

# Protokoll

Kreismeisterschaften "Lange Strecken" 2017  
vom 20.01.2017 bis 21.01.2017

Veranstalter: Märkischer Schwimmkreis  
Ausrichter: SG Wassersport Iserlohn

## Wettkampfbecken

8 Bahnen á 25m  
Wellenkiller-Leinen  
Wassertemperatur ca. 26°C  
Handzeitnahme

## Schwimmbad-Adresse

Seilerseebad  
Seeuferstr. 26  
58636 Iserlohn



## Anzahl Meldungen

Teilnehmer: weiblich/männlich    Meldungen: Einzel/Staffel

### Schwimmverband Nordrhein-Westfalen (LSV-Nr.: 17)

Verein	DSV-Id	Teilnehmer	Abs.1	Abs.2	Gesamt
Linden-Dahlhauser SV 1921	2758	2/ 0	4/ 0	2/ 0	6/ 0
Mendener SV	5170	11/ 4	12/ 0	14/ 0	26/ 0
SC Gut Nass Altena	2813	2/ 2	1/ 0	3/ 0	4/ 0
SG Wassersport Iserlohn	6651	15/ 19	27/ 0	48/ 0	75/ 0
SSG Altena 08/47 e.V	2911	1/ 0	0/ 0	1/ 0	1/ 0
SV Albatros Letmathe	5169	1/ 3	1/ 0	4/ 0	5/ 0
SV Bieber Lendringsen	2935	19/ 16	26/ 0	42/ 0	68/ 0
SV Hemer 1921	2987	4/ 6	7/ 0	11/ 0	18/ 0
SV Plettenberg 1951 e.V.	3013	6/ 9	20/ 0	22/ 0	42/ 0
<b>SV08 Werdohl</b>	<b>2941</b>	<b>3/ 3</b>	<b>4/ 0</b>	<b>7/ 0</b>	<b>11/ 0</b>
TuS Neuenrade	3127	11/ 7	12/ 0	14/ 0	26/ 0
Wasserfreunde 79 Balve	3038	4/ 1	5/ 0	4/ 0	9/ 0
Wfr. Lüdenscheid	3227	12/ 7	14/ 0	23/ 0	37/ 0
<b>Gesamt für den Verband</b>		<b>91/ 77</b>	<b>133/ 0</b>	<b>195/ 0</b>	<b>328/ 0</b>

## Abschnitt 1 - Freitag 20.01.2017

Einlass: 16:30 Uhr | Einschwimmen: 16:30 Uhr | Kampfrichter: 16:45 Uhr | Beginn: 17:30 Uhr

### Kampfgericht Abschnitt 1

Position	Name	Verein
Schiedsrichter weiblich	Stefan Plötz	
Schiedsrichter männlich	Frank Voigt	
Starter weiblich	Stefan Plötz	
Starter männlich	Frank Voigt	
Schwimmrichter 1	Gina (Azubi) Lee Brahnsiepe	
Sprecher 1	Meinolf Rennebaum	
Auswerter 1	Kathrin Schaaf	
Protokollführer	Raimond Schaaf	
Computer 1	Adrian Raabe	
Computer 2	Daniela Rennebaum	

### Zielgericht

Position	Name	Verein
Zielrichterobmann	Theodor Röhrs	
Zielrichter 1	Anke Schöllermann	
Zielrichter 2	Lina Hartmann	
Zielrichter 3	Nils Eikermann	

### Zeitgericht 1

Position	Name	Verein
Zeitnehmerobmann	Jenny Peters	
Zeitnehmer Bahn 1	Nathalie Paßolat	
Zeitnehmer Bahn 2	Sabrina Maurer	
Zeitnehmer Bahn 3	Oliver Schulz	
Zeitnehmer Bahn 4	Stephanie Kounatidis	
Zeitnehmer Bahn 5	Benedikt Gal	
Zeitnehmer Bahn 6	Elmar Cordes	
Zeitnehmer Bahn 7	Edda Schwermann	
Zeitnehmer Bahn 8	Anja Bernard	
Reservezeitnehmer 1	Myriam Cramer-Thröner	

### Zeitgericht 2

Position	Name	Verein
Zeitnehmerobmann	Jenny Peters	
Zeitnehmer Bahn 1	Isabel Vollmer	
Zeitnehmer Bahn 2	Maik Brester	
Zeitnehmer Bahn 3	Brigitte Dobrinski	
Zeitnehmer Bahn 4	Thomas Henning	
Zeitnehmer Bahn 5	Jens Hahn	
Zeitnehmer Bahn 6	Heidi Affify	
Zeitnehmer Bahn 7	Kai Worle	
Zeitnehmer Bahn 8	Maik Dobrinski	

### Wendegericht

Position	Name	Verein
Wenderichterobmann	Michael Schnelle	
Wenderichter Bahn 1	Julie Böhnigk	
Wenderichter Bahn 2	Cordula Rinscheidt	

## Wettkampffolge für Abschnitt 1

- Wettkampf 1 - 400m Lagen weiblich
- Wettkampf 2 - 400m Lagen Masters weiblich
- Wettkampf 3 - 400m Lagen männlich
- Wettkampf 4 - 400m Lagen Masters männlich
- Wettkampf 5 - 800m Freistil weiblich
- Wettkampf 6 - 800m Freistil Masters weiblich
- Wettkampf 7 - 800m Freistil männlich
- Wettkampf 8 - 800m Freistil Masters männlich

## Wettkampf 1 - 400m Lagen weiblich

### Jahrgang 2005

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Hannah Sophie Böhnigk	2005	SG Wassersport Iserlohn	07:21,85
	100m: 01:40,06 (01:40,06)   200m: 03:45,50 (02:05,44)   300m: 05:43,97 (01:58,47)			
	400m: 07:21,85 (01:37,88)			
	<u>abgemeldet</u>			
	Kim Melina Kaqija	2005	SG Wassersport Iserlohn	

### Jahrgang 2004

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Liane Lübke	2004	Mendener SV	06:24,88
	100m: 01:28,84 (01:28,84)   200m: 03:07,91 (01:39,07)   300m: 04:56,38 (01:48,47)			
	400m: 06:24,88 (01:28,50)			
2.	Emilie Thröner	2004	SG Wassersport Iserlohn	06:33,40
	100m: 01:33,81 (01:33,81)   200m: 03:19,29 (01:45,48)   300m: 05:04,23 (01:44,94)			
	400m: 06:33,40 (01:29,17)			
3.	Pia Neß	2004	SV Plettenberg 1951 e.V.	06:47,85
	100m: 01:29,26 (01:29,26)   200m: 03:24,18 (01:54,92)   300m: 05:15,06 (01:50,88)			
	400m: 06:47,85 (01:32,79)			
4.	Neele Ludwig	2004	SG Wassersport Iserlohn	07:12,16
	100m: 01:48,48 (01:48,48)   200m: 03:35,53 (01:47,05)   300m: 05:31,16 (01:55,63)			
	400m: 07:12,16 (01:41,00)			

### Jahrgang 2003

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Stefanie Buchholz	2003	Wfr. Lüdenscheid	05:22,81
	100m: 01:14,02 (01:14,02)   200m: 02:37,20 (01:23,18)   300m: 04:07,95 (01:30,75)			
	400m: 05:22,81 (01:14,86)			
2.	Nikoletta Kounatidis	2003	SV Plettenberg 1951 e.V.	05:44,79
	100m: 01:21,91 (01:21,91)   200m: 02:47,82 (01:25,91)   300m: 04:25,44 (01:37,62)			
	400m: 05:44,79 (01:19,35)			
3.	Eve Levermann	2003	SV Plettenberg 1951 e.V.	06:00,60
	100m: 01:21,38 (01:21,38)   200m: 03:00,18 (01:38,80)   300m: 04:37,31 (01:37,13)			
	400m: 06:00,60 (01:23,29)			
4.	Ellen Dirksmeier	2003	Mendener SV	06:05,31
	100m: 01:25,97 (01:25,97)   200m: 03:01,97 (01:36,00)   300m: 04:44,25 (01:42,28)			
	400m: 06:05,31 (01:21,06)			

## Jahrgang 2002

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Lea Sophie Hörner	2002	Wfr. Lüdenscheid	05:44,56
	100m: 01:22,15 (01:22,15)   200m: 02:46,57 (01:24,42)   300m: 04:28,43 (01:41,86)			
	400m: 05:44,56 (01:16,13)			
2.	Nancy Neß	2002	SV Plettenberg 1951 e.V.	06:08,31
	100m: 01:23,92 (01:23,92)   200m: 03:01,10 (01:37,18)   300m: 04:42,48 (01:41,38)			
	400m: 06:08,31 (01:25,83)			
3.	Alexa Lauke	2002	TuS Neuenrade	06:52,37
	100m: 01:28,06 (01:28,06)   200m: 03:16,06 (01:48,00)   300m: 05:06,12 (01:50,06)			
	400m: 06:52,37 (01:46,25)			
<u>außer Konkurrenz</u>				
	Vivien Labudda	2002	Linden-Dahlhauser SV 1921	07:16,73
	100m: 01:46,33 (01:46,33)   200m: 03:46,67 (02:00,34)   300m: 05:45,29 (01:58,62)			
	400m: 07:16,73 (01:31,44)			

## Jahrgang 2001

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Gina Barth	2001	Mendener SV	05:22,22
	100m: 01:16,25 (01:16,25)   200m: 02:40,65 (01:24,40)   300m: 04:08,83 (01:28,18)			
	400m: 05:22,22 (01:13,39)			
2.	Maike Romberg	2001	Mendener SV	05:53,91
	100m: 01:17,85 (01:17,85)   200m: 02:51,38 (01:33,53)   300m: 04:30,50 (01:39,12)			
	400m: 05:53,91 (01:23,41)			

## Jahrgang 2000

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Jeanine Möglich	2000	SV08 Werdohl	05:40,08
	100m: 01:13,65 (01:13,65)   200m: 02:43,04 (01:29,39)   300m: 04:20,50 (01:37,46)			
	400m: 05:40,08 (01:19,58)			
2.	Mandy Wältermann	2000	SV Bieber Lendringsen	05:58,68
	100m: 01:24,06 (01:24,06)   200m: 02:54,59 (01:30,53)   300m: 04:40,40 (01:45,81)			
	400m: 05:58,68 (01:18,28)			
<u>außer Konkurrenz</u>				
	Jasmin Hermann	2000	Linden-Dahlhauser SV 1921	06:48,24
	100m: 01:35,81 (01:35,81)   200m: 03:19,98 (01:44,17)   300m: 05:16,43 (01:56,45)			
	400m: 06:48,24 (01:31,81)			

## Wettkampf 2 - 400m Lagen Masters weiblich

### Ak 20

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Katrin Harnischmacher	1997/AK 20	SV Bieber Lendringsen	05:19,75
	100m: 01:12,47 (01:12,47)   200m: 02:33,91 (01:21,44)   300m: 04:03,06 (01:29,15)			
	400m: 05:19,75 (01:16,69)			
2.	Veronika Herdes	1993/AK 20	Wasserfreunde 79 Balve	07:22,70
	100m: 01:43,32 (01:43,32)   200m: 03:34,20 (01:50,88)   300m: 05:32,98 (01:58,78)			
	400m: 07:22,70 (01:49,72)			

## Ak 40

Platz	Schwimmerin	Jg.	Verein	Endzeit
	<u>abgemeldet</u> Eva Hoffmann	1974/AK 40	SV Hemer 1921	

## Wettkampf 3 - 400m Lagen männlich

### Jahrgang 2005

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Norman Neß	2005	SV Plettenberg 1951 e.V.	06:40,21
	100m: 01:38,68 (01:38,68)   200m: 03:21,24 (01:42,56)   300m: 05:11,21 (01:49,97)			
	400m: 06:40,21 (01:29,00)			
2.	Wael Afify	2005	SG Wassersport Iserlohn	07:11,08
	100m: 01:51,16 (01:51,16)   200m: 03:35,42 (01:44,26)   300m: 05:34,37 (01:58,95)			
	400m: 07:11,08 (01:36,71)			

### Jahrgang 2003

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Theo Schwermann	2003	Mendener SV	05:39,07
	100m: 01:16,92 (01:16,92)   200m: 02:43,98 (01:27,06)   300m: 04:21,16 (01:37,18)			
	400m: 05:39,07 (01:17,91)			
2.	Tobias Hahn	2003	SV Plettenberg 1951 e.V.	06:18,87
	100m: 01:22,47 (01:22,47)   200m: 02:55,31 (01:32,84)   300m: 04:45,22 (01:49,91)			
	400m: 06:18,87 (01:33,65)			

### Jahrgang 2002

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Steffen Ludwig	2002	SG Wassersport Iserlohn	06:04,08
	100m: 01:23,27 (01:23,27)   200m: 02:59,39 (01:36,12)   300m: 04:42,81 (01:43,42)			
	400m: 06:04,08 (01:21,27)			

### Jahrgang 2001

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Bastian Hollmann	2001	SV Bieber Lendringsen	05:10,71
	100m: 01:09,73 (01:09,73)   200m: 02:30,33 (01:20,60)   300m: 04:01,27 (01:30,94)			
	400m: 05:10,71 (01:09,44)			
2.	Maximilian Buchholz	2001	Wfr. Lüdenscheid	05:21,30
	100m: 01:12,02 (01:12,02)   200m: 02:37,95 (01:25,93)   300m: 04:04,96 (01:27,01)			
	400m: 05:21,30 (01:16,34)			
3.	Maximilian Schimm	2001	SV Bieber Lendringsen	05:32,80
	100m: 01:15,87 (01:15,87)   200m: 02:42,85 (01:26,98)   300m: 04:18,58 (01:35,73)			
	400m: 05:32,80 (01:14,22)			
4.	Jeremy Rosenberg	2001	Wfr. Lüdenscheid	05:45,01
	100m: 01:17,00 (01:17,00)   200m: 02:45,07 (01:28,07)   300m: 04:24,21 (01:39,14)			
	400m: 05:45,01 (01:20,80)			

#### disqualifiziert

Lukas Linnenbürger 2001 SV Bieber Lendringsen  
Der Schwimmer hat bei der 250 m Wende nur mit einer Hand angeschlagen.  
Uhrzeit der Bekanntgabe: 18:31

## Jahrgang 2000

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Philipp Fritze	2000	SG Wassersport Iserlohn	05:31,77
	100m: 01:12,22 (01:12,22)   200m: 02:38,28 (01:26,06)   300m: 04:13,78 (01:35,50)			
	400m: 05:31,77 (01:17,99)			
2.	Michael Peters	2000	SV Bieber Lendringsen	05:33,31
	100m: 01:11,15 (01:11,15)   200m: 02:33,25 (01:22,10)   300m: 04:20,25 (01:47,00)			
	400m: 05:33,31 (01:13,06)			
3.	Sebastian Peters	2000	SV Bieber Lendringsen	06:04,08
	100m: 01:25,61 (01:25,61)   200m: 02:58,93 (01:33,32)   300m: 04:46,57 (01:47,64)			
	400m: 06:04,08 (01:17,51)			
4.	Dominik Peters	2000	SV Bieber Lendringsen	06:05,63
	100m: 01:25,68 (01:25,68)   200m: 02:56,46 (01:30,78)   300m: 04:42,77 (01:46,31)			
	400m: 06:05,63 (01:22,86)			
5.	Leonard Thomas	2000	SV Plettenberg 1951 e.V.	06:22,98
	100m: 01:17,16 (01:17,16)   200m: 02:59,09 (01:41,93)   300m: 04:52,16 (01:53,07)			
	400m: 06:22,98 (01:30,82)			
6.	Marcel Proske	2000	SV Albatros Letmathe	06:24,44
	100m: 01:25,30 (01:25,30)   200m: 03:00,83 (01:35,53)   300m: 04:54,54 (01:53,71)			
	400m: 06:24,44 (01:29,90)			

## Jahrgang 1999

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Jannis Venemann	1999	SV Bieber Lendringsen	06:28,41
	100m: 01:26,25 (01:26,25)   200m: 03:12,50 (01:46,25)   300m: 04:55,94 (01:43,44)			
	400m: 06:28,41 (01:32,47)			

## Jahrgang 1998

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	German Lenhard	1998	Wfr. Lüdenscheid	05:22,85
	100m: 01:11,57 (01:11,57)   200m: 02:38,76 (01:27,19)   300m: 04:05,50 (01:26,74)			
	400m: 05:22,85 (01:17,35)			

## Wettkampf 4 - 400m Lagen Masters männlich

### Ak 20

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Lukas Schröer	1996/AK 20	SV Bieber Lendringsen	04:59,19
	100m: 01:06,15 (01:06,15)   200m: 02:18,05 (01:11,90)   300m: 03:49,22 (01:31,17)			
	400m: 04:59,19 (01:09,97)			
2.	Florian Renzing	1993/AK 20	SG Wassersport Iserlohn	04:59,22
	100m: 01:04,20 (01:04,20)   200m: 02:21,49 (01:17,29)   300m: 03:50,92 (01:29,43)			
	400m: 04:59,22 (01:08,30)			
3.	Tobias Weingarten	1994/AK 20	SV Bieber Lendringsen	05:03,92
	100m: 01:04,27 (01:04,27)   200m: 02:26,01 (01:21,74)   300m: 03:52,96 (01:26,95)			
	400m: 05:03,92 (01:10,96)			
4.	Dominik Junker	1996/AK 20	SV Plettenberg 1951 e.V.	05:56,91
	100m: 01:12,69 (01:12,69)   200m: 02:49,90 (01:37,21)   300m: 04:36,03 (01:46,13)			
	400m: 05:56,91 (01:20,88)			
5.	Lukas Pogorzalski	1995/AK 20	SV Bieber Lendringsen	05:57,81
	100m: 01:13,93 (01:13,93)   200m: 02:45,95 (01:32,02)   300m: 04:29,53 (01:43,58)			
	400m: 05:57,81 (01:28,28)			
	<u>abgemeldet</u>			
	Jannik Thomas	1997/AK 20	SV Plettenberg 1951 e.V.	

## Ak 50

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Götz Hüenthal	1964/AK 50	SC Gut Nass Altena	07:04,09
	100m: 01:33,20 (01:33,20)   200m: 03:25,01 (01:51,81)   300m: 05:22,55 (01:57,54)			
	400m: 07:04,09 (01:41,54)			

## Wettkampf 5 - 800m Freistil weiblich

### Jahrgang 2005

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Coleen Andree Dirksmeier	2005	Mendener SV	11:48,24
	100m: 01:20,58 (01:20,58)   200m: 02:48,36 (01:27,78)   300m: 04:18,68 (01:30,32)			
	400m: 05:49,89 (01:31,21)   500m: 07:21,77 (01:31,88)   600m: 08:51,96 (01:30,19)			
	700m: 10:25,11 (01:33,15)   800m: 11:48,24 (01:23,13)			
2.	Hannah Sophie Böhnigk	2005	SG Wassersport Iserlohn	14:03,46
	100m: 01:34,06 (01:34,06)   200m: 03:18,22 (01:44,16)   300m: 05:05,84 (01:47,62)			
	400m: 06:55,18 (01:49,34)   500m: 08:45,88 (01:50,70)   600m: 10:34,02 (01:48,14)			
	700m: 12:21,28 (01:47,26)   800m: 14:03,46 (01:42,18)			
3.	Frieda Romahn	2005	SG Wassersport Iserlohn	15:05,06
	100m: 01:43,75 (01:43,75)   200m: 03:39,18 (01:55,43)   300m: 05:32,50 (01:53,32)			
	400m: 07:27,59 (01:55,09)   500m: 09:21,93 (01:54,34)   600m: 11:16,56 (01:54,63)			
	700m: 13:14,03 (01:57,47)   800m: 15:05,06 (01:51,03)			
4.	Jolina Isabel Schnelle	2005	TuS Neuenrade	15:50,73
	100m: 01:50,73 (01:50,73)   200m: 03:55,02 (02:04,29)   300m: 05:58,84 (02:03,82)			
	400m: 08:02,58 (02:03,74)   500m: 10:04,37 (02:01,79)   600m: 12:05,85 (02:01,48)			
	700m: 14:02,97 (01:57,12)   800m: 15:50,73 (01:47,76)			
	<u>abgemeldet</u>			
	Kim Melina Kaqija	2005	SG Wassersport Iserlohn	

### Jahrgang 2004

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Pia Neß	2004	SV Plettenberg 1951 e.V.	12:00,87
	100m: 01:27,12 (01:27,12)   200m: 03:00,15 (01:33,03)   300m: 04:33,23 (01:33,08)			
	400m: 06:03,79 (01:30,56)   500m: 07:34,46 (01:30,67)   600m: 09:05,02 (01:30,56)			
	700m: 10:36,05 (01:31,03)   800m: 12:00,87 (01:24,82)			
2.	Emilie Thröner	2004	SG Wassersport Iserlohn	12:03,38
	100m: 01:23,53 (01:23,53)   200m: 02:55,47 (01:31,94)   300m: 04:26,10 (01:30,63)			
	400m: 05:57,44 (01:31,34)   500m: 07:31,07 (01:33,63)   600m: 09:05,03 (01:33,96)			
	700m: 10:37,41 (01:32,38)   800m: 12:03,38 (01:25,97)			
3.	Anuschka Friedrich	2004	SV Bieber Lendringsen	12:48,81
	100m: 01:28,13 (01:28,13)   200m: 03:05,28 (01:37,15)   300m: 04:42,31 (01:37,03)			
	400m: 06:21,03 (01:38,72)   500m: 07:59,44 (01:38,41)   600m: 09:38,59 (01:39,15)			
	700m: 11:17,44 (01:38,85)   800m: 12:48,81 (01:31,37)			
4.	Lara-Marie Cordes	2004	Wasserfreunde 79 Balve	12:52,59
	100m: 01:25,17 (01:25,17)   200m: 03:01,05 (01:35,88)   300m: 04:37,30 (01:36,25)			
	400m: 06:17,68 (01:40,38)   500m: 07:56,98 (01:39,30)   600m: 09:38,57 (01:41,59)			
	700m: 11:17,65 (01:39,08)   800m: 12:52,59 (01:34,94)			
5.	Neele Ludwig	2004	SG Wassersport Iserlohn	13:52,16
	100m: 01:33,30 (01:33,30)   200m: 03:20,46 (01:47,16)   300m: 05:09,14 (01:48,68)			
	400m: 06:56,86 (01:47,72)   500m: 08:46,39 (01:49,53)   600m: 10:33,21 (01:46,82)			
	700m: 12:31,57 (01:58,36)   800m: 13:52,16 (01:20,59)			
6.	Leonie Barunke	2004	SV Bieber Lendringsen	14:46,83
	100m: 01:33,19 (01:33,19)   200m: 03:23,99 (01:50,80)   300m: 05:16,88 (01:52,89)			
	400m: 07:12,56 (01:55,68)   500m: 09:08,24 (01:55,68)   600m: 11:04,69 (01:56,45)			
	700m: 12:59,53 (01:54,84)   800m: 14:46,83 (01:47,30)			



Platz	Schwimmerin	Jg.	Verein	Endzeit
7.	Madita Scheffler	2004	TuS Neuenrade	15:48,54
	100m: 01:45,79 (01:45,79)   200m: 03:46,22 (02:00,43)   300m: 05:50,50 (02:04,28)			
	400m: 07:55,32 (02:04,82)   500m: 10:00,72 (02:05,40)   600m: 12:00,10 (01:59,38)			
	700m: 13:54,88 (01:54,78)   800m: 15:48,54 (01:53,66)			
8.	Zoe Larissa Holzkamp	2004	TuS Neuenrade	16:01,58
	100m: 01:34,99 (01:34,99)   200m: 03:32,67 (01:57,68)   300m: 05:40,95 (02:08,28)			
	400m: 07:54,12 (02:13,17)   500m: 09:58,18 (02:04,06)   600m: 12:05,33 (02:07,15)			
	700m: 14:13,83 (02:08,50)   800m: 16:01,58 (01:47,75)			

## Jahrgang 2003

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Stefanie Buchholz	2003	Wfr. Lüdenscheid	10:07,84
	100m: 01:10,81 (01:10,81)   400m: 05:00,58 (03:49,77)   500m: 06:17,37 (01:16,79)			
	600m: 07:37,62 (01:20,25)   700m: 08:52,81 (01:15,19)   800m: 10:07,84 (01:15,03)			
2.	Nikoletta Kounatidis	2003	SV Plettenberg 1951 e.V.	11:02,69
	100m: 01:17,84 (01:17,84)   200m: 02:41,30 (01:23,46)   300m: 04:05,24 (01:23,94)			
	400m: 05:28,68 (01:23,44)   500m: 06:52,87 (01:24,19)   600m: 08:17,15 (01:24,28)			
	700m: 09:41,99 (01:24,84)   800m: 11:02,69 (01:20,70)			
3.	Eve Levermann	2003	SV Plettenberg 1951 e.V.	11:04,31
	100m: 01:14,03 (01:14,03)   200m: 02:37,38 (01:23,35)   300m: 04:02,28 (01:24,90)			
	400m: 05:27,19 (01:24,91)   500m: 06:52,10 (01:24,91)   600m: 08:16,69 (01:24,59)			
	700m: 09:42,47 (01:25,78)   800m: 11:04,31 (01:21,84)			
4.	Ellen Dirksmeier	2003	Mendener SV	11:30,09
	100m: 01:20,30 (01:20,30)   200m: 02:47,59 (01:27,29)   300m: 04:15,16 (01:27,57)			
	400m: 05:43,12 (01:27,96)   500m: 07:11,09 (01:27,97)   600m: 08:39,05 (01:27,96)			
	700m: 10:06,97 (01:27,92)   800m: 11:30,09 (01:23,12)			
5.	Jasmin Hollmann	2003	SV Bieber Lendringsen	12:21,55
	100m: 01:21,95 (01:21,95)   200m: 02:53,41 (01:31,46)   300m: 04:28,75 (01:35,34)			
	400m: 06:04,33 (01:35,58)   500m: 07:39,91 (01:35,58)   600m: 09:16,87 (01:36,96)			
	700m: 10:53,12 (01:36,25)   800m: 12:21,55 (01:28,43)			
6.	Pauline Simon	2003	SV Bieber Lendringsen	13:11,75
	100m: 01:24,57 (01:24,57)   200m: 03:01,73 (01:37,16)   300m: 04:43,19 (01:41,46)			
	400m: 06:27,16 (01:43,97)   500m: 08:10,16 (01:43,00)   600m: 09:53,01 (01:42,85)			
	700m: 11:33,65 (01:40,64)   800m: 13:11,75 (01:38,10)			
7.	Sarah Luthien Christiani	2003	TuS Neuenrade	14:00,92
	100m: 01:35,03 (01:35,03)   200m: 03:22,26 (01:47,23)   300m: 05:11,86 (01:49,60)			
	400m: 07:01,54 (01:49,68)   500m: 08:52,10 (01:50,56)   600m: 10:39,07 (01:46,97)			
	700m: 12:25,16 (01:46,09)   800m: 14:00,92 (01:35,76)			

## Jahrgang 2002

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Lea Sophie Hörner	2002	Wfr. Lüdenscheid	11:00,81
	100m: 01:16,47 (01:16,47)   200m: 02:40,50 (01:24,03)   300m: 04:03,75 (01:23,25)			
	400m: 05:27,41 (01:23,66)   500m: 06:52,16 (01:24,75)   600m: 08:16,97 (01:24,81)			
	700m: 09:40,91 (01:23,94)   800m: 11:00,81 (01:19,90)			
2.	Nancy Neß	2002	SV Plettenberg 1951 e.V.	11:51,11
	100m: 01:22,84 (01:22,84)   200m: 02:52,19 (01:29,35)   300m: 04:24,17 (01:31,98)			
	400m: 05:55,72 (01:31,55)   500m: 07:25,20 (01:29,48)   600m: 08:54,89 (01:29,69)			
	700m: 10:23,91 (01:29,02)   800m: 11:51,11 (01:27,20)			
3.	Ellen Schulze	2002	Wfr. Lüdenscheid	12:37,56
	100m: 01:21,16 (01:21,16)   200m: 02:55,35 (01:34,19)   300m: 04:31,44 (01:36,09)			
	400m: 06:06,76 (01:35,32)   500m: 07:44,04 (01:37,28)   600m: 09:23,85 (01:39,81)			
	700m: 11:01,79 (01:37,94)   800m: 12:37,56 (01:35,77)			
4.	Swantje Hammecke	2002	Wasserfreunde 79 Balve	14:23,20
	100m: 01:30,87 (01:30,87)   200m: 03:19,48 (01:48,61)   300m: 05:10,92 (01:51,44)			
	400m: 07:04,18 (01:53,26)   500m: 08:54,88 (01:50,70)   600m: 10:48,01 (01:53,13)			
	700m: 12:40,85 (01:52,84)   800m: 14:23,20 (01:42,35)			

Platz	Schwimmerin	Jg.	Verein	Endzeit
5.	Lena Otto	2002	SG Wassersport Iserlohn	14:27,42
	100m: 01:27,94 (01:27,94)   200m: 03:13,67 (01:45,73)   300m: 05:03,90 (01:50,23)			
	400m: 06:55,73 (01:51,83)   500m: 08:47,19 (01:51,46)   600m: 10:40,21 (01:53,02)			
	700m: 12:36,92 (01:56,71)   800m: 14:27,42 (01:50,50)			

außer Konkurrenz

	Vivien Labudda	2002	Linden-Dahlhauser SV 1921	11:41,15
	100m: 01:21,96 (01:21,96)   200m: 02:50,21 (01:28,25)   300m: 04:19,21 (01:29,00)			
	400m: 05:47,96 (01:28,75)   500m: 07:17,20 (01:29,24)   600m: 08:45,58 (01:28,38)			
	700m: 10:13,52 (01:27,94)   800m: 11:41,15 (01:27,63)			

## Jahrgang 2001

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Gina Barth	2001	Mendener SV	09:57,47
	100m: 01:08,97 (01:08,97)   200m: 02:24,16 (01:15,19)   300m: 03:39,66 (01:15,50)			
	400m: 04:55,02 (01:15,36)   500m: 06:11,69 (01:16,67)   600m: 07:28,05 (01:16,36)			
	700m: 08:43,30 (01:15,25)   800m: 09:57,47 (01:14,17)			
2.	Maike Romberg	2001	Mendener SV	11:08,88
	100m: 01:13,72 (01:13,72)   200m: 02:36,31 (01:22,59)   300m: 04:01,02 (01:24,71)			
	400m: 05:28,27 (01:27,25)   500m: 06:54,91 (01:26,64)   600m: 08:21,35 (01:26,44)			
	700m: 09:46,32 (01:24,97)   800m: 11:08,88 (01:22,56)			
3.	Senja Ritzmann	2001	SV Bieber Lendringsen	11:20,85
	100m: 01:17,75 (01:17,75)   200m: 02:41,61 (01:23,86)   300m: 04:07,22 (01:25,61)			
	400m: 05:34,64 (01:27,42)   500m: 07:01,75 (01:27,11)   600m: 08:29,05 (01:27,30)			
	700m: 09:56,78 (01:27,73)   800m: 11:20,85 (01:24,07)			
4.	Yvonne Bandlofsky	2001	SG Wassersport Iserlohn	14:15,44
	100m: 01:38,02 (01:38,02)   200m: 03:17,40 (01:39,38)   300m: 05:10,90 (01:53,50)			
	400m: 07:02,24 (01:51,34)   500m: 08:53,52 (01:51,28)   600m: 10:45,62 (01:52,10)			
	700m: 12:32,80 (01:47,18)   800m: 14:15,44 (01:42,64)			

## Jahrgang 2000

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Jeanine Möglich	2000	SV08 Werdohl	10:21,37
	100m: 01:10,15 (01:10,15)   200m: 02:27,43 (01:17,28)   300m: 03:46,87 (01:19,44)			
	400m: 05:06,52 (01:19,65)   500m: 06:25,68 (01:19,16)   600m: 07:45,87 (01:20,19)			
	700m: 09:04,62 (01:18,75)   800m: 10:21,37 (01:16,75)			
2.	Johanna Schwermann	2000	Mendener SV	11:27,42
	100m: 01:15,37 (01:15,37)   200m: 02:38,68 (01:23,31)   300m: 04:02,40 (01:23,72)			
	400m: 05:27,30 (01:24,90)   500m: 06:56,01 (01:28,71)   600m: 08:26,19 (01:30,18)			
	700m: 09:58,65 (01:32,46)   800m: 11:27,42 (01:28,77)			
3.	Yvonne Schalk	2000	Wfr. Lüdenscheid	12:17,00
	100m: 00:12,61 (00:12,61)   200m: 02:52,92 (02:40,31)   300m: 04:27,05 (01:34,13)			
	400m: 06:01,39 (01:34,34)   500m: 07:37,08 (01:35,69)   600m: 09:11,89 (01:34,81)			
	700m: 10:46,49 (01:34,60)   800m: 12:17,00 (01:30,51)			
<u>außer Konkurrenz</u>				
	Jasmin Hermann	2000	Linden-Dahlhauser SV 1921	12:17,26
	100m: 01:26,55 (01:26,55)   200m: 02:59,52 (01:32,97)   300m: 04:32,75 (01:33,23)			
	400m: 06:05,90 (01:33,15)   500m: 07:39,43 (01:33,53)   600m: 09:14,43 (01:35,00)			
	700m: 10:48,16 (01:33,73)   800m: 12:17,26 (01:29,10)			

## Jahrgang 1999

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Alicia Bettermann	1999	SV08 Werdohl	11:08,61
	100m: 01:11,96 (01:11,96)   200m: 02:34,27 (01:22,31)   300m: 03:58,86 (01:24,59)			
	400m: 05:26,37 (01:27,51)   500m: 06:52,72 (01:26,35)   600m: 08:19,21 (01:26,49)			
	700m: 09:46,11 (01:26,90)   800m: 11:08,61 (01:22,50)			
2.	Lina Hartmann	1999	SG Wassersport Iserlohn	11:15,92
	100m: 01:13,23 (01:13,23)   200m: 02:36,54 (01:23,31)   300m: 04:02,10 (01:25,56)			
	500m: 06:46,71 (02:44,61)   600m: 08:25,21 (01:38,50)   700m: 09:52,71 (01:27,50)			
	800m: 11:15,92 (01:23,21)			
3.	Wencke Romberg	1999	Mendener SV	11:44,94
	100m: 01:15,19 (01:15,19)   200m: 02:40,55 (01:25,36)   300m: 04:08,41 (01:27,86)			
	400m: 05:39,57 (01:31,16)   500m: 07:10,65 (01:31,08)   600m: 08:42,27 (01:31,62)			
	700m: 10:14,20 (01:31,93)   800m: 11:44,94 (01:30,74)			
4.	Marie Schneider	1999	Wasserfreunde 79 Balve	13:51,69
	100m: 01:29,04 (01:29,04)   200m: 03:14,19 (01:45,15)   300m: 05:00,95 (01:46,76)			
	400m: 06:51,44 (01:50,49)   500m: 08:39,13 (01:47,69)   600m: 10:27,43 (01:48,30)			
	700m: 12:13,65 (01:46,22)   800m: 13:51,69 (01:38,04)			
5.	Rebekka Brockmeyer	1999	SV Bieber Lendringsen	14:02,68
	100m: 01:30,40 (01:30,40)   200m: 03:14,08 (01:43,68)   300m: 05:01,25 (01:47,17)			
	400m: 06:50,43 (01:49,18)   500m: 08:39,68 (01:49,25)   600m: 10:28,47 (01:48,79)			
	700m: 12:17,68 (01:49,21)   800m: 14:02,68 (01:45,00)			

## Jahrgang 1998

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Melina Booms	1998	TuS Neuenrade	13:14,24
	100m: 01:28,81 (01:28,81)   200m: 03:09,31 (01:40,50)   300m: 04:50,56 (01:41,25)			
	400m: 06:32,09 (01:41,53)   500m: 08:13,92 (01:41,83)   600m: 09:56,81 (01:42,89)			
	700m: 11:38,31 (01:41,50)   800m: 13:14,24 (01:35,93)			

## Wettkampf 6 - 800m Freistil Masters weiblich

### Ak 20

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Katrin Harnischmacher	1997/AK 20	SV Bieber Lendringsen	10:09,44
	100m: 01:08,05 (01:08,05)   200m: 02:22,87 (01:14,82)   300m: 03:39,58 (01:16,71)			
	400m: 04:57,18 (01:17,60)   500m: 06:18,44 (01:21,26)   600m: 07:34,33 (01:15,89)			
	700m: 08:52,22 (01:17,89)   800m: 10:09,44 (01:17,22)			
2.	Veronika Herdes	1993/AK 20	Wasserfreunde 79 Balve	14:13,04
	100m: 01:29,04 (01:29,04)   200m: 03:15,22 (01:46,18)   300m: 05:04,32 (01:49,10)			
	400m: 06:54,97 (01:50,65)   500m: 08:47,89 (01:52,92)   600m: 10:40,41 (01:52,52)			
	700m: 12:27,72 (01:47,31)   800m: 14:13,04 (01:45,32)			

### Ak 40

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Connie Schalk-Zeinstra	1973/AK 40	Wfr. Lüdenscheid	20:30,97
	100m: 02:16,50 (02:16,50)   200m: 04:51,72 (02:35,22)   300m: 07:29,69 (02:37,97)			
	400m: 10:07,37 (02:37,68)   500m: 12:42,59 (02:35,22)   600m: 15:21,22 (02:38,63)			
	700m: 17:56,62 (02:35,40)   800m: 20:30,97 (02:34,35)			

#### abgemeldet

Eva Hoffmann 1974/AK 40 SV Hemer 1921

## Ak 50

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Erika Harnischmacher	1967/AK 50	SV Bieber Lendringsen	13:10,60
	100m: 01:28,08 (01:28,08)   200m: 03:06,99 (01:38,91)   300m: 04:47,64 (01:40,65)			
	400m: 06:28,08 (01:40,44)   500m: 08:10,08 (01:42,00)   600m: 09:51,39 (01:41,31)			
	700m: 11:47,62 (01:56,23)   800m: 13:10,60 (01:22,98)			
2.	Claudia Schmidtke	1965/AK 50	TuS Neuenrade	17:00,81
	100m: 01:49,87 (01:49,87)   200m: 03:59,00 (02:09,13)   300m: 06:10,27 (02:11,27)			
	400m: 08:22,20 (02:11,93)   500m: 10:34,48 (02:12,28)   600m: 12:47,31 (02:12,83)			
	700m: 14:59,90 (02:12,59)   800m: 17:00,81 (02:00,91)			

## Ak 55

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Monika Scheidt	1959/AK 55	SV Bieber Lendringsen	13:09,00
	100m: 01:28,93 (01:28,93)   200m: 03:08,02 (01:39,09)   300m: 04:48,49 (01:40,47)			
	400m: 06:29,43 (01:40,94)   500m: 08:10,43 (01:41,00)   600m: 09:51,33 (01:40,90)			
	700m: 11:32,30 (01:40,97)   800m: 13:09,00 (01:36,70)			
2.	Birgit Jardejewski	1961/AK 55	TuS Neuenrade	16:23,89
	100m: 01:41,34 (01:41,34)   200m: 03:43,66 (02:02,32)   300m: 05:55,88 (02:12,22)			
	400m: 08:04,56 (02:08,68)   500m: 10:10,11 (02:05,55)   600m: 12:16,15 (02:06,04)			
	700m: 14:22,78 (02:06,63)   800m: 16:23,89 (02:01,11)			

## Ak 65

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Michaele Schorlemer	1950/AK 65	Wfr. Lüdenscheid	15:21,48
	100m: 01:50,05 (01:50,05)   200m: 03:46,07 (01:56,02)   300m: 05:41,45 (01:55,38)			
	400m: 07:37,23 (01:55,78)   500m: 09:33,54 (01:56,31)   600m: 11:29,73 (01:56,19)			
	700m: 13:26,67 (01:56,94)   800m: 15:21,48 (01:54,81)			

## Wettkampf 7 - 800m Freistil männlich

### Jahrgang 2005

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Lukas Franke	2005	SV Plettenberg 1951 e.V.	12:13,28
	100m: 01:23,23 (01:23,23)   200m: 02:54,56 (01:31,33)   300m: 04:28,17 (01:33,61)			
	400m: 06:01,14 (01:32,97)   500m: 07:37,29 (01:36,15)   600m: 09:10,75 (01:33,46)			
	700m: 10:47,66 (01:36,91)   800m: 12:13,28 (01:25,62)			
2.	Norman Neß	2005	SV Plettenberg 1951 e.V.	12:21,62
	100m: 01:21,19 (01:21,19)   200m: 03:00,55 (01:39,36)   300m: 04:34,97 (01:34,42)			
	400m: 06:11,20 (01:36,23)   500m: 07:44,54 (01:33,34)   600m: 09:18,33 (01:33,79)			
	700m: 10:51,75 (01:33,42)   800m: 12:21,62 (01:29,87)			
3.	Wael Afify	2005	SG Wassersport Iserlohn	13:33,23
	100m: 01:34,40 (01:34,40)   200m: 03:19,12 (01:44,72)   300m: 05:03,18 (01:44,06)			
	400m: 06:47,59 (01:44,41)   500m: 08:28,43 (01:40,84)   600m: 10:14,73 (01:46,30)			
	700m: 11:56,03 (01:41,30)   800m: 13:33,23 (01:37,20)			

### Jahrgang 2004

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Linus Pavlakis	2004	Wfr. Lüdenscheid	12:21,84
	100m: 01:21,62 (01:21,62)   200m: 02:53,62 (01:32,00)   300m: 04:28,34 (01:34,72)			
	400m: 06:03,03 (01:34,69)   500m: 07:39,40 (01:36,37)   600m: 09:15,72 (01:36,32)			
	700m: 10:50,94 (01:35,22)   800m: 12:21,84 (01:30,90)			

Platz	Schwimmer	Jg.	Verein	Endzeit
2.	Jonas Rinscheidt 100m: 01:21,52 (01:21,52)   200m: 02:54,73 (01:33,21)   300m: 04:30,92 (01:36,19) 400m: 06:08,14 (01:37,22)   500m: 07:44,52 (01:36,38)   600m: 09:21,80 (01:37,28) 700m: 10:57,27 (01:35,47)   800m: 12:26,75 (01:29,48)	2004	Mendener SV	12:26,75
3.	Matthias Schäfer 100m: 01:35,13 (01:35,13)   200m: 03:19,23 (01:44,10)   300m: 05:06,70 (01:47,47) 400m: 06:56,98 (01:50,28)   500m: 08:44,76 (01:47,78)   600m: 10:36,96 (01:52,20) 700m: 12:26,03 (01:49,07)   800m: 14:11,46 (01:45,43)	2004	SG Wassersport Iserlohn	14:11,46
4.	Benjamin Elias Ibach 100m: 01:38,55 (01:38,55)   200m: 03:30,71 (01:52,16)   300m: 05:26,81 (01:56,10) 400m: 07:17,81 (01:51,00)   500m: 09:11,26 (01:53,45)   600m: 11:07,41 (01:56,15) 700m: 12:58,87 (01:51,46)   800m: 14:49,44 (01:50,57)	2004	SV Hemer 1921	14:49,44

## Jahrgang 2003

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister				
	Pitt Rino Hülsmann 100m: 01:20,06 (01:20,06)   200m: 02:49,62 (01:29,56)   300m: 04:20,50 (01:30,88) 400m: 05:49,12 (01:28,62)   500m: 07:17,84 (01:28,72)   600m: 08:45,62 (01:27,78) 700m: 10:11,50 (01:25,88)   800m: 11:28,81 (01:17,31)	2003	SG Wassersport Iserlohn	11:28,81
2.	Maxim Rosental 100m: 01:23,12 (01:23,12)   200m: 03:01,67 (01:38,55)   300m: 04:43,67 (01:42,00) 400m: 06:26,92 (01:43,25)   500m: 08:08,32 (01:41,40)   600m: 09:50,73 (01:42,41) 700m: 11:32,25 (01:41,52)   800m: 13:08,95 (01:36,70)	2003	SG Wassersport Iserlohn	13:08,95
3.	Sinan Cakir 100m: 01:26,98 (01:26,98)   200m: 03:10,16 (01:43,18)   300m: 04:53,52 (01:43,36) 400m: 06:37,64 (01:44,12)   500m: 08:22,37 (01:44,73)   600m: 09:14,87 (00:52,50) 700m: 10:06,87 (00:52,00)   800m: 13:37,19 (03:30,32)	2003	SG Wassersport Iserlohn	13:37,19
4.	Jan Lukas Schmidt 100m: 01:29,08 (01:29,08)   200m: 03:17,87 (01:48,79)   300m: 05:08,22 (01:50,35) 400m: 06:59,19 (01:50,97)   500m: 08:51,37 (01:52,18)   600m: 10:41,75 (01:50,38) 700m: 12:28,72 (01:46,97)   800m: 14:10,25 (01:41,53)	2003	SV Plettenberg 1951 e.V.	14:10,25

### abgemeldet

Raphael Rudolf Schaaf                      2003                      SV Hemer 1921

## Jahrgang 2002

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister				
	Phil Glagla 100m: 01:13,58 (01:13,58)   200m: 02:38,54 (01:24,96)   300m: 04:05,69 (01:27,15) 400m: 05:32,83 (01:27,14)   500m: 07:00,84 (01:28,01)   600m: 08:28,87 (01:28,03) 700m: 09:57,54 (01:28,67)   800m: 11:21,40 (01:23,86)	2002	SG Wassersport Iserlohn	11:21,40
2.	Steffen Ludwig 100m: 01:12,97 (01:12,97)   200m: 02:40,15 (01:27,18)   300m: 04:09,90 (01:29,75) 400m: 05:39,44 (01:29,54)   500m: 07:08,65 (01:29,21)   600m: 08:37,90 (01:29,25) 700m: 10:07,15 (01:29,25)   800m: 11:30,47 (01:23,32)	2002	SG Wassersport Iserlohn	11:30,47
3.	Moritz Franke 100m: 01:28,09 (01:28,09)   200m: 03:06,83 (01:38,74)   300m: 04:46,40 (01:39,57) 400m: 06:25,97 (01:39,57)   500m: 08:05,79 (01:39,82)   600m: 09:45,28 (01:39,49) 700m: 11:24,49 (01:39,21)   800m: 12:56,05 (01:31,56)	2002	SV Plettenberg 1951 e.V.	12:56,05
4.	Johannes Ibach 100m: 01:24,35 (01:24,35)   200m: 03:03,91 (01:39,56)   300m: 04:48,25 (01:44,34) 400m: 06:34,75 (01:46,50)   500m: 08:22,81 (01:48,06)   600m: 10:09,22 (01:46,41) 700m: 11:58,53 (01:49,31)   800m: 13:36,17 (01:37,64)	2002	SV Hemer 1921	13:36,17
5.	Florian Temme 100m: 01:28,16 (01:28,16)   200m: 03:16,80 (01:48,64)   300m: 05:05,08 (01:48,28) 400m: 07:00,33 (01:55,25)   500m: 08:52,21 (01:51,88)   600m: 10:43,40 (01:51,19) 700m: 12:32,32 (01:48,92)   800m: 14:14,23 (01:41,91)	2002	SV Hemer 1921	14:14,23

Platz	Schwimmer	Jg.	Verein	Endzeit
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abgemeldet  
Bjarne Kinkel

2002 TuS Neuenrade

## Jahrgang 2001

Platz	Schwimmer	Jg.	Verein	Endzeit
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1. und Kreismeister

Lukas Linnenbürger 2001 SV Bieber Lendringsen 09:28,33  
 100m: 01:05,95 (01:05,95) | 200m: 02:17,46 (01:11,51) | 300m: 03:29,22 (01:11,76)  
 400m: 04:41,60 (01:12,38) | 500m: 05:54,62 (01:13,02) | 600m: 07:05,98 (01:11,36)  
 700m: 08:18,43 (01:12,45) | 800m: 09:28,33 (01:09,90)

2. Maximilian Buchholz 2001 Wfr. Lüdenscheid 09:39,84  
 100m: 01:04,66 (01:04,66) | 200m: 02:16,14 (01:11,48) | 300m: 03:29,71 (01:13,57)  
 400m: 04:44,05 (01:14,34) | 500m: 05:58,19 (01:14,14) | 600m: 07:11,91 (01:13,72)  
 700m: 08:25,89 (01:13,98) | 800m: 09:39,84 (01:13,95)

3. Bastian Hollmann 2001 SV Bieber Lendringsen 09:58,90  
 100m: 01:09,25 (01:09,25) | 200m: 02:25,03 (01:15,78) | 300m: 03:41,50 (01:16,47)  
 400m: 04:58,25 (01:16,75) | 500m: 06:15,22 (01:16,97) | 600m: 07:32,83 (01:17,61)  
 700m: 08:50,00 (01:17,17) | 800m: 09:58,90 (01:08,90)

4. Robert Schaaf 2001 SV Hemer 1921 13:37,34  
 100m: 01:26,61 (01:26,61) | 200m: 03:08,52 (01:41,91) | 300m: 04:53,58 (01:45,06)  
 400m: 06:38,46 (01:44,88) | 500m: 08:21,55 (01:43,09) | 600m: 10:04,86 (01:43,31)  
 700m: 11:50,93 (01:46,07) | 800m: 13:37,34 (01:46,41)

## Jahrgang 2000

Platz	Schwimmer	Jg.	Verein	Endzeit
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1. und Kreismeister

Philipp Fritze 2000 SG Wassersport Iserlohn 11:00,44  
 100m: 01:12,02 (01:12,02) | 200m: 02:35,15 (01:23,13) | 300m: 03:59,37 (01:24,22)  
 400m: 05:24,76 (01:25,39) | 500m: 06:51,99 (01:27,23) | 600m: 08:18,18 (01:26,19)  
 700m: 09:41,52 (01:23,34) | 800m: 11:00,44 (01:18,92)

2. Dominik Peters 2000 SV Bieber Lendringsen 11:06,16  
 100m: 01:15,80 (01:15,80) | 200m: 02:40,92 (01:25,12) | 300m: 04:05,09 (01:24,17)  
 400m: 05:31,95 (01:26,86) | 500m: 06:58,58 (01:26,63) | 600m: 08:24,39 (01:25,81)  
 700m: 09:49,67 (01:25,28) | 800m: 11:06,16 (01:16,49)

3. Leonard Thomas 2000 SV Plettenberg 1951 e.V. 12:20,66  
 100m: 01:18,18 (01:18,18) | 200m: 02:48,18 (01:30,00) | 300m: 04:20,74 (01:32,56)  
 400m: 05:55,02 (01:34,28) | 500m: 07:31,77 (01:36,75) | 600m: 09:10,36 (01:38,59)  
 700m: 10:46,61 (01:36,25) | 800m: 12:20,66 (01:34,05)

4. Samet Ramazan Cakir 2000 SG Wassersport Iserlohn 13:16,07  
 100m: 01:22,63 (01:22,63) | 200m: 03:01,79 (01:39,16) | 300m: 04:45,76 (01:43,97)  
 400m: 06:29,05 (01:43,29) | 500m: 08:14,94 (01:45,89) | 600m: 09:59,98 (01:45,04)  
 700m: 11:42,27 (01:42,29) | 800m: 13:16,07 (01:33,80)

## Wettkampf 8 - 800m Freistil Masters männlich

### Ak 20

Platz	Schwimmer	Jg.	Verein	Endzeit
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1. und Kreismeister

Lukas Schröer 1996/AK 20 SV Bieber Lendringsen 09:33,38  
 100m: 01:03,13 (01:03,13) | 200m: 02:13,97 (01:10,84) | 300m: 03:24,94 (01:10,97)  
 400m: 04:38,09 (01:13,15) | 500m: 05:51,09 (01:13,00) | 600m: 07:04,66 (01:13,57)  
 700m: 08:18,98 (01:14,32) | 800m: 09:33,38 (01:14,40)

2. Dominik Möglich 1997/AK 20 SV08 Werdohl 10:02,00  
 100m: 01:02,95 (01:02,95) | 200m: 02:16,10 (01:13,15) | 300m: 03:31,51 (01:15,41)  
 400m: 04:49,10 (01:17,59) | 500m: 06:07,95 (01:18,85) | 600m: 07:27,89 (01:19,94)  
 700m: 08:47,14 (01:19,25) | 800m: 10:02,00 (01:14,86)

Platz	Schwimmer	Jg.	Verein	Endzeit
3.	Dominik Junker	1996/AK 20	SV Plettenberg 1951 e.V.	10:10,93
	100m: 01:06,64 (01:06,64)   200m: 02:23,02 (01:16,38)   300m: 03:41,42 (01:18,40)			
	400m: 05:00,23 (01:18,81)   500m: 06:18,92 (01:18,69)   600m: 07:36,92 (01:18,00)			
	700m: 08:55,42 (01:18,50)   800m: 10:10,93 (01:15,51)			
4.	Tobias Weingarten	1994/AK 20	SV Bieber Lendringsen	10:27,87
	100m: 01:06,36 (01:06,36)   200m: 02:22,93 (01:16,57)   300m: 03:42,08 (01:19,15)			
	400m: 05:01,93 (01:19,85)   500m: 06:22,18 (01:20,25)   600m: 07:42,55 (01:20,37)			
	700m: 08:59,80 (01:17,25)   800m: 10:27,87 (01:28,07)			
5.	Hendrik Jansen	1997/AK 20	SG Wassersport Iserlohn	12:18,43
	100m: 01:17,76 (01:17,76)   200m: 02:46,96 (01:29,20)   300m: 04:20,56 (01:33,60)			
	400m: 05:55,25 (01:34,69)   500m: 07:32,22 (01:36,97)   600m: 09:08,90 (01:36,68)			
	700m: 10:46,05 (01:37,15)   800m: 12:18,43 (01:32,38)			

abgemeldet

Jannik Thomas 1997/AK 20 SV Plettenberg 1951 e.V.

## Ak 45

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister				
	Andre Zahn	1970/AK 45	TuS Neuenrade	12:48,01
	100m: 01:21,85 (01:21,85)   200m: 02:58,75 (01:36,90)   300m: 04:36,39 (01:37,64)			
	500m: 07:58,46 (03:22,07)   600m: 09:38,76 (01:40,30)   700m: 11:15,00 (01:36,24)			
	800m: 12:48,01 (01:33,01)			
2.	Maik Dobrinsky	1972/AK 45	Wfr. Lüdenscheid	15:11,06
	100m: 01:30,50 (01:30,50)   200m: 03:23,06 (01:52,56)   300m: 05:20,15 (01:57,09)			
	400m: 07:19,75 (01:59,60)   500m: 09:19,09 (01:59,34)   600m: 11:17,25 (01:58,16)			
	700m: 13:16,65 (01:59,40)   800m: 15:11,06 (01:54,41)			

## Ak 55

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister				
	Martin Goebel	1959/AK 55	TuS Neuenrade	14:02,66
	100m: 01:30,55 (01:30,55)   200m: 03:13,42 (01:42,87)   300m: 04:59,97 (01:46,55)			
	400m: 06:50,25 (01:50,28)   500m: 08:39,26 (01:49,01)   600m: 10:28,06 (01:48,80)			
	700m: 12:16,30 (01:48,24)   800m: 14:02,66 (01:46,36)			
2.	Rüdiger Hülsmann	1958/AK 55	SG Wassersport Iserlohn	14:27,13
	100m: 01:41,80 (01:41,80)   200m: 03:34,34 (01:52,54)   300m: 05:26,78 (01:52,44)			
	400m: 07:17,15 (01:50,37)   500m: 09:07,77 (01:50,62)   600m: 10:54,83 (01:47,06)			
	700m: 12:42,78 (01:47,95)   800m: 14:27,13 (01:44,35)			

## Ak 60

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister				
	Lutz Boelter	1953/AK 60	TuS Neuenrade	15:13,40
	100m: 01:38,65 (01:38,65)   200m: 03:35,75 (01:57,10)   300m: 05:33,12 (01:57,37)			
	400m: 07:32,62 (01:59,50)   500m: 09:31,53 (01:58,91)   600m: 11:28,22 (01:56,69)			
	700m: 13:24,18 (01:55,96)   800m: 15:13,40 (01:49,22)			

Iserlohn, den 20.01.2017

Abschnittende: 20:30 Uhr

Protokollende: 20:42 Uhr

gez. Stefan Plötz

gez. Frank Voigt

gez. Raimond Schaaf

Schiedsrichter weiblich

Schiedsrichter männlich

Protokollführer

## Abschnitt 2 - Samstag 21.01.2017

Einlass: 14:30 Uhr | Einschwimmen: 14:30 Uhr | Kampfrichter: 14:45 Uhr | Beginn: 15:30 Uhr

### Kampfgericht Abschnitt 2

Position	Name	Verein
Schiedsrichter weiblich	Stefan Plötz	
Schiedsrichter männlich	Frank Voigt	
Starter weiblich	Stefan Plötz	
Starter männlich	Frank Voigt	
Schwimmrichter 1	Stefan Plötz	
Schwimmrichter 2	Frank Voigt	
Sprecher 1	Meinolf Rennebaum	
Auswerter 1	Kathrin Schaaf	
Protokollführer	Raimond Schaaf	
Computer 1	Adrian Raabe	
Computer 2	Daniela Rennebaum	

### Zielgericht

Position	Name	Verein
Zielrichterobmann	Theodor Röhrs	
Zielrichter 1	Nadine Srejc	
Zielrichter 2	Davor Srejc	

### Zeitgericht 1

Position	Name	Verein
Zeitnehmerobmann	Maik Dobrinski	
Zeitnehmer Bahn 1	Myriam Cramer-Thröner	
Zeitnehmer Bahn 2	Sophie Wäscher	
Zeitnehmer Bahn 3	Stephanie Kounatidis	
Zeitnehmer Bahn 4	Brigitte Dobrinski	
Zeitnehmer Bahn 5	Benedikt Gal	
Zeitnehmer Bahn 6	Thomas Henning	
Zeitnehmer Bahn 7	Oliver Schulz	
Zeitnehmer Bahn 8	Andreas Barth	

### Zeitgericht 2

Position	Name	Verein
Zeitnehmerobmann	Maik Dobrinski	
Zeitnehmer Bahn 1	Isabel Vollmer	
Zeitnehmer Bahn 2	Maik Brester	
Zeitnehmer Bahn 3	Nathalie Paßolat	
Zeitnehmer Bahn 4	Petra Dreber	
Zeitnehmer Bahn 5	Jens Hahn	
Zeitnehmer Bahn 6	Heidi Affify	
Zeitnehmer Bahn 7	Guido Stübke	
Zeitnehmer Bahn 8	Florian Temme	

### Wendegericht

Position	Name	Verein
Wenderichterobmann	Sandra Scheffler	
Wenderichter Bahn 1	Sarah Voigt	
Wenderichter Bahn 2	Lina Hartmann	
Wenderichter Bahn 3	Nils Eikermann	



## Wettkampffolge für Abschnitt 2

Wettkampf 9 - 400m Freistil weiblich  
Wettkampf 10 - 400m Freistil Masters weiblich  
Wettkampf 11 - 400m Freistil männlich  
Wettkampf 12 - 400m Freistil Masters männlich  
Wettkampf 13 - 1500m Freistil weiblich  
Wettkampf 14 - 1500m Freistil Masters weiblich  
Wettkampf 15 - 1500m Freistil männlich  
Wettkampf 16 - 1500m Freistil Masters männlich

## Wettkampf 9 - 400m Freistil weiblich

### Jahrgang 2007

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Lavinia Mongiello	2007	SG Wassersport Iserlohn	07:49,72
	100m: 01:48,55 (01:48,55)   200m: 03:49,81 (02:01,26)   300m: 05:52,19 (02:02,38)			
	400m: 07:49,72 (01:57,53)			
2.	Lorena Janke	2007	SV Bieber Lendringsen	07:52,65
	100m: 01:52,44 (01:52,44)   200m: 03:55,62 (02:03,18)   300m: 05:58,98 (02:03,36)			
	400m: 07:52,65 (01:53,67)			
3.	Kimberly Kligge	2007	Wfr. Lüdenscheid	08:11,36
	100m: 01:50,45 (01:50,45)   200m: 03:54,26 (02:03,81)   300m: 06:04,12 (02:09,86)			
	400m: 08:11,36 (02:07,24)			
4.	Lara Göhausen	2007	SV Plettenberg 1951 e.V.	08:33,82
	100m: 01:53,67 (01:53,67)   200m: 04:05,54 (02:11,87)   300m: 06:19,53 (02:13,99)			
	400m: 08:33,82 (02:14,29)			
5.	Sofia Szczucki	2007	SG Wassersport Iserlohn	08:59,17
	100m: 02:06,93 (02:06,93)   200m: 04:25,94 (02:19,01)   300m: 06:45,98 (02:20,04)			
	400m: 08:59,17 (02:13,19)			
6.	Antonia Goeke	2007	SV Bieber Lendringsen	09:17,96
	100m: 02:11,71 (02:11,71)   200m: 04:38,43 (02:26,72)   300m: 06:58,60 (02:20,17)			
	400m: 09:17,96 (02:19,36)			
7.	Leonie Sophie Wächter	2007	SV Hemer 1921	10:08,36
	100m: 02:20,54 (02:20,54)   200m: 04:56,64 (02:36,10)   300m: 07:33,77 (02:37,13)			
	400m: 10:08,36 (02:34,59)			

### Jahrgang 2006

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Kimberly Piekert	2006	SV Albatros Letmathe	06:34,69
	100m: 01:28,58 (01:28,58)   200m: 03:10,64 (01:42,06)   300m: 04:53,80 (01:43,16)			
	400m: 06:34,69 (01:40,89)			
2.	Alexia Kounatidis	2006	SV Plettenberg 1951 e.V.	07:08,69
	100m: 01:34,68 (01:34,68)   200m: 03:26,18 (01:51,50)   300m: 05:19,40 (01:53,22)			
	400m: 07:08,69 (01:49,29)			
3.	Greta Weiland	2006	SG Wassersport Iserlohn	07:24,54
	100m: 01:41,90 (01:41,90)   200m: 03:34,81 (01:52,91)   300m: 05:30,99 (01:56,18)			
	400m: 07:24,54 (01:53,55)			
4.	Evelyn Fabienne Rademacher	2006	SG Wassersport Iserlohn	07:43,31
	100m: 01:39,09 (01:39,09)   200m: 03:39,81 (02:00,72)   300m: 05:42,85 (02:03,04)			
	400m: 07:43,31 (02:00,46)			
5.	Neele Srejjic	2006	SG Wassersport Iserlohn	07:59,95
	100m: 01:47,57 (01:47,57)   200m: 03:52,64 (02:05,07)   300m: 05:58,61 (02:05,97)			
	400m: 07:59,95 (02:01,34)			
6.	Cansu Anac	2006	TuS Neuenrade	08:11,97
	100m: 01:51,02 (01:51,02)   200m: 03:59,11 (02:08,09)   300m: 06:07,86 (02:08,75)			
	400m: 08:11,97 (02:04,11)			

Platz	Schwimmerin	Jg.	Verein	Endzeit
	<u>nicht am Start</u> Mia Twelker	2006	SV Bieber Lendringsen	

## Jahrgang 2005

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Coleen Andree Dirksmeier	2005	Mendener SV	05:35,77
	100m: 01:14,60 (01:14,60)   200m: 02:39,79 (01:25,19)   300m: 04:07,03 (01:27,24) 400m: 05:35,77 (01:28,74)			
2.	Lambrini Tatidou	2005	Wfr. Lüdenscheid	06:13,41
	100m: 01:21,82 (01:21,82)   200m: 02:58,52 (01:36,70)   300m: 04:37,18 (01:38,66) 400m: 06:13,41 (01:36,23)			
3.	Sofia Merker	2005	Wfr. Lüdenscheid	06:23,90
	100m: 01:26,79 (01:26,79)   200m: 03:06,13 (01:39,34)   300m: 04:47,00 (01:40,87) 400m: 06:23,90 (01:36,90)			
4.	Hannah Sophie Böhnigk	2005	SG Wassersport Iserlohn	06:34,85
	100m: 01:31,68 (01:31,68)   200m: 03:13,93 (01:42,25)   300m: 04:58,89 (01:44,96) 400m: 06:34,85 (01:35,96)			
5.	Jolina Isabel Schnelle	2005	TuS Neuenrade	07:20,79
	100m: 01:42,89 (01:42,89)   200m: 03:35,46 (01:52,57)   300m: 05:52,57 (02:17,11) 400m: 07:20,79 (01:28,22)			
6.	Lara Klein	2005	SV Hemer 1921	08:02,75
	100m: 01:54,72 (01:54,72)   200m: 03:59,36 (02:04,64)   300m: 06:04,89 (02:05,53) 400m: 08:02,75 (01:57,86)			
7.	Dana Felice Fischer	2005	SV Bieber Lendringsen	08:21,84
	100m: 01:42,31 (01:42,31)   200m: 03:52,56 (02:10,25)   300m: 06:09,81 (02:17,25) 400m: 08:21,84 (02:12,03)			
8.	Lena Lueg	2005	SV Bieber Lendringsen	08:48,08
	100m: 01:50,27 (01:50,27)   200m: 04:13,61 (02:23,34)   300m: 06:39,27 (02:25,66) 400m: 08:48,08 (02:08,81)			
	<u>abgemeldet</u> Kim Melina Kaqija	2005	SG Wassersport Iserlohn	

## Jahrgang 2004

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Pia Neß	2004	SV Plettenberg 1951 e.V.	05:43,18
	100m: 01:14,86 (01:14,86)   200m: 02:42,33 (01:27,47)   300m: 04:11,62 (01:29,29) 400m: 05:43,18 (01:31,56)			
2.	Paula Wiethmann	2004	Mendener SV	05:44,53
	100m: 01:18,61 (01:18,61)   200m: 02:46,39 (01:27,78)   300m: 04:17,38 (01:30,99) 400m: 05:44,53 (01:27,15)			
3.	Emilie Thröner	2004	SG Wassersport Iserlohn	05:45,81
	100m: 01:15,52 (01:15,52)   200m: 02:45,11 (01:29,59)   300m: 04:16,23 (01:31,12) 400m: 05:45,81 (01:29,58)			
4.	Lara-Marie Cordes	2004	Wasserfreunde 79 Balve	06:02,87
	100m: 01:23,03 (01:23,03)   200m: 02:56,83 (01:33,80)   300m: 04:32,01 (01:35,18) 400m: 06:02,87 (01:30,86)			
5.	Anuschka Friedrich	2004	SV Bieber Lendringsen	06:17,27
	100m: 01:30,25 (01:30,25)   200m: 03:07,17 (01:36,92)   300m: 04:44,46 (01:37,29) 400m: 06:17,27 (01:32,81)			
6.	Sophie Griese	2004	Mendener SV	06:27,30
	100m: 01:26,78 (01:26,78)   200m: 03:05,36 (01:38,58)   300m: 04:47,09 (01:41,73) 400m: 06:27,30 (01:40,21)			
7.	Vanessa Galinski	2004	Wfr. Lüdenscheid	06:31,31
	100m: 01:31,32 (01:31,32)   200m: 03:13,73 (01:42,41)   300m: 04:55,86 (01:42,13) 400m: 06:31,31 (01:35,45)			

Platz	Schwimmerin	Jg.	Verein	Endzeit
8.	Neele Ludwig	2004	SG Wassersport Iserlohn	06:34,52 <i>100m: 01:28,51 (01:28,51)   200m: 03:09,40 (01:40,89)   400m: 06:34,52 (03:25,12)</i>
9.	Kristina Hartwich	2004	Wfr. Lüdenscheid	06:44,23 <i>100m: 01:30,87 (01:30,87)   200m: 03:11,38 (01:40,51)   300m: 04:52,29 (01:40,91)   400m: 06:44,23 (01:51,94)</i>
10.	Anna Sophie Küppers	2004	SV Bieber Lendringsen	07:00,71 <i>100m: 01:35,05 (01:35,05)   200m: 03:24,73 (01:49,68)   300m: 05:17,47 (01:52,74)   400m: 07:00,71 (01:43,24)</i>
11.	Leonie Barunke	2004	SV Bieber Lendringsen	07:01,33 <i>100m: 01:36,12 (01:36,12)   200m: 03:24,75 (01:48,63)   300m: 05:17,66 (01:52,91)   400m: 07:01,33 (01:43,67)</i>

## Jahrgang 2003

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Stefanie Buchholz	2003	Wfr. Lüdenscheid	04:48,64 <i>100m: 01:07,06 (01:07,06)   200m: 02:20,48 (01:13,42)   300m: 03:35,11 (01:14,63)   400m: 04:48,64 (01:13,53)</i>
2.	Nikoletta Kounatidis	2003	SV Plettenberg 1951 e.V.	05:03,09 <i>100m: 01:11,79 (01:11,79)   200m: 02:28,69 (01:16,90)   300m: 03:46,05 (01:17,36)   400m: 05:03,09 (01:17,04)</i>
3.	Eve Levermann	2003	SV Plettenberg 1951 e.V.	05:08,84 <i>100m: 01:11,00 (01:11,00)   200m: 02:30,12 (01:19,12)   300m: 03:50,34 (01:20,22)   400m: 05:08,84 (01:18,50)</i>
4.	Jasmin Hollmann	2003	SV Bieber Lendringsen	05:55,03 <i>100m: 01:22,65 (01:22,65)   200m: 02:56,44 (01:33,79)   300m: 04:30,48 (01:34,04)   400m: 05:55,03 (01:24,55)</i>
5.	Pauline Simon	2003	SV Bieber Lendringsen	06:33,53 <i>100m: 01:28,61 (01:28,61)   200m: 03:10,81 (01:42,20)   300m: 04:55,51 (01:44,70)   400m: 06:33,53 (01:38,02)</i>
6.	Sarah Luthien Christiani	2003	TuS Neuenrade	06:33,84 <i>100m: 01:32,69 (01:32,69)   200m: 03:16,64 (01:43,95)   300m: 04:59,53 (01:42,89)   400m: 06:33,84 (01:34,31)</i>
7.	Michelle Richter	2003	Wfr. Lüdenscheid	06:38,87 <i>100m: 01:28,39 (01:28,39)   200m: 03:11,25 (01:42,86)   300m: 04:56,05 (01:44,80)   400m: 06:38,87 (01:42,82)</i>

## Jahrgang 2002

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Lea Sophie Hörner	2002	Wfr. Lüdenscheid	05:12,36 <i>100m: 01:11,87 (01:11,87)   200m: 02:32,67 (01:20,80)   300m: 03:53,44 (01:20,77)   400m: 05:12,36 (01:18,92)</i>
2.	Nancy Neß	2002	SV Plettenberg 1951 e.V.	05:34,68 <i>100m: 01:17,60 (01:17,60)   200m: 02:43,36 (01:25,76)   300m: 04:10,21 (01:26,85)   400m: 05:34,68 (01:24,47)</i>
3.	Ellen Schulze	2002	Wfr. Lüdenscheid	05:58,84 <i>100m: 01:19,19 (01:19,19)   200m: 02:51,94 (01:32,75)   300m: 04:25,87 (01:33,93)   400m: 05:58,84 (01:32,97)</i>
4.	Alexa Lauke	2002	TuS Neuenrade	06:21,62 <i>100m: 01:20,66 (01:20,66)   200m: 02:55,61 (01:34,95)   300m: 04:38,30 (01:42,69)   400m: 06:21,62 (01:43,32)</i>
5.	Swantje Hammecke	2002	Wasserfreunde 79 Balve	06:46,03 <i>100m: 01:31,03 (01:31,03)   200m: 03:16,95 (01:45,92)   300m: 05:06,56 (01:49,61)   400m: 06:46,03 (01:39,47)</i>
6.	Lena Otto	2002	SG Wassersport Iserlohn	06:54,16 <i>100m: 01:29,21 (01:29,21)   200m: 03:16,91 (01:47,70)   300m: 05:04,94 (01:48,03)   400m: 06:54,16 (01:49,22)</i>

Platz	Schwimmerin	Jg.	Verein	Endzeit
	<u>nicht am Start</u> Nele Wessel	2002	Mendener SV	
	<u>disqualifiziert</u> Miriam Tiffe <i>Die Schwimmerin startet vor dem Startsignal. Uhrzeit der Bekanntgabe: 15:37</i>	2002	TuS Neuenrade	
	<u>außer Konkurrenz</u> Vivien Labudda	2002	Linden-Dahlhauser SV 1921	05:41,49
	100m: 01:19,62 (01:19,62)   200m: 02:46,19 (01:26,57)   300m: 04:13,49 (01:27,30) 400m: 05:41,49 (01:28,00)			

## Jahrgang 2001

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Gina Barth	2001	Mendener SV	04:46,35
	100m: 01:07,02 (01:07,02)   200m: 02:19,56 (01:12,54)   300m: 03:33,21 (01:13,65) 400m: 04:46,35 (01:13,14)			
2.	Maike Romberg	2001	Mendener SV	05:14,22
	100m: 01:11,70 (01:11,70)   200m: 02:31,97 (01:20,27)   300m: 03:53,94 (01:21,97) 400m: 05:14,22 (01:20,28)			
3.	Damla Ugurlu	2001	SV08 Werdohl	05:35,48
	100m: 01:12,70 (01:12,70)   200m: 02:37,46 (01:24,76)   300m: 04:06,67 (01:29,21) 400m: 05:35,48 (01:28,81)			
4.	Yvonne Bandlofsky	2001	SG Wassersport Iserlohn	06:31,67
	100m: 01:27,20 (01:27,20)   200m: 03:07,86 (01:40,66)   300m: 04:51,91 (01:44,05) 400m: 06:31,67 (01:39,76)			
5.	Jana Cappellacci	2001	SC Gut Nass Altena	07:05,14
	100m: 01:33,89 (01:33,89)   200m: 03:23,00 (01:49,11)   300m: 05:17,01 (01:54,01) 400m: 07:05,14 (01:48,13)			
6.	Lisanne Passolat	2001	SG Wassersport Iserlohn	07:29,47
	100m: 01:32,63 (01:32,63)   200m: 03:30,82 (01:58,19)   300m: 05:32,12 (02:01,30) 400m: 07:29,47 (01:57,35)			
	<u>nicht am Start</u> Carina Gröschner	2001	TuS Neuenrade	

## Jahrgang 2000

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Jeanine Möglich	2000	SV08 Werdohl	05:00,78
	100m: 01:05,87 (01:05,87)   200m: 02:22,13 (01:16,26)   300m: 03:41,74 (01:19,61) 400m: 05:00,78 (01:19,04)			
2.	Mandy Wältermann	2000	SV Bieber Lendringsen	05:12,61
	100m: 01:11,93 (01:11,93)   200m: 02:33,53 (01:21,60)   300m: 03:54,93 (01:21,40) 400m: 05:12,61 (01:17,68)			
3.	Johanna Schwermann	2000	Mendener SV	05:18,69
	100m: 01:12,84 (01:12,84)   200m: 02:33,88 (01:21,04)   300m: 03:56,15 (01:22,27) 400m: 05:18,69 (01:22,54)			
4.	Janina Dreber	2000	Mendener SV	05:41,49
	100m: 01:17,82 (01:17,82)   200m: 02:45,63 (01:27,81)   300m: 04:14,49 (01:28,86) 400m: 05:41,49 (01:27,00)			

## Jahrgang 1999

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Wencke Romberg	1999	Mendener SV	05:22,33 100m: 01:13,30 (01:13,30)   200m: 02:35,02 (01:21,72)   400m: 05:22,33 (02:47,31)
2.	Alicia Bettermann	1999	SV08 Werdohl	05:24,11 100m: 01:12,36 (01:12,36)   200m: 02:34,43 (01:22,07)   300m: 04:00,07 (01:25,64) 400m: 05:24,11 (01:24,04)
3.	Lina Hartmann	1999	SG Wassersport Iserlohn	05:28,87 100m: 01:12,64 (01:12,64)   200m: 02:35,99 (01:23,35)   300m: 04:01,03 (01:25,04) 400m: 05:28,87 (01:27,84)
4.	Pauline Dörr	1999	SSG Altena 08/47 e.V	06:12,58 100m: 01:22,55 (01:22,55)   200m: 02:56,15 (01:33,60)   300m: 04:35,70 (01:39,55) 400m: 06:12,58 (01:36,88)
5.	Rebekka Brockmeyer	1999	SV Bieber Lendringsen	06:33,53 100m: 01:28,93 (01:28,93)   200m: 03:09,65 (01:40,72)   300m: 04:53,63 (01:43,98) 400m: 06:33,53 (01:39,90)
6.	Marie Schneider	1999	Wasserfreunde 79 Balve	06:35,46 100m: 01:28,17 (01:28,17)   200m: 03:11,42 (01:43,25)   300m: 04:57,14 (01:45,72) 400m: 06:35,46 (01:38,32)
7.	Melissa de Wall	1999	SC Gut Nass Altena	07:15,60 100m: 01:31,65 (01:31,65)   200m: 03:25,54 (01:53,89)   300m: 05:22,85 (01:57,31) 400m: 07:15,60 (01:52,75)

## Jahrgang 1998

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Jasmin Grünschläger	1998	SV Bieber Lendringsen	05:44,22 100m: 01:21,23 (01:21,23)   200m: 02:49,42 (01:28,19)   300m: 04:19,09 (01:29,67) 400m: 05:44,22 (01:25,13)

## Wettkampf 10 - 400m Freistil Masters weiblich

### Ak 20

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Katrin Harnischmacher	1997/AK 20	SV Bieber Lendringsen	04:47,60 100m: 01:06,93 (01:06,93)   200m: 02:19,43 (01:12,50)   300m: 03:32,92 (01:13,49) 400m: 04:47,60 (01:14,68)
2.	Pia Tietze	1996/AK 20	SV Hemer 1921	05:20,07 100m: 01:14,99 (01:14,99)   200m: 02:38,00 (01:23,01)   300m: 04:01,31 (01:23,31) 400m: 05:20,07 (01:18,76)
	<u>nicht am Start</u>			
	Petra Weingarten	1995/AK 20	SV Bieber Lendringsen	

### Ak 30

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Nadine Austinat	1985/AK 30	SG Wassersport Iserlohn	06:33,04 100m: 01:28,68 (01:28,68)   200m: 03:08,59 (01:39,91)   300m: 04:51,15 (01:42,56) 400m: 06:33,04 (01:41,89)

### Ak 65

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Michaela Schorlemer	1950/AK 65	Wfr. Lüdenscheid	07:37,14 100m: 01:48,85 (01:48,85)   200m: 03:43,75 (01:54,90)   300m: 05:40,90 (01:57,15) 400m: 07:37,14 (01:56,24)

# Wettkampf 11 - 400m Freistil männlich

## Jahrgang 2007

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Dominic Hübner	2007	SG Wassersport Iserlohn	08:00,98
	100m: 01:46,51 (01:46,51)   200m: 03:55,76 (02:09,25)   300m: 06:00,50 (02:04,74)			
	400m: 08:00,98 (02:00,48)			
2.	Mats Schürmann	2007	SV Bieber Lendringsen	08:40,82
	100m: 02:02,46 (02:02,46)   200m: 04:19,70 (02:17,24)   300m: 06:35,88 (02:16,18)			
	400m: 08:40,82 (02:04,94)			

## Jahrgang 2006

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Elias Thröner	2006	SG Wassersport Iserlohn	07:20,06
	100m: 01:45,59 (01:45,59)   200m: 03:40,93 (01:55,34)   300m: 05:35,59 (01:54,66)			
	400m: 07:20,06 (01:44,47)			
2.	Marcellus Tiffe	2006	TuS Neuenrade	07:52,46
	100m: 01:48,28 (01:48,28)   200m: 03:55,28 (02:07,00)   300m: 05:58,93 (02:03,65)			
	400m: 07:52,46 (01:53,53)			

## Jahrgang 2005

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Norman Neß	2005	SV Plettenberg 1951 e.V.	05:53,56
	100m: 01:23,68 (01:23,68)   200m: 02:54,69 (01:31,01)   300m: 04:27,84 (01:33,15)			
	400m: 05:53,56 (01:25,72)			
2.	Lukas Franke	2005	SV Plettenberg 1951 e.V.	06:07,22
	100m: 01:22,57 (01:22,57)   200m: 02:57,28 (01:34,71)   300m: 04:32,98 (01:35,70)			
	400m: 06:07,22 (01:34,24)			
3.	Wael Affy	2005	SG Wassersport Iserlohn	06:24,65
	100m: 01:28,21 (01:28,21)   200m: 03:07,71 (01:39,50)   300m: 04:48,38 (01:40,67)			
	400m: 06:24,65 (01:36,27)			
4.	Leon Blöink	2005	SV08 Werdohl	06:33,76
	100m: 01:32,68 (01:32,68)   200m: 03:15,34 (01:42,66)   300m: 04:52,16 (01:36,82)			
	400m: 06:33,76 (01:41,60)			
5.	Simon Kotyk	2005	TuS Neuenrade	06:59,17
	100m: 01:32,22 (01:32,22)   200m: 03:22,45 (01:50,23)   300m: 05:14,06 (01:51,61)			
	400m: 06:59,17 (01:45,11)			
6.	Jan Knoche	2005	SV08 Werdohl	07:10,79
	100m: 01:36,72 (01:36,72)   200m: 03:25,28 (01:48,56)   300m: 05:17,22 (01:51,94)			
	400m: 07:10,79 (01:53,57)			
7.	Marian Janke	2005	SV Bieber Lendringsen	07:12,90
	100m: 01:33,90 (01:33,90)   200m: 03:24,43 (01:50,53)   300m: 05:21,65 (01:57,22)			
	400m: 07:12,90 (01:51,25)			
8.	Jendrik Heide	2005	TuS Neuenrade	08:11,63
	100m: 01:44,80 (01:44,80)   200m: 04:00,79 (02:15,99)   300m: 06:12,30 (02:11,51)			
	400m: 08:11,63 (01:59,33)			

## Jahrgang 2004

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Leon-Frederik Schmidt	2004	Wfr. Lüdenscheid	05:29,08
	100m: 01:15,49 (01:15,49)   200m: 02:39,95 (01:24,46)   300m: 04:06,86 (01:26,91)			
	400m: 05:29,08 (01:22,22)			
2.	Linus Pavlakis	2004	Wfr. Lüdenscheid	05:52,54
	100m: 01:19,21 (01:19,21)   200m: 02:48,93 (01:29,72)   300m: 04:22,34 (01:33,41)			
	400m: 05:52,54 (01:30,20)			

Platz	Schwimmer	Jg.	Verein	Endzeit
3.	Jonas Rinscheidt 100m: 01:22,51 (01:22,51)   200m: 02:54,58 (01:32,07)   300m: 04:27,94 (01:33,36) 400m: 05:56,46 (01:28,52)	2004	Mendener SV	05:56,46
4.	Pavlos Psarras 100m: 01:27,34 (01:27,34)   200m: 03:05,30 (01:37,96)   300m: 04:49,93 (01:44,63) 400m: 06:30,09 (01:40,16)	2004	Mendener SV	06:30,09
5.	Simon Penger 100m: 01:32,91 (01:32,91)   200m: 03:14,47 (01:41,56)   300m: 04:57,70 (01:43,23) 400m: 06:39,50 (01:41,80)	2004	SV Albatros Letmathe	06:39,50
6.	Matthias Schäfer 100m: 01:32,76 (01:32,76)   200m: 03:18,81 (01:46,05)   300m: 05:07,95 (01:49,14) 400m: 06:54,94 (01:46,99)	2004	SG Wassersport Iserlohn	06:54,94
7.	Benjamin Elias Ibach 100m: 01:34,65 (01:34,65)   200m: 03:26,03 (01:51,38)   300m: 05:17,70 (01:51,67) 400m: 07:10,03 (01:52,33)	2004	SV Hemer 1921	07:10,03
8.	Lennie Twelker 100m: 01:38,90 (01:38,90)   200m: 03:31,85 (01:52,95)   300m: 05:26,33 (01:54,48) 400m: 07:27,58 (02:01,25)	2004	SV Bieber Lendringsen	07:27,58
9.	Björn-Ole Blanke 100m: 02:01,02 (02:01,02)   200m: 04:21,83 (02:20,81)   300m: 06:48,64 (02:26,81) 400m: 09:16,90 (02:28,26)	2004	SV Hemer 1921	09:16,90

### Jahrgang 2003

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Tobias Hahn 100m: 01:18,40 (01:18,40)   200m: 02:49,31 (01:30,91)   300m: 04:19,95 (01:30,64) 400m: 05:51,65 (01:31,70)	2003	SV Plettenberg 1951 e.V.	05:51,65
2.	Sinan Cakir 100m: 01:24,37 (01:24,37)   200m: 03:01,78 (01:37,41)   300m: 04:40,56 (01:38,78) 400m: 06:13,39 (01:32,83)	2003	SG Wassersport Iserlohn	06:13,39
3.	Jan Lukas Schmidt 100m: 01:32,77 (01:32,77)   200m: 03:21,86 (01:49,09)   300m: 05:07,08 (01:45,22) 400m: 06:41,76 (01:34,68)	2003	SV Plettenberg 1951 e.V.	06:41,76
4.	Eugen Schneider 100m: 01:28,23 (01:28,23)   200m: 03:25,19 (01:56,96)   300m: 05:26,02 (02:00,83) 400m: 07:20,79 (01:54,77)	2003	Wasserfreunde 79 Balve	07:20,79
	<u>abgemeldet</u>			
	Julius Wiemann	2003	SV Bieber Lendringsen	
	Maxim Rosental	2003	SG Wassersport Iserlohn	
	Raphael Rudolf Schaaf	2003	SV Hemer 1921	

### Jahrgang 2002

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Lukas Schwermann 100m: 01:12,01 (01:12,01)   200m: 02:32,87 (01:20,86)   300m: 03:53,98 (01:21,11) 400m: 05:12,98 (01:19,00)	2002	Mendener SV	05:12,98
2.	Steffen Ludwig 100m: 01:13,19 (01:13,19)   200m: 02:38,61 (01:25,42)   300m: 04:03,99 (01:25,38) 400m: 05:23,30 (01:19,31)	2002	SG Wassersport Iserlohn	05:23,30
3.	Phil Glagla 100m: 01:12,58 (01:12,58)   200m: 02:37,89 (01:25,31)   300m: 04:02,97 (01:25,08) 400m: 05:24,05 (01:21,08)	2002	SG Wassersport Iserlohn	05:24,05
4.	Ben Recht 100m: 01:17,77 (01:17,77)   200m: 02:48,81 (01:31,04)   300m: 04:23,78 (01:34,97) 400m: 05:58,11 (01:34,33)	2002	Wfr. Lüdenscheid	05:58,11

Platz	Schwimmer	Jg.	Verein	Endzeit
5.	Florian Temme	2002	SV Hemer 1921	06:25,33
	100m: 01:25,42 (01:25,42)   200m: 03:04,23 (01:38,81)   300m: 04:48,14 (01:43,91)			
	400m: 06:25,33 (01:37,19)			
	<u>abgemeldet</u>			
	Bjarne Kinkel	2002	TuS Neuenrade	
	Johannes Ibach	2002	SV Hemer 1921	

## Jahrgang 2001

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister				
	Maximilian Buchholz	2001	Wfr. Lüdenscheid	04:34,25
	100m: 01:04,32 (01:04,32)   200m: 02:13,72 (01:09,40)   300m: 03:24,43 (01:10,71)			
	400m: 04:34,25 (01:09,82)			
2.	Lukas Linnenbürger	2001	SV Bieber Lendringsen	04:44,44
	100m: 01:05,80 (01:05,80)   200m: 02:18,27 (01:12,47)   300m: 03:31,50 (01:13,23)			
	400m: 04:44,44 (01:12,94)			
3.	Bastian Hollmann	2001	SV Bieber Lendringsen	04:45,03
	100m: 01:06,46 (01:06,46)   200m: 02:18,89 (01:12,43)   300m: 03:32,83 (01:13,94)			
	400m: 04:45,03 (01:12,20)			
4.	Maximilian Schimm	2001	SV Bieber Lendringsen	04:56,30
	100m: 01:07,65 (01:07,65)   200m: 02:24,40 (01:16,75)   300m: 03:41,37 (01:16,97)			
	400m: 04:56,30 (01:14,93)			
5.	Jeremy Rosenberg	2001	Wfr. Lüdenscheid	05:09,68
	100m: 01:09,86 (01:09,86)   200m: 02:29,52 (01:19,66)   300m: 03:50,46 (01:20,94)			
	400m: 05:09,68 (01:19,22)			
6.	Michael Groß	2001	SC Gut Nass Altena	06:23,40
	100m: 01:26,67 (01:26,67)   200m: 03:04,27 (01:37,60)   300m: 04:45,20 (01:40,93)			
	400m: 06:23,40 (01:38,20)			
7.	Nico Stübke	2001	SV Bieber Lendringsen	06:24,35
	100m: 01:20,37 (01:20,37)   200m: 02:57,07 (01:36,70)   300m: 04:40,06 (01:42,99)			
	400m: 06:24,35 (01:44,29)			
8.	Robert Schaaf	2001	SV Hemer 1921	06:29,31
	100m: 01:25,08 (01:25,08)   200m: 03:06,88 (01:41,80)   300m: 04:50,98 (01:44,10)			
	400m: 06:29,31 (01:38,33)			

## Jahrgang 2000

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister				
	Philipp Fritze	2000	SG Wassersport Iserlohn	05:11,45
	100m: 01:08,77 (01:08,77)   200m: 02:28,85 (01:20,08)   300m: 03:52,35 (01:23,50)			
	400m: 05:11,45 (01:19,10)			
2.	Dominik Peters	2000	SV Bieber Lendringsen	05:17,31
	100m: 01:13,40 (01:13,40)   200m: 02:35,88 (01:22,48)   300m: 03:57,84 (01:21,96)			
	400m: 05:17,31 (01:19,47)			
3.	Sebastian Peters	2000	SV Bieber Lendringsen	05:20,04
	100m: 01:13,72 (01:13,72)   200m: 02:34,82 (01:21,10)   300m: 03:59,43 (01:24,61)			
	400m: 05:20,04 (01:20,61)			
4.	Leonard Thomas	2000	SV Plettenberg 1951 e.V.	05:38,67
	100m: 01:15,96 (01:15,96)   200m: 02:43,13 (01:27,17)   300m: 04:11,98 (01:28,85)			
	400m: 05:38,67 (01:26,69)			
5.	Marcel Proske	2000	SV Albatros Letmathe	05:41,92
	100m: 01:16,66 (01:16,66)   200m: 02:44,49 (01:27,83)   300m: 04:14,74 (01:30,25)			
	400m: 05:41,92 (01:27,18)			
6.	Samet Ramazan Cakir	2000	SG Wassersport Iserlohn	06:24,12
	100m: 01:22,65 (01:22,65)   200m: 03:02,94 (01:40,29)   300m: 04:47,12 (01:44,18)			
	400m: 06:24,12 (01:37,00)			



## Jahrgang 1999

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Nils Eikermann	1999	SG Wassersport Iserlohn	05:01,74
	100m: 01:06,86 (01:06,86)   200m: 02:22,47 (01:15,61)   300m: 03:40,98 (01:18,51)			
	400m: 05:01,74 (01:20,76)			
2.	Jannis Venemann	1999	SV Bieber Lendringsen	05:54,34
	100m: 01:20,49 (01:20,49)   200m: 02:50,29 (01:29,80)   300m: 04:23,41 (01:33,12)			
	400m: 05:54,34 (01:30,93)			

## Jahrgang 1998

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Nicolas Becker	1998	SV Albatros Letmathe	05:21,71
	100m: 01:08,28 (01:08,28)   200m: 02:28,97 (01:20,69)   300m: 03:55,07 (01:26,10)			
	400m: 05:21,71 (01:26,64)			

## Wettkampf 12 - 400m Freistil Masters männlich

### Ak 20

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Florian Renzing	1993/AK 20	SG Wassersport Iserlohn	04:28,06
	100m: 01:01,06 (01:01,06)   200m: 02:08,25 (01:07,19)   300m: 03:18,43 (01:10,18)			
	400m: 04:28,06 (01:09,63)			
2.	Lukas Schröer	1996/AK 20	SV Bieber Lendringsen	04:29,85
	100m: 00:58,99 (00:58,99)   200m: 02:07,18 (01:08,19)   300m: 03:16,18 (01:09,00)			
	400m: 04:29,85 (01:13,67)			
3.	Tobias Weingarten	1994/AK 20	SV Bieber Lendringsen	04:45,44
	100m: 01:02,80 (01:02,80)   200m: 02:17,77 (01:14,97)   300m: 03:33,55 (01:15,78)			
	400m: 04:45,44 (01:11,89)			
4.	Dominik Junker	1996/AK 20	SV Plettenberg 1951 e.V.	04:47,71
	100m: 01:04,12 (01:04,12)   200m: 02:17,90 (01:13,78)   300m: 03:33,62 (01:15,72)			
	400m: 04:47,71 (01:14,09)			
5.	Dominik Möglich	1997/AK 20	SV08 Werdohl	04:48,33
	100m: 01:03,48 (01:03,48)   200m: 02:17,74 (01:14,26)   300m: 03:34,41 (01:16,67)			
	400m: 04:48,33 (01:13,92)			
6.	Lukas Pogorzalski	1995/AK 20	SV Bieber Lendringsen	04:54,04
	100m: 01:07,69 (01:07,69)   200m: 02:22,53 (01:14,84)   300m: 03:39,58 (01:17,05)			
	400m: 04:54,04 (01:14,46)			
	<u>abgemeldet</u>			
	Jannik Thomas	1997/AK 20	SV Plettenberg 1951 e.V.	

### Ak 25

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Kevin Reichling	1992/AK 25	SV Plettenberg 1951 e.V.	06:12,89
	100m: 01:22,44 (01:22,44)   200m: 03:00,68 (01:38,24)   300m: 04:39,97 (01:39,29)			
	400m: 06:12,89 (01:32,92)			

### Ak 40

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Rene Schmerbeck	1975/AK 40	SG Wassersport Iserlohn	06:12,27
	100m: 01:24,59 (01:24,59)   200m: 03:01,38 (01:36,79)   300m: 04:37,70 (01:36,32)			
	400m: 06:12,27 (01:34,57)			

## Ak 50

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Stefan Grote	1967/AK 50	SG Wassersport Iserlohn	06:18,55
	100m: 01:24,92 (01:24,92)   200m: 03:00,74 (01:35,82)   300m: 04:38,77 (01:38,03)			
	400m: 06:18,55 (01:39,78)			
	<u>abgemeldet</u>			
	Jochen Eikermann	1966/AK 50	SG Wassersport Iserlohn	

## Ak 55

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Rüdiger Hülsmann	1958/AK 55	SG Wassersport Iserlohn	06:56,04
	100m: 01:36,43 (01:36,43)   200m: 03:23,67 (01:47,24)   300m: 05:11,26 (01:47,59)			
	400m: 06:56,04 (01:44,78)			
	<u>abgemeldet</u>			
	Martin Goebel	1959/AK 55	TuS Neuenrade	

## Ak 60

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Lutz Boelter	1953/AK 60	TuS Neuenrade	07:18,66
	100m: 01:34,00 (01:34,00)   200m: 04:26,68 (02:52,68)   300m: 06:22,27 (01:55,59)			
	400m: 07:18,66 (00:56,39)			
2.	Theodor Röhrs	1956/AK 60	SG Wassersport Iserlohn	09:22,33
	100m: 02:08,45 (02:08,45)   200m: 04:33,05 (02:24,60)   300m: 06:57,31 (02:24,26)			
	400m: 09:22,33 (02:25,02)			

## Wettkampf 13 - 1500m Freistil weiblich

### Jahrgang 2005

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Hannah Sophie Böhnigk	2005	SG Wassersport Iserlohn	26:42,21
	100m: 01:31,73 (01:31,73)   200m: 03:16,25 (01:44,52)   300m: 05:04,66 (01:48,41)			
	400m: 06:52,42 (01:47,76)   500m: 08:41,60 (01:49,18)   600m: 10:29,17 (01:47,57)			
	700m: 12:16,47 (01:47,30)   800m: 14:01,66 (01:45,19)   900m: 15:47,41 (01:45,75)			
	1000m: 17:37,46 (01:50,05)   1100m: 19:27,82 (01:50,36)   1200m: 21:18,51 (01:50,69)			
	1300m: 23:08,37 (01:49,86)   1400m: 24:58,47 (01:50,10)   1500m: 26:42,21 (01:43,74)			

### Jahrgang 2004

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Pia Neß	2004	SV Plettenberg 1951 e.V.	23:29,61
	100m: 01:27,74 (01:27,74)   200m: 03:02,95 (01:35,21)   300m: 04:40,29 (01:37,34)			
	400m: 06:16,55 (01:36,26)   500m: 07:54,77 (01:38,22)   600m: 09:31,75 (01:36,98)			
	700m: 11:09,36 (01:37,61)   800m: 12:48,85 (01:39,49)   900m: 14:21,31 (01:32,46)			
	1000m: 15:55,59 (01:34,28)   1100m: 17:29,17 (01:33,58)   1200m: 19:02,50 (01:33,33)			
	1300m: 20:33,81 (01:31,31)   1400m: 22:05,50 (01:31,69)   1500m: 23:29,61 (01:24,11)			
2.	Emilie Thröner	2004	SG Wassersport Iserlohn	23:59,27
	100m: 01:25,25 (01:25,25)   200m: 03:01,15 (01:35,90)   300m: 04:34,85 (01:33,70)			
	400m: 06:10,18 (01:35,33)   500m: 07:47,35 (01:37,17)   600m: 09:26,09 (01:38,74)			
	700m: 11:04,41 (01:38,32)   800m: 12:42,81 (01:38,40)   900m: 14:18,54 (01:35,73)			
	1000m: 15:57,00 (01:38,46)   1100m: 17:34,91 (01:37,91)   1200m: 19:14,00 (01:39,09)			
	1300m: 20:51,92 (01:37,92)   1400m: 22:28,79 (01:36,87)   1500m: 23:59,27 (01:30,48)			

Platz	Schwimmerin	Jg.	Verein	Endzeit
3.	Anuschka Friedrich	2004	SV Bieber Lendringsen	25:09,42
	100m: 01:28,64 (01:28,64)   200m: 03:05,76 (01:37,12)   300m: 04:42,58 (01:36,82)			
	400m: 06:22,40 (01:39,82)   500m: 08:02,96 (01:40,56)   600m: 09:45,30 (01:42,34)			
	700m: 11:26,94 (01:41,64)   800m: 13:08,93 (01:41,99)   900m: 14:52,18 (01:43,25)			
	1000m: 16:34,65 (01:42,47)   1100m: 18:19,04 (01:44,39)   1200m: 20:04,34 (01:45,30)			
	1300m: 21:46,04 (01:41,70)   1400m: 23:29,28 (01:43,24)   1500m: 25:09,42 (01:40,14)			
4.	Neele Ludwig	2004	SG Wassersport Iserlohn	27:39,77
	100m: 01:32,57 (01:32,57)   200m: 03:17,15 (01:44,58)   300m: 05:04,42 (01:47,27)			
	400m: 06:51,83 (01:47,41)   1500m: 27:39,77 (20:47,94)			
5.	Madita Scheffler	2004	TuS Neuenrade	31:17,74
	100m: 01:51,53 (01:51,53)   200m: 03:59,39 (02:07,86)   300m: 06:07,51 (02:08,12)			
	400m: 08:18,31 (02:10,80)   500m: 10:26,08 (02:07,77)   600m: 12:36,80 (02:10,72)			
	700m: 14:45,41 (02:08,61)   800m: 16:56,07 (02:10,66)   900m: 19:08,12 (02:12,05)			
	1000m: 21:18,61 (02:10,49)   1100m: 23:22,23 (02:03,62)   1200m: 25:23,49 (02:01,26)			
	1300m: 27:24,56 (02:01,07)   1400m: 29:25,49 (02:00,93)   1500m: 31:17,74 (01:52,25)			

## Jahrgang 2003

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Stefanie Buchholz	2003	Wfr. Lüdenscheid	19:22,63
	100m: 01:14,45 (01:14,45)   200m: 02:34,75 (01:20,30)   300m: 03:52,13 (01:17,38)			
	400m: 05:10,25 (01:18,12)   500m: 06:28,58 (01:18,33)   600m: 07:45,82 (01:17,24)			
	700m: 09:03,85 (01:18,03)   800m: 10:20,72 (01:16,87)   900m: 11:38,51 (01:17,79)			
	1000m: 12:56,55 (01:18,04)   1100m: 14:13,55 (01:17,00)   1200m: 15:30,39 (01:16,84)			
	1300m: 16:48,46 (01:18,07)   1400m: 18:06,93 (01:18,47)   1500m: 19:22,63 (01:15,70)			
2.	Nikoletta Kounatidis	2003	SV Plettenberg 1951 e.V.	19:56,69
	100m: 01:14,94 (01:14,94)   200m: 02:35,92 (01:20,98)   300m: 03:56,82 (01:20,90)			
	400m: 05:17,64 (01:20,82)   500m: 06:37,74 (01:20,10)   600m: 07:57,15 (01:19,41)			
	700m: 09:16,85 (01:19,70)   800m: 10:37,14 (01:20,29)   900m: 11:56,75 (01:19,61)			
	1000m: 13:16,48 (01:19,73)   1100m: 14:36,88 (01:20,40)   1200m: 15:56,66 (01:19,78)			
	1300m: 17:16,32 (01:19,66)   1400m: 18:36,94 (01:20,62)   1500m: 19:56,69 (01:19,75)			
3.	Ellen Dirksmeier	2003	Mendener SV	22:22,09
	100m: 01:18,83 (01:18,83)   200m: 02:46,90 (01:28,07)   300m: 04:14,35 (01:27,45)			
	400m: 05:43,32 (01:28,97)   500m: 07:10,32 (01:27,00)   600m: 08:39,40 (01:29,08)			
	700m: 10:09,33 (01:29,93)   800m: 11:39,51 (01:30,18)   900m: 13:10,96 (01:31,45)			
	1000m: 14:43,87 (01:32,91)   1100m: 16:14,82 (01:30,95)   1200m: 17:48,60 (01:33,78)			
	1300m: 19:21,62 (01:33,02)   1400m: 20:54,84 (01:33,22)   1500m: 22:22,09 (01:27,25)			
4.	Jasmin Hollmann	2003	SV Bieber Lendringsen	23:57,06
	100m: 01:23,73 (01:23,73)   200m: 02:59,62 (01:35,89)   300m: 04:35,04 (01:35,42)			
	400m: 06:11,19 (01:36,15)   500m: 07:50,39 (01:39,20)   600m: 09:28,81 (01:38,42)			
	700m: 11:06,74 (01:37,93)   800m: 12:47,63 (01:40,89)   900m: 14:24,91 (01:37,28)			
	1000m: 16:03,37 (01:38,46)   1100m: 17:42,59 (01:39,22)   1200m: 19:19,86 (01:37,27)			
	1300m: 20:56,07 (01:36,21)   1400m: 22:32,40 (01:36,33)   1500m: 23:57,06 (01:24,66)			

## Jahrgang 2002

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Lea Sophie Hörner	2002	Wfr. Lüdenscheid	21:40,56
	100m: 01:18,11 (01:18,11)   200m: 02:43,45 (01:25,34)   300m: 04:10,12 (01:26,67)			
	400m: 05:37,28 (01:27,16)   500m: 07:04,01 (01:26,73)   600m: 08:31,48 (01:27,47)			
	700m: 09:58,07 (01:26,59)   800m: 11:23,68 (01:25,61)   900m: 12:51,24 (01:27,56)			
	1000m: 14:20,30 (01:29,06)   1100m: 15:49,69 (01:29,39)   1200m: 17:19,42 (01:29,73)			
	1300m: 18:48,97 (01:29,55)   1400m: 20:17,86 (01:28,89)   1500m: 21:40,56 (01:22,70)			
2.	Nancy Neß	2002	SV Plettenberg 1951 e.V.	22:40,97
	100m: 01:23,30 (01:23,30)   200m: 02:55,44 (01:32,14)   300m: 04:25,22 (01:29,78)			
	400m: 05:57,66 (01:32,44)   500m: 07:27,09 (01:29,43)   600m: 08:57,72 (01:30,63)			
	700m: 10:29,16 (01:31,44)   800m: 11:58,94 (01:29,78)   900m: 13:31,30 (01:32,36)			
	1000m: 15:02,55 (01:31,25)   1100m: 16:34,97 (01:32,42)   1200m: 18:08,09 (01:33,12)			
	1300m: 19:38,84 (01:30,75)   1400m: 21:10,66 (01:31,82)   1500m: 22:40,97 (01:30,31)			

Platz	Schwimmerin	Jg.	Verein	Endzeit
<u>außer Konkurrenz</u>				
	Vivien Labudda	2002	Linden-Dahlhauser SV 1921	22:27,08
	100m: 01:24,30 (01:24,30)   200m: 02:54,15 (01:29,85)   300m: 04:24,24 (01:30,09)			
	400m: 05:54,40 (01:30,16)   500m: 07:23,55 (01:29,15)   600m: 08:52,74 (01:29,19)			
	700m: 10:22,43 (01:29,69)   800m: 11:53,18 (01:30,75)   900m: 13:24,12 (01:30,94)			
	1000m: 14:54,87 (01:30,75)   1100m: 16:26,52 (01:31,65)   1200m: 17:57,96 (01:31,44)			
	1300m: 19:28,96 (01:31,00)   1400m: 20:59,08 (01:30,12)   1500m: 22:27,08 (01:28,00)			

## Jahrgang 2001

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Yvonne Bandlofsky	2001	SG Wassersport Iserlohn	28:16,73
	100m: 01:38,24 (01:38,24)   200m: 03:28,59 (01:50,35)   300m: 05:23,07 (01:54,48)			
	400m: 07:15,41 (01:52,34)   500m: 09:08,68 (01:53,27)   600m: 11:00,21 (01:51,53)			
	700m: 12:50,90 (01:50,69)   800m: 14:45,48 (01:54,58)   900m: 16:35,29 (01:49,81)			
	1000m: 18:32,39 (01:57,10)   1100m: 20:31,24 (01:58,85)   1200m: 22:32,82 (02:01,58)			
	1300m: 24:31,33 (01:58,51)   1400m: 26:29,49 (01:58,16)   1500m: 28:16,73 (01:47,24)			

## Jahrgang 2000

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Jeanine Möglich	2000	SV08 Werdohl	19:31,24
	100m: 01:13,24 (01:13,24)   200m: 02:31,18 (01:17,94)   300m: 03:49,03 (01:17,85)			
	400m: 05:06,57 (01:17,54)   500m: 06:24,63 (01:18,06)   600m: 07:42,85 (01:18,22)			
	700m: 08:00,91 (00:18,06)   800m: 09:18,62 (01:17,71)   900m: 10:36,83 (01:18,21)			
	1000m: 11:55,21 (01:18,38)   1100m: 14:14,89 (02:19,68)   1200m: 15:35,24 (01:20,35)			
	1300m: 16:55,79 (01:20,55)   1400m: 18:16,13 (01:20,34)   1500m: 19:31,24 (01:15,11)			
2.	Yvonne Schalk	2000	Wfr. Lüdenscheid	23:21,01
	100m: 01:22,67 (01:22,67)   200m: 02:55,09 (01:32,42)   300m: 04:27,07 (01:31,98)			
	400m: 06:01,99 (01:34,92)   500m: 07:37,25 (01:35,26)   600m: 09:21,56 (01:44,31)			
	700m: 10:47,02 (01:25,46)   800m: 12:22,05 (01:35,03)   900m: 13:57,38 (01:35,33)			
	1000m: 15:32,39 (01:35,01)   1100m: 17:07,50 (01:35,11)   1200m: 18:43,10 (01:35,60)			
	1300m: 20:17,21 (01:34,11)   1400m: 21:51,26 (01:34,05)   1500m: 23:21,01 (01:29,75)			

## Jahrgang 1999

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Lina Hartmann	1999	SG Wassersport Iserlohn	22:04,44
	100m: 01:18,18 (01:18,18)   200m: 02:44,55 (01:26,37)   300m: 04:13,40 (01:28,85)			
	400m: 05:41,87 (01:28,47)   500m: 07:09,34 (01:27,47)   600m: 08:38,37 (01:29,03)			
	700m: 10:06,05 (01:27,68)   800m: 11:35,90 (01:29,85)   900m: 13:06,15 (01:30,25)			
	1000m: 14:36,05 (01:29,90)   1100m: 16:06,84 (01:30,79)   1200m: 17:40,12 (01:33,28)			
	1300m: 19:10,84 (01:30,72)   1400m: 20:40,18 (01:29,34)   1500m: 22:04,44 (01:24,26)			

## Wettkampf 14 - 1500m Freistil Masters weiblich

### Ak 20

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister				
	Katrin Harnischmacher	1997/AK 20	SV Bieber Lendringsen	19:34,96
	100m: 01:09,69 (01:09,69)   200m: 02:24,15 (01:14,46)   300m: 03:40,34 (01:16,19)			
	400m: 04:57,81 (01:17,47)   500m: 06:17,03 (01:19,22)   600m: 07:36,21 (01:19,18)			
	700m: 08:56,10 (01:19,89)   800m: 10:16,59 (01:20,49)   900m: 11:36,13 (01:19,54)			
	1000m: 12:56,22 (01:20,09)   1100m: 14:16,59 (01:20,37)   1200m: 15:37,20 (01:20,61)			
	1300m: 16:58,32 (01:21,12)   1400m: 18:17,37 (01:19,05)   1500m: 19:34,96 (01:17,59)			

Platz	Schwimmerin	Jg.	Verein	Endzeit
2.	Kathrin Weingarten	1995/AK 20	SV Bieber Lendringsen	29:01,97
	100m: 01:33,69 (01:33,69)   200m: 03:26,06 (01:52,37)   300m: 05:22,24 (01:56,18)			
	400m: 07:20,50 (01:58,26)   500m: 09:23,43 (02:02,93)   600m: 11:26,83 (02:03,40)			
	700m: 13:29,02 (02:02,19)   800m: 15:31,09 (02:02,07)   900m: 17:33,98 (02:02,89)			
	1000m: 19:41,65 (02:07,67)   1100m: 21:42,51 (02:00,86)   1200m: 23:40,37 (01:57,86)			
	1300m: 25:36,00 (01:55,63)   1400m: 27:25,78 (01:49,78)   1500m: 29:01,97 (01:36,19)			

### Ak 30

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Nadine Austinat	1985/AK 30	SG Wassersport Iserlohn	26:04,26
	100m: 01:33,26 (01:33,26)   200m: 03:14,85 (01:41,59)   300m: 04:57,77 (01:42,92)			
	400m: 06:41,77 (01:44,00)   500m: 08:26,49 (01:44,72)   600m: 10:12,83 (01:46,34)			
	700m: 11:57,90 (01:45,07)   800m: 13:43,85 (01:45,95)   900m: 15:29,38 (01:45,53)			
	1000m: 17:14,80 (01:45,42)   1100m: 19:02,20 (01:47,40)   1200m: 20:49,05 (01:46,85)			
	1300m: 22:35,02 (01:45,97)   1400m: 24:21,32 (01:46,30)   1500m: 26:04,26 (01:42,94)			

### Ak 55

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Monika Scheidt	1959/AK 55	SV Bieber Lendringsen	25:12,64
	100m: 01:31,99 (01:31,99)   200m: 03:11,25 (01:39,26)   300m: 04:52,16 (01:40,91)			
	400m: 06:33,31 (01:41,15)   500m: 08:13,89 (01:40,58)   600m: 09:55,94 (01:42,05)			
	700m: 11:37,86 (01:41,92)   800m: 13:20,01 (01:42,15)   900m: 15:01,72 (01:41,71)			
	1000m: 16:44,27 (01:42,55)   1100m: 18:27,55 (01:43,28)   1200m: 20:10,56 (01:43,01)			
	1300m: 21:53,16 (01:42,60)   1400m: 23:34,21 (01:41,05)   1500m: 25:12,64 (01:38,43)			

### Ak 65

Platz	Schwimmerin	Jg.	Verein	Endzeit
1. und Kreismeister	Michaela Schorlemer	1950/AK 65	Wfr. Lüdenscheid	29:03,67
	100m: 01:50,66 (01:50,66)   200m: 03:47,05 (01:56,39)   300m: 05:42,76 (01:55,71)			
	400m: 07:37,68 (01:54,92)   500m: 09:32,73 (01:55,05)   600m: 11:30,34 (01:57,61)			
	700m: 13:26,67 (01:56,33)   800m: 15:23,39 (01:56,72)   900m: 17:20,76 (01:57,37)			
	1000m: 19:18,35 (01:57,59)   1100m: 21:15,64 (01:57,29)   1200m: 23:12,97 (01:57,33)			
	1300m: 25:11,44 (01:58,47)   1400m: 27:08,16 (01:56,72)   1500m: 29:03,67 (01:55,51)			

## Wettkampf 15 - 1500m Freistil männlich

### Jahrgang 2005

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Norman Neß	2005	SV Plettenberg 1951 e.V.	23:46,02
	100m: 01:28,74 (01:28,74)   400m: 06:18,57 (04:49,83)   500m: 07:56,00 (01:37,43)			
	600m: 09:32,73 (01:36,73)   700m: 11:08,82 (01:36,09)   800m: 12:46,95 (01:38,13)			
	900m: 14:24,02 (01:37,07)   1000m: 16:01,73 (01:37,71)   1100m: 17:36,64 (01:34,91)			
	1200m: 19:12,95 (01:36,31)   1300m: 20:45,02 (01:32,07)   1400m: 22:18,80 (01:33,78)			
	1500m: 23:46,02 (01:27,22)			
2.	Wael Afify	2005	SG Wassersport Iserlohn	25:59,44
	100m: 01:35,20 (01:35,20)   200m: 03:20,02 (01:44,82)   300m: 05:04,97 (01:44,95)			
	400m: 06:51,42 (01:46,45)   500m: 08:37,74 (01:46,32)   600m: 10:24,92 (01:47,18)			
	700m: 12:08,57 (01:43,65)   800m: 13:50,24 (01:41,67)   900m: 15:35,61 (01:45,37)			
	1000m: 17:21,19 (01:45,58)   1100m: 19:07,28 (01:46,09)   1200m: 20:53,71 (01:46,43)			
	1300m: 22:38,24 (01:44,53)   1400m: 24:23,01 (01:44,77)   1500m: 25:59,44 (01:36,43)			

## Jahrgang 2004

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Matthias Schäfer	2004	SG Wassersport Iserlohn	28:07,97
	100m: 01:34,74 (01:34,74)   200m: 03:24,33 (01:49,59)   300m: 05:14,08 (01:49,75)			
	400m: 07:07,14 (01:53,06)   500m: 09:02,05 (01:54,91)   600m: 10:56,68 (01:54,63)			
	700m: 12:48,61 (01:51,93)   800m: 14:40,24 (01:51,63)   900m: 16:40,39 (02:00,15)			
	1000m: 18:31,58 (01:51,19)   1100m: 20:22,83 (01:51,25)   1200m: 22:21,43 (01:58,60)			
	1300m: 24:16,08 (01:54,65)   1400m: 26:15,68 (01:59,60)   1500m: 28:07,97 (01:52,29)			

## Jahrgang 2003

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Theo Schwermann	2003	Mendener SV	19:41,84
	100m: 01:10,02 (01:10,02)   200m: 02:27,21 (01:17,19)   300m: 03:46,93 (01:19,72)			
	400m: 05:07,74 (01:20,81)   500m: 06:27,15 (01:19,41)   600m: 07:47,55 (01:20,40)			
	700m: 09:07,93 (01:20,38)   800m: 10:27,27 (01:19,34)   900m: 11:47,55 (01:20,28)			
	1000m: 13:07,93 (01:20,38)   1100m: 14:29,15 (01:21,22)   1200m: 15:50,08 (01:20,93)			
	1300m: 17:09,46 (01:19,38)   1400m: 18:28,30 (01:18,84)   1500m: 19:41,84 (01:13,54)			
2.	Pitt Rino Hülsmann	2003	SG Wassersport Iserlohn	21:59,39
	100m: 01:19,52 (01:19,52)   200m: 02:49,16 (01:29,64)   300m: 04:18,65 (01:29,49)			
	400m: 05:49,51 (01:30,86)   500m: 07:21,65 (01:32,14)   600m: 08:52,91 (01:31,26)			
	700m: 10:21,59 (01:28,68)   800m: 11:51,39 (01:29,80)   900m: 13:21,81 (01:30,42)			
	1000m: 14:49,66 (01:27,85)   1100m: 16:18,52 (01:28,86)   1200m: 17:49,09 (01:30,57)			
	1300m: 19:16,91 (01:27,82)   1400m: 20:42,29 (01:25,38)   1500m: 21:59,39 (01:17,10)			
3.	Sinan Cakir	2003	SG Wassersport Iserlohn	26:31,72
	100m: 01:32,81 (01:32,81)   200m: 03:18,96 (01:46,15)   300m: 05:04,48 (01:45,52)			
	400m: 06:55,33 (01:50,85)   500m: 08:46,14 (01:50,81)   600m: 10:34,62 (01:48,48)			
	700m: 12:20,96 (01:46,34)   800m: 14:10,46 (01:49,50)   900m: 15:57,80 (01:47,34)			
	1000m: 17:46,99 (01:49,19)   1100m: 19:35,98 (01:48,99)   1200m: 21:26,42 (01:50,44)			
	1300m: 23:11,44 (01:45,02)   1400m: 24:56,91 (01:45,47)   1500m: 26:31,72 (01:34,81)			

### abgemeldet

Raphael Rudolf Schaaf 2003 SV Hemer 1921

## Jahrgang 2002

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Phil Glagla	2002	SG Wassersport Iserlohn	22:04,65
	100m: 01:14,90 (01:14,90)   200m: 02:40,14 (01:25,24)   300m: 04:07,61 (01:27,47)			
	400m: 05:37,43 (01:29,82)   500m: 07:07,31 (01:29,88)   600m: 08:37,27 (01:29,96)			
	700m: 10:05,23 (01:27,96)   800m: 11:35,86 (01:30,63)   900m: 13:06,46 (01:30,60)			
	1000m: 14:37,98 (01:31,52)   1100m: 16:08,46 (01:30,48)   1200m: 17:37,61 (01:29,15)			
	1300m: 19:08,36 (01:30,75)   1400m: 20:38,81 (01:30,45)   1500m: 22:04,65 (01:25,84)			
2.	Steffen Ludwig	2002	SG Wassersport Iserlohn	22:39,71
	100m: 01:17,38 (01:17,38)   200m: 02:45,18 (01:27,80)   300m: 04:17,34 (01:32,16)			
	400m: 05:48,92 (01:31,58)   500m: 07:22,36 (01:33,44)   600m: 08:55,42 (01:33,06)			
	700m: 10:29,15 (01:33,73)   800m: 12:03,65 (01:34,50)   900m: 13:36,16 (01:32,51)			
	1000m: 15:09,12 (01:32,96)   1100m: 16:44,87 (01:35,75)   1200m: 18:14,97 (01:30,10)			
	1300m: 19:46,61 (01:31,64)   1400m: 21:16,09 (01:29,48)   1500m: 22:39,71 (01:23,62)			
3.	Moritz Franke	2002	SV Plettenberg 1951 e.V.	25:06,55
	100m: 01:26,65 (01:26,65)   200m: 03:04,96 (01:38,31)   300m: 04:46,51 (01:41,55)			
	400m: 06:30,03 (01:43,52)   500m: 08:12,98 (01:42,95)   600m: 09:56,14 (01:43,16)			
	700m: 11:40,03 (01:43,89)   800m: 13:22,92 (01:42,89)   900m: 15:04,73 (01:41,81)			
	1000m: 16:47,36 (01:42,63)   1100m: 18:30,99 (01:43,63)   1200m: 20:13,66 (01:42,67)			
	1300m: 21:54,93 (01:41,27)   1400m: 23:34,83 (01:39,90)   1500m: 25:06,55 (01:31,72)			

## Jahrgang 2001

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Lukas Linnenbürger	2001	SV Bieber Lendringsen	18:11,66
	100m: 01:06,49 (01:06,49)   200m: 02:18,62 (01:12,13)   300m: 03:31,98 (01:13,36)			
	400m: 04:45,71 (01:13,73)   500m: 05:59,26 (01:13,55)   600m: 07:12,92 (01:13,66)			
	700m: 08:26,63 (01:13,71)   800m: 09:40,89 (01:14,26)   900m: 10:54,04 (01:13,15)			
	1000m: 12:08,20 (01:14,16)   1100m: 13:21,85 (01:13,65)   1200m: 14:35,32 (01:13,47)			
	1300m: 15:49,45 (01:14,13)   1400m: 17:03,04 (01:13,59)   1500m: 18:11,66 (01:08,62)			
2.	Maximilian Buchholz	2001	Wfr. Lüdenscheid	18:25,69
	100m: 01:06,84 (01:06,84)   200m: 02:19,26 (01:12,42)   400m: 04:46,41 (02:27,15)			
	500m: 06:00,50 (01:14,09)   600m: 07:13,90 (01:13,40)   700m: 08:28,43 (01:14,53)			
	800m: 09:42,14 (01:13,71)   900m: 10:57,34 (01:15,20)   1000m: 12:11,94 (01:14,60)			
	1100m: 13:26,64 (01:14,70)   1200m: 14:41,15 (01:14,51)   1300m: 15:56,25 (01:15,10)			
	1400m: 17:12,26 (01:16,01)   1500m: 18:25,69 (01:13,43)			
3.	Bastian Hollmann	2001	SV Bieber Lendringsen	18:41,38
	100m: 01:08,37 (01:08,37)   200m: 02:23,80 (01:15,43)   300m: 03:38,12 (01:14,32)			
	400m: 04:54,64 (01:16,52)   500m: 06:10,58 (01:15,94)   600m: 07:26,40 (01:15,82)			
	700m: 08:42,27 (01:15,87)   800m: 09:57,58 (01:15,31)   900m: 11:13,93 (01:16,35)			
	1000m: 12:29,12 (01:15,19)   1100m: 13:44,33 (01:15,21)   1200m: 14:59,24 (01:14,91)			
	1300m: 16:13,96 (01:14,72)   1400m: 17:30,15 (01:16,19)   1500m: 18:41,38 (01:11,23)			
4.	Maximilian Schimm	2001	SV Bieber Lendringsen	21:17,66
	100m: 01:14,79 (01:14,79)   200m: 02:37,33 (01:22,54)   300m: 04:02,40 (01:25,07)			
	400m: 05:29,18 (01:26,78)   500m: 06:55,11 (01:25,93)   600m: 08:22,31 (01:27,20)			
	700m: 09:50,37 (01:28,06)   800m: 11:18,09 (01:27,72)   900m: 12:47,14 (01:29,05)			
	1000m: 14:12,05 (01:24,91)   1100m: 15:36,02 (01:23,97)   1200m: 17:00,48 (01:24,46)			
	1300m: 18:25,53 (01:25,05)   1400m: 19:51,80 (01:26,27)   1500m: 21:17,66 (01:25,86)			
5.	Jeremy Rosenberg	2001	Wfr. Lüdenscheid	21:22,24
	100m: 01:11,50 (01:11,50)   200m: 02:35,05 (01:23,55)   300m: 03:59,53 (01:24,48)			
	400m: 05:27,00 (01:27,47)   500m: 06:53,01 (01:26,01)   600m: 08:20,20 (01:27,19)			
	700m: 09:47,34 (01:27,14)   800m: 11:14,13 (01:26,79)   900m: 12:41,83 (01:27,70)			
	1000m: 14:09,03 (01:27,20)   1100m: 15:38,17 (01:29,14)   1200m: 17:05,54 (01:27,37)			
	1300m: 18:32,89 (01:27,35)   1400m: 20:00,31 (01:27,42)   1500m: 21:22,24 (01:21,93)			
6.	Robert Schaaf	2001	SV Hemer 1921	26:26,03
	100m: 01:27,11 (01:27,11)   200m: 03:09,18 (01:42,07)   300m: 04:52,44 (01:43,26)			
	400m: 06:39,99 (01:47,55)   500m: 08:29,97 (01:49,98)   600m: 10:21,49 (01:51,52)			
	700m: 12:08,57 (01:47,08)   800m: 13:57,90 (01:49,33)   900m: 15:49,00 (01:51,10)			
	1000m: 17:35,03 (01:46,03)   1100m: 19:23,20 (01:48,17)   1200m: 21:13,73 (01:50,53)			
	1300m: 23:01,60 (01:47,87)   1400m: 24:49,64 (01:48,04)   1500m: 26:26,03 (01:36,39)			

## Jahrgang 2000

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Dominik Peters	2000	SV Bieber Lendringsen	21:09,41
	100m: 01:18,80 (01:18,80)   200m: 02:44,63 (01:25,83)   300m: 04:10,59 (01:25,96)			
	400m: 05:38,63 (01:28,04)   500m: 07:05,23 (01:26,60)   600m: 08:31,13 (01:25,90)			
	700m: 09:56,45 (01:25,32)   800m: 11:23,03 (01:26,58)   900m: 12:48,38 (01:25,35)			
	1000m: 14:13,59 (01:25,21)   1100m: 15:38,23 (01:24,64)   1200m: 17:04,23 (01:26,00)			
	1300m: 18:28,34 (01:24,11)   1400m: 19:51,38 (01:23,04)   1500m: 21:09,41 (01:18,03)			
2.	Philipp Fritze	2000	SG Wassersport Iserlohn	21:15,39
	100m: 01:12,45 (01:12,45)   200m: 02:36,41 (01:23,96)   300m: 04:04,64 (01:28,23)			
	400m: 05:31,39 (01:26,75)   500m: 06:59,27 (01:27,88)   600m: 08:26,38 (01:27,11)			
	700m: 09:53,37 (01:26,99)   800m: 11:19,33 (01:25,96)   900m: 12:44,62 (01:25,29)			
	1000m: 14:10,75 (01:26,13)   1100m: 15:37,17 (01:26,42)   1200m: 17:03,58 (01:26,41)			
	1300m: 18:29,00 (01:25,42)   1400m: 19:55,02 (01:26,02)   1500m: 21:15,39 (01:20,37)			
3.	Sebastian Peters	2000	SV Bieber Lendringsen	22:09,94
	100m: 01:15,54 (01:15,54)   200m: 02:40,18 (01:24,64)   300m: 04:11,15 (01:30,97)			
	400m: 05:38,93 (01:27,78)   500m: 07:06,85 (01:27,92)   600m: 08:40,33 (01:33,48)			
	700m: 10:11,16 (01:30,83)   800m: 11:42,39 (01:31,23)   900m: 13:14,13 (01:31,74)			
	1000m: 14:47,00 (01:32,87)   1100m: 16:17,67 (01:30,67)   1200m: 17:48,90 (01:31,23)			
	1300m: 19:20,08 (01:31,18)   1400m: 20:51,95 (01:31,87)   1500m: 22:09,94 (01:17,99)			

Platz	Schwimmer	Jg.	Verein	Endzeit
4.	Leonard Thomas	2000	SV Plettenberg 1951 e.V.	24:21,49
	100m: 01:23,39 (01:23,39)   200m: 02:57,37 (01:33,98)   300m: 04:32,06 (01:34,69)			
	400m: 06:08,45 (01:36,39)   500m: 07:42,49 (01:34,04)   600m: 09:19,59 (01:37,10)			
	700m: 10:58,70 (01:39,11)   800m: 12:36,60 (01:37,90)   900m: 14:14,54 (01:37,94)			
	1000m: 15:54,26 (01:39,72)   1100m: 17:34,48 (01:40,22)   1200m: 19:14,84 (01:40,36)			
	1300m: 20:57,40 (01:42,56)   1400m: 22:40,02 (01:42,62)   1500m: 24:21,49 (01:41,47)			

## Jahrgang 1999

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Nils Eikermann	1999	SG Wassersport Iserlohn	20:35,20
	100m: 01:12,53 (01:12,53)   200m: 02:33,80 (01:21,27)   300m: 03:57,99 (01:24,19)			
	400m: 05:22,27 (01:24,28)   500m: 06:46,87 (01:24,60)   600m: 08:11,46 (01:24,59)			
	700m: 09:34,31 (01:22,85)   800m: 10:56,81 (01:22,50)   900m: 12:19,68 (01:22,87)			
	1000m: 13:42,94 (01:23,26)   1100m: 15:06,70 (01:23,76)   1200m: 16:30,65 (01:23,95)			
	1300m: 17:55,44 (01:24,79)   1400m: 19:18,23 (01:22,79)   1500m: 20:35,20 (01:16,97)			

## Jahrgang 1998

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	German Lenhard	1998	Wfr. Lüdenscheid	20:21,16
	100m: 01:09,23 (01:09,23)   200m: 02:27,42 (01:18,19)   300m: 03:48,85 (01:21,43)			
	400m: 05:11,31 (01:22,46)   500m: 06:34,05 (01:22,74)   600m: 07:57,83 (01:23,78)			
	700m: 09:21,55 (01:23,72)   800m: 10:44,08 (01:22,53)   900m: 12:07,00 (01:22,92)			
	1000m: 13:30,68 (01:23,68)   1100m: 14:54,44 (01:23,76)   1200m: 16:18,67 (01:24,23)			
	1300m: 17:42,56 (01:23,89)   1400m: 19:05,14 (01:22,58)   1500m: 20:21,16 (01:16,02)			

## Wettkampf 16 - 1500m Freistil Masters männlich

### Ak 20

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Lukas Schröer	1996/AK 20	SV Bieber Lendringsen	18:16,03
	100m: 01:02,47 (01:02,47)   200m: 02:13,47 (01:11,00)   300m: 03:26,86 (01:13,39)			
	400m: 04:39,46 (01:12,60)   500m: 05:53,84 (01:14,38)   600m: 07:08,25 (01:14,41)			
	700m: 08:22,48 (01:14,23)   800m: 09:37,66 (01:15,18)   900m: 10:52,43 (01:14,77)			
	1000m: 12:08,58 (01:16,15)   1100m: 13:24,84 (01:16,26)   1200m: 14:38,96 (01:14,12)			
	1300m: 15:53,59 (01:14,63)   1400m: 17:08,26 (01:14,67)   1500m: 18:16,03 (01:07,77)			
2.	Dominik Junker	1996/AK 20	SV Plettenberg 1951 e.V.	19:50,59
	100m: 01:08,11 (01:08,11)   200m: 02:26,02 (01:17,91)   300m: 03:45,98 (01:19,96)			
	400m: 05:05,77 (01:19,79)   500m: 06:25,92 (01:20,15)   600m: 07:45,23 (01:19,31)			
	700m: 09:05,61 (01:20,38)   800m: 10:26,86 (01:21,25)   900m: 11:48,55 (01:21,69)			
	1000m: 13:09,89 (01:21,34)   1100m: 14:31,55 (01:21,66)   1200m: 15:52,89 (01:21,34)			
	1300m: 17:15,05 (01:22,16)   1400m: 18:35,02 (01:19,97)   1500m: 19:50,59 (01:15,57)			
3.	Tobias Weingarten	1994/AK 20	SV Bieber Lendringsen	20:43,68
	100m: 01:10,02 (01:10,02)   200m: 02:28,96 (01:18,94)   300m: 03:48,46 (01:19,50)			
	400m: 05:13,27 (01:24,81)   500m: 06:36,05 (01:22,78)   600m: 08:00,65 (01:24,60)			
	700m: 09:22,74 (01:22,09)   800m: 10:51,65 (01:28,91)   900m: 12:11,38 (01:19,73)			
	1000m: 13:39,96 (01:28,58)   1100m: 14:57,49 (01:17,53)   1200m: 16:26,96 (01:29,47)			
	1300m: 17:50,74 (01:23,78)   1400m: 19:17,65 (01:26,91)   1500m: 20:43,68 (01:26,03)			

#### nicht am Start

Johannes Franke 1997/AK 20 SV Bieber Lendringsen

#### abgemeldet

Jannik Thomas 1997/AK 20 SV Plettenberg 1951 e.V.



## Ak 40

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Rene Schmerbeck	1975/AK 40	SG Wassersport Iserlohn	25:51,44
	100m: 01:29,77 (01:29,77)   200m: 03:11,74 (01:41,97)   300m: 04:55,40 (01:43,66)			
	400m: 06:40,56 (01:45,16)   500m: 08:26,03 (01:45,47)   600m: 10:11,56 (01:45,53)			
	700m: 12:01,48 (01:49,92)   800m: 13:44,46 (01:42,98)   900m: 15:28,67 (01:44,21)			
	1000m: 17:13,53 (01:44,86)   1100m: 18:58,62 (01:45,09)   1200m: 20:42,93 (01:44,31)			
	1300m: 22:26,71 (01:43,78)   1400m: 24:10,54 (01:43,83)   1500m: 25:51,44 (01:40,90)			

## Ak 45

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Maik Dobrinsky	1972/AK 45	Wfr. Lüdenscheid	29:16,53
	100m: 01:34,06 (01:34,06)   200m: 03:28,66 (01:54,60)   300m: 05:58,80 (02:30,14)			
	400m: 07:30,13 (01:31,33)   500m: 09:30,88 (02:00,75)   600m: 11:31,95 (02:01,07)			
	700m: 13:31,48 (01:59,53)   800m: 15:31,06 (01:59,58)   900m: 17:29,78 (01:58,72)			
	1000m: 19:29,13 (01:59,35)   1100m: 21:27,91 (01:58,78)   1200m: 23:26,53 (01:58,62)			
	1300m: 25:27,70 (02:01,17)   1400m: 27:23,88 (01:56,18)   1500m: 29:16,53 (01:52,65)			

## Ak 50

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Stefan Grote	1967/AK 50	SG Wassersport Iserlohn	25:44,37
	100m: 01:34,70 (01:34,70)   200m: 03:18,42 (01:43,72)   300m: 05:01,57 (01:43,15)			
	400m: 06:44,38 (01:42,81)   500m: 08:27,92 (01:43,54)   600m: 10:10,37 (01:42,45)			
	700m: 11:54,11 (01:43,74)   800m: 13:39,64 (01:45,53)   900m: 15:25,45 (01:45,81)			
	1000m: 17:10,38 (01:44,93)   1100m: 18:54,51 (01:44,13)   1200m: 20:39,59 (01:45,08)			
	1300m: 22:23,50 (01:43,91)   1400m: 24:04,88 (01:41,38)   1500m: 25:44,37 (01:39,49)			

## Ak 55

Platz	Schwimmer	Jg.	Verein	Endzeit
1. und Kreismeister	Rüdiger Hülsmann	1958/AK 55	SG Wassersport Iserlohn	28:44,77
	100m: 01:48,50 (01:48,50)   200m: 03:45,28 (01:56,78)   300m: 05:43,78 (01:58,50)			
	400m: 07:40,09 (01:56,31)   500m: 09:37,23 (01:57,14)   600m: 11:33,25 (01:56,02)			
	700m: 13:29,60 (01:56,35)   800m: 15:25,18 (01:55,58)   900m: 17:22,61 (01:57,43)			
	1000m: 19:17,20 (01:54,59)   1100m: 21:11,91 (01:54,71)   1200m: 23:08,24 (01:56,33)			
	1300m: 25:02,49 (01:54,25)   1400m: 26:55,47 (01:52,98)   1500m: 28:44,77 (01:49,30)			

## Ak 60

Platz	Schwimmer	Jg.	Verein	Endzeit
	<u>abgemeldet</u>			
	Lutz Boelter	1953/AK 60	TuS Neuenrade	

Iserlohn, den 21.01.2017

Abschnittende: 19:58 Uhr

Protokollende: 20:15 Uhr

gez. Stefan Plötz

gez. Frank Voigt

gez. Raimond Schaaf

Schiedsrichter weiblich

Schiedsrichter männlich

Protokollführer