
	700m: 13:14,32 (01:58,72) 800m: 15:15,88 (02:01,56)			
	900m: 17:18,63 (02:02,75) 1000m: 19:22,60 (02:03,97)			
	1100m: 21:26,88 (02:04,28) 1200m: 23:27,35 (02:00,47)			
	1300m: 25:28,19 (02:00,84) 1400m: 27:28,32 (02:00,13)			
	1500m: 29:21,85 (01:53,53)			

### Ak 45

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister			
	Grote, Stefan	1967/AK45	SG Wassersport Iserlohn	24:54,42
	100m: 01:31,07 (01:31,07) 200m: 03:08,95 (01:37,88)			
	300m: 04:49,26 (01:40,31) 400m: 06:29,02 (01:39,76)			
	500m: 08:09,16 (01:40,14) 600m: 09:49,45 (01:40,29)			
	700m: 11:29,67 (01:40,22) 800m: 13:10,42 (01:40,75)			
	900m: 14:51,82 (01:41,40) 1000m: 16:33,02 (01:41,20)			
	1100m: 18:15,10 (01:42,08) 1200m: 19:56,20 (01:41,10)			
	1300m: 21:36,02 (01:39,82) 1400m: 23:16,67 (01:40,65)			
	1500m: 24:54,42 (01:37,75)			

### Ak 50

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
1.	und Kreismeister			
	Schäfer, Karsten	1966/AK50	SV Plettenberg 51	28:05,78
	100m: 01:30,47 (01:30,47) 200m: 03:14,84 (01:44,37)			
	300m: 05:05,97 (01:51,13) 400m: 06:58,75 (01:52,78)			
	500m: 08:50,25 (01:51,50) 600m: 10:43,03 (01:52,78)			
	700m: 12:38,26 (01:55,23) 800m: 14:33,53 (01:55,27)			
	900m: 16:28,87 (01:55,34) 1000m: 18:24,09 (01:55,22)			
	1100m: 20:21,19 (01:57,10) 1200m: 22:18,37 (01:57,18)			
	1300m: 24:15,03 (01:56,66) 1400m: 26:11,72 (01:56,69)			
	1500m: 28:05,78 (01:54,06)			

# Wettkampf 16 - 1500m Freistil männlich

Ak 60

Platz	Schwimmer	Jg/Ak	Verein	Endzeit
	<u>nicht am Start</u> Boelter, Lutz	1953/AK60	TuS Neuenrade	

Abschnittsende: 20:24 Uhr

Protokollende: 20:37 Uhr

gez. Stefan Plötz

gez. Stefan Plötz

gez. Raimond Schaaf

---

Schiedsrichter weiblich

---

Schiedsrichter männlich

---

Protokollführer